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Designed to encourage critical thinking about history, the Major Problems in American History series introduces students to both primary sources and analytical essays on important topics in U.S. history. This collection serves as the primary anthology for the introductory survey course, covering the subject's entire chronological span. Comprehensive topical coverage includes politics, economics, labor, gender, culture, and social trends. The Second Edition features integrated coverage of women in Volume I, as well as a streamlined chronology in Volume II. Key pedagogical elements of the Major Problems format have been retained: 14 to 15 chapters per volume, chapter introductions, headnotes, and suggested readings.

New World Economies: The Growth of the Thirteen Colonies and Early Canada examines the economic development of both the original American colonies and early French Canada, looking at the impact of changing prices, capital flows, and shifts in demand. It is a companion volume to Marc Egnal's well-regarded earlier book, *Divergent Paths*, which emphasized the influence of culture and institutions upon growth. *New World Economies* studies transatlantic ties and sets forth a rigorous model to explain the pattern of growth. It features seventeen tables and more than one hundred graphs, many of which are based on original data. Several appendices present these valuable new statistics. Egnal's core argument is that the pace of economic development in the colonies reflected the rate of growth in the mother country. In advancing this central notion, the book employs a theoretical foundation that builds upon, and then moves beyond, the traditional "staple thesis." Thoroughly

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documented and rich in quantitative data, this study traces the trajectory of economic growth by region and establishes a clear connection between colonial and European rates of growth. Given its clear arguments, its rich data, and its persuasive overall method, *New World Economies* will interest scholars and students of economic history, of American and French-Canadian colonial culture, and of transatlantic relations during the eighteenth century.

Discover the best days to plant, prune, fertilize and more with Mrs. Blum's favorite gardening guide! Printed in full color, our wall hanging calendar is packed full of helpful tips, best planting days, delicious recipes and beautiful photos.

The Atlantic Forest is one of the 36 hotspots for biodiversity conservation worldwide. It is a unique, large biome (more than 3000 km in latitude; 2500 in longitude), marked by high biodiversity, high degree of endemic species and, at the same time, extremely threatened. Approximately 70% of the Brazilian population lives in the area of this biome, which makes the conflict between biodiversity conservation and the sustainability of the human population a relevant issue. This book aims to cover: 1) the historical characterization and geographic variation of the biome; 2) the distribution of the diversity of some relevant taxa; 3) the main threats to biodiversity, and 4) possible opportunities to ensure the biodiversity conservation, and the economic and social sustainability. Also, it is hoped that this book can be useful for those involved in the development of public policies aimed at the conservation of this important global biome.

This book traces how and why the secession of the South during the American Civil War was accomplished at ground level through the actions of ordinary men. Adopting a micro-historical approach, Lawrence T. McDonnell works to connect small events in new ways - he places one company of the secessionist Minutemen in historical context, exploring the

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political and cultural dynamics of their choices. Every chapter presents little-known characters whose lives and decisions were crucial to the history of Southern disunion. McDonnell asks readers to consider the past with fresh eyes, analyzing the structure and dynamics of social networks and social movements. He presents the dissolution of the Union through new events, actors, issues, and ideas, illuminating the social contradictions that cast the South's most conservative city as the radical heart of Dixie.

The period between 1776-1826 signalled a major change in how Jewish identity was understood both by Jews and non-Jews throughout the Americas. *Jews in the Americas, 1776-1826* brings this world of change to life by uniting important out-of-print primary sources on early American Jewish life with rare archival materials that can currently be found only in special collections in Europe, England, the United States, and the Caribbean.

Happy New Almanac Year! It's time to celebrate the 229th edition of *The Old Farmer's Almanac*! Long recognized as North America's most-loved and best-selling annual, the handy yellow book fulfills every need and expectation as a calendar of the heavens, a time capsule of the year, an essential reference that reads like a magazine. Always timely, topical, and distinctively "useful, with a pleasant degree of humor," the Almanac is consulted daily by users from all walks of life, throughout the year. The 2021 edition contains the fun facts, predictions, and feature items that have made it a cultural icon: traditionally 80 percent-accurate weather forecasts; notable astronomical events and time-honored astrological dates; horticultural, culinary, fashion, and other trends; historical hallmarks; best fishing days; time-

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and money-saving garden advice; recipes for refreshment; facts on folklore, farmers, home remedies, and husbandry; amusements and contests, plus too much more to mention—all in the inimitable way that the Almanac has done since 1792. • Beloved by generations for being “useful, with a pleasant degree of humor,” The Old Farmer’s Almanac features everything under the Sun, including its much-in-demand long-range weather predictions, essential astronomical timetables, 2021 holidays, fascinating trends, best fishing days, valuable gardening information, tantalizing recipes, fun folklore, amusements, contests, and much more! • Exclusive: 32 reference pages, covering such popular topics as full Moon names, hurricane names, flowers that attract birds and butterflies, U.S./metric measurement conversions, and many more! • Includes 112 full-color pages

The author of *Sweet and Low* presents a historical profile of Samuel Zemurray that traces his rise from a penniless youth to one of the world's wealthiest and most powerful men, offering insight into his capitalist talents and the ways in which his life reflected the best and worst of American business dealings.

Following the collapse of the Soviet Union in the early 1990s, Cuba found itself solely responsible for feeding a nation that had grown dependent on imports and trade subsidies. With fuel, fertilizers, and pesticides disappearing overnight, citizens began growing their own organic produce anywhere they could find space— on rooftops, balconies, vacant lots, and even school playgrounds. By 1998 there were more than 8,000 urban farms in Havana producing nearly half of the country's

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vegetables. What began as a grassroots initiative had, in less than a decade, grown into the largest sustainable agriculture initiative ever undertaken, making Cuba the world leader in urban farming. Featuring a wealth of rarely seen material and intimate portraits of the environment, *Farming Cuba* details the innovative design strategies and explores the social, political, and environmental factors that helped shape this pioneering urban farming program.

The Corporate Rich and the Power Elite in the Twentieth Century demonstrates exactly how the corporate rich developed and implemented the policies and created the government structures that allowed them to dominate the United States. The book is framed within three historical developments that have made this domination possible: the rise and fall of the union movement, the initiation and subsequent limitation of government social-benefit programs, and the postwar expansion of international trade. The book's deep exploration into the various methods the corporate rich used to centralize power corrects major empirical misunderstandings concerning all three issue-areas. Further, it explains why the three ascendant theories of power in the early twenty-first century—interest-group pluralism, organizational state theory, and historical institutionalism—cannot account for the complexity of events that established the power elite's supremacy and led to labor's fall. More generally, and convincingly, the analysis reveals how a corporate-financed policy-planning network, consisting of foundations, think tanks, and policy-discussion groups, gradually developed in the twentieth century and played

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a pivotal role in all three issue-areas. Filled with new archival findings and commanding detail, this book offers readers a remarkable look into the nature of power in America during the twentieth century, and provides a starting point for future in-depth analyses of corporate power in the current century.

Filled with an abundance of step-by-step color photos, an authoritative resource for making every practical woodworking joint features visual maps, in-depth visual content, tips, and techniques for all skill levels.

From bestselling author Dr. Steven Gundry, a quick and easy guide to The Plant Paradox program that gives readers the tools to enjoy the benefits of lectin-free eating in just 30 days. In Dr. Steven Gundry's breakout bestseller *The Plant Paradox*, readers learned the surprising truth about foods that have long been regarded as healthy. Lectins—a type of protein found in fruits, vegetables, legumes, dairy, and grains—wreak havoc on the gut, creating systemic inflammation and laying the groundwork for disease and weight gain. Avoiding lectins offers incredible health benefits but requires a significant lifestyle change—one that, for many people, can feel overwhelming. Now, in *The Plant Paradox Quick and Easy*, Dr. Gundry makes it simpler than ever to go lectin free. His 30-day challenge offers incentives, support, and results along with a toolkit for success. With grocery lists, meal plans, time-saving cooking strategies, all-new recipes, and guidance for families and those following specialized diets (including ketogenic and vegan), *The Plant Paradox Quick and Easy* is the all-in-one resource *Plant Paradox* fans and

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newcomers alike need to jumpstart results reap the health benefits of living lectin-free.

Without economic history, economics runs the risk of being too abstract or parochial, of failing to notice precedents, trends and cycles, of overlooking the long-run and thus misunderstanding 'how we got here'.

Recent financial and economic crises illustrate spectacularly how the economics profession has not learnt from its past. This important and unique book addresses this problem by demonstrating the power of historical thinking in economic research. Concise chapters guide economics lecturers and their students through the field of economic history, demonstrating the use of historical thinking in economic research, and advising them on how they can actively engage with economic history in their teaching and learning. Blum and Colvin bring together important voices in the field to show readers how they can use their existing economics training to explore different facets of economic history.

Each chapter introduces a question or topic, historical context or research method and explores how they can be used in economics scholarship and pedagogy. In a century characterised to date by economic uncertainty, bubbles and crashes, *An Economist's Guide to Economic History* is essential reading. For further information visit <http://www.blumandcolvin.org>

"A history of racist and antiracist ideas in America, from their roots in Europe until today, adapted from the National Book Award winner *Stamped from the Beginning*"--

This book is a study of three iatrosafia (the notebooks of

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traditional healers) from the Ottoman and modern periods of Greece. The main text is a collection of the medical recipes of the monk Gymnasios Lauri?tis (b. 1858). Gymnasios had a working knowledge of over 2,000 plants and their use in medical treatments. Two earlier iatrosophia are used for parallels for Gymnasios's recipes. One was written c. 1800 by a practical doctor near Khania, Crete, and illustrated by a second hand. The second iatrosophion dates to the sixteenth century; ascribed to a Meletios, the text survives in the Codex Vindobonensis gr. med. 53. The contents of these and other iatrosophia are predominantly medical, with many of the remedies taken from folk medicine, classical and Hellenistic pharmacological writers, and Galen. The book opens with a biography of the monk Gymnasios and his recipes and then a description of the Cretan and Meletios iatrosophia. The iatrosophia, their role in Greek medical history, and the methods of healing are the subject of chapter 2. The Greek text of Gymnasios's recipes are accompanied by a facing English translation. A commentary offers for each of Gymnasios's recipes passages (translated into English) from the two other iatrosophia to serve as parallels, as well as an analysis of the pharmacopoeia in the medical texts. The book concludes with Greek and English indices of the material medica (plants, mineral, and animal substances) and the diseases, and then a general index.

Winner of the Gustave O. Arlt Award in the Humanities, awarded by the Council of Graduate Schools Honorable Mention for the 2019 Sonya Rudikoff Prize, awarded by the Northeast Victorian Studies Association Civilizing

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War traces the historical transformation of civil war from a civil affair into an uncivil crisis. Civil war is today synonymous with the global refugee crisis, often serving as grounds for liberal-humanitarian intervention and nationalist protectionism. In *Civilizing War*, Nasser Mufti situates this contemporary conjuncture in the long history of British imperialism, demonstrating how civil war has been and continues to be integral to the politics of empire. Through comparative readings of literature, criticism, historiography, and social analysis, *Civilizing War* shows how writers and intellectuals of Britain's Anglophone empire articulated a "poetics of national rupture" that defined the metropolitan nation and its colonial others. Mufti's tour de force marshals a wealth of examples as diverse as Thomas Carlyle, Benjamin Disraeli, Friedrich Engels, Arthur Conan Doyle, Rudyard Kipling, Joseph Conrad, V. S. Naipaul, Nadine Gordimer, and Michael Ondaatje to examine the variety of forms this poetics takes—metaphors, figures, tropes, puns, and plot—all of which have played a central role in Britain's civilizing mission and its afterlife. In doing so, *Civilizing War* shifts the terms of Edward Said's influential *Orientalism* to suggest that imperialism was not only organized around the norms of civility but also around narratives of civil war.

Provides weather predictions for the entire United States and includes such features as the best days for fishing, recipes from the Wild West, and tips for tightwads.

One of humanity's oldest methods of obtaining food is also a way of life and one of our most ancient past-times: fishing. This book introduces young readers to fishing

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basics, explores the differences between freshwater and saltwater fishing, and offers a detailed discussion of equipment and safety. Environmentally and ecologically sound fishing practices are also discussed in a volume that is sure to be enjoyed by both novices and experienced anglers who desire a refresher course in skills, techniques, and preparation.

A fully-revised and updated new edition of a concise and insightful socio-historical analysis of the Cuban revolution, and the course it took over five and a half decades. Now available in a fully-revised second edition, including new material to add to the book's coverage of Cuba over the past decade under Raul Castro All of the existing chapters have been updated to reflect recent scholarship Balances social and historical insight into the revolution with economic and political analysis extending into the twenty-first century Juxtaposes U.S. and Cuban perspectives on the historical impact of the revolution, engaging and debunking the myths and preconceptions surrounding one of the most formative political events of the twentieth century Incorporates more student-friendly features such as a timeline and glossary This book provides a synthesis of the key issues and challenges facing agriculture and food production in Southern Africa. Southern Africa is facing numerous challenges from diverse issues such as agricultural transformations, growing populations, urbanization and climate change. These challenges place great pressure on food security, agriculture, water availability and other natural resources, as well as impacting biodiversity. Drawing on case studies from Lesotho, Malawi, Mozambique, Namibia, South Africa, Swaziland, Tanzania, Zambia and Zimbabwe, the chapters in this book consider these challenges from an interdisciplinary perspective, covering key areas in constraints to production,

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the most important building blocks of good farming practices, and established and emerging technologies. This book will be a valuable support for informing new policies and processes aimed at improving food production and security and developing sustainable agriculture in Southern Africa. This informative volume will be key reading for those interested in agricultural science, African studies, rural studies, development studies and sustainability. It will also be a valuable resource for policymakers, governmental and nongovernmental organizations, and agricultural practitioners.

Field to Palette: Dialogues on Soil and Art in the Anthropocene is an investigation of the cultural meanings, representations, and values of soil in a time of planetary change. The book offers critical reflections on some of the most challenging environmental problems of our time, including land take, groundwater pollution, desertification, and biodiversity loss. At the same time, the book celebrates diverse forms of resilience in the face of such challenges, beginning with its title as a way of honoring locally controlled food production methods championed by "field to plate" movements worldwide. By focusing on concepts of soil functionality, the book weaves together different disciplinary perspectives in a collection of dialogue texts between artists and scientists, interviews by the editors and invited curators, essays and poems by earth scientists and humanities scholars, soil recipes, maps, and DIY experiments. With contributions from over 100 internationally renowned researchers and practitioners, *Field to Palette* presents a set of visual methodologies and worldviews that expand our understanding of soil and encourage readers to develop their own interpretations of the ground beneath our feet.

Biologically Active Natural Products: Pharmaceuticals demonstrates the connections between agrochemicals and pharmaceuticals and explores the use of plants and plant

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products in the formulation and development of pharmaceuticals. Experts from around the world examine a multitude of topics, including evaluation of extracts from tropical plants for p

T. H. Breen introduces us to the ordinary men and women who took responsibility for the course of the American revolution. Far from the actions of the Continental Congress and the Continental Army, they took the reins of power and preserved a political culture based on the rule of law, creating America's political identity in the process.

Agroforestry, the word coined in early seventies, has made its place in all the developed and the developing countries of the world and is now recognized as an important approach to ensuring food security and rebuilding resilient rural environments. India has been an all-time leader in agroforestry. The South and Southeast Asia region comprising India is often described as the cradle of agroforestry. Almost all forms of agroforestry systems exist across India in ecozones ranging from humid tropical lowlands to high-altitude and temperate biomes, and perhumid rainforest zones to parched drylands. The country ranks foremost among the community of nations not only in terms of this enormous diversity and long tradition of the practice of agroforestry, but also in fostering scientific developments in the subject. Agroforestry applies to private agricultural and forest lands and communities that also include highly erodible, flood-prone, economically marginal and environmentally sensitive lands. The typical situation is agricultural, where trees are added to create desired benefits. Agroforestry allows for the diversification of farm activities and makes better use of environmental resources. Owing to an increase in the population of human and cattle, there is increasing demand of food as well as fodder, particularly in developing countries like India. So far, there is no policy that

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deals with specifics in agroforestry in India. But, the Indian Council of Agricultural Research has been discussing on the scope of having a National Agroforestry Policy in appropriate platforms. However, evolving a policy requires good and reliable datasets from different corners of the country on the subject matter. This synthesis volume containing 13 chapters is an attempt to collate available information in a classified manner into different system ecologies, problems and solutions, and converging them into a policy support. Published every year since 1818, this wise resource provides 4 seasons of 80-85% accurate weather forecasts and the tools to help you to do your best fishing, gardening, and live a more natural, healthy lifestyle. The best part is, it's stress-free reading with a twist of "Ameri-quirk" that will keep you entertained throughout the year.

In light of public concerns about sustainable food production, the necessity for human and environmental protection, along with the evolution of herbicide resistant weeds, call for a review of current weed control strategies. Sustainable weed control requires an integrated approach based on knowledge of each crop and the weeds that threaten it. This book will be an invaluable source of information for scholars, growers, consultants, researchers and other stakeholders dealing with either arable, row, cash, vegetables, orchards or even grassland-based production systems. The uniqueness of this book comes from the balanced coverage of herbicide effects on humans and environment in relation to best weed control practices of the most important cropping systems worldwide. Furthermore, it amalgamates and discusses the most appropriate, judicious and suitable weed control strategies for a wide range of crops. It reviews the available information and suggests solutions that are not merely feasible but also optimal.

This book is a new and provocative treatment dealing with

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and defining sustainable pathways for the restoration of the Mississippi Delta. Based on a consideration of natural functioning of the Mississippi delta, factors that led to its severe deterioration, and major global trajectories of the 21st century, the authors investigate possible future pathways for sustainable management of the delta. They consider current conditions as well as future trajectories of climate and energy and resource scarcity. The book concludes that without profound changes of how humans live in and manage the delta, sustainability of the delta will be profoundly compromised.

A uniquely important book in the canon of the North American revolutionary left and anticolonial movements, *Settlers* was first published in the 1980s. Written by activists with decades of experience organizing in grassroots anticapitalist struggles against white supremacy, the book established itself as an essential reference point for revolutionary nationalists and dissident currents within the Marxist-Leninist and anarchist movements. Always controversial within the establishment left, *Settlers* uncovers centuries of collaboration between capitalism and white workers and their organizations, as well as their neocolonial allies, showing how the United States was designed from the ground up as a parasitic and genocidal entity. As recounted in painful detail by J. Sakai, the United States has been built on the theft of Indigenous lands and of Afrikan labor, on the robbery of the northern third of Mexico, the colonization of Puerto Rico, and the expropriation of the Asian working class, with each of these crimes being accompanied by violence. This new edition includes a new essay and an interview with author J. Sakai by Ernesto Aguilar.

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