

Cure For The Common Breakup Beth Kendrick

"From the author of *Once Upon a Wine*, a new novel set in the charming seashore town of Black Dog Bay, Delaware. When Jocelyn Hilliard finds herself named legal guardian for the late Mr. Allardyce's pack of prized Labrador retriever show dogs, her world is flipped upside down. She's spent her entire life in Black Dog Bay, Delaware, but never expected to be living the pampered life of a seasonal resident in an oceanside mansion with a generous stipend. But her new role isn't without its challenges: the dogs (although cute) are difficult to manage, her boyfriend leaves her, and suddenly she's contending with her late benefactor's estranged son, Liam, who thinks he's entitled to the inheritance that was left to the dogs. But Jocelyn has worked too hard, and her mother has sacrificed too much, for her to back down without a fight. She uncovers Mr. Allardyce's secrets, connects with her mother on new levels, and learns more about her own father's legacy while trying to find common ground with Liam. As Jocelyn fights to keep her new fur-family together, she is faced with a new rival who threatens to take everything"--

Polyamory is not always easy. With multiple partners often come more complex relationships to navigate. This practical guide looks at the common causes of polyamorous breakups, identifies strategies to avoid ending relationships, and provides you with the toolkit to survive a breakup. Kathy Labriola uses real life examples and expert insight as a counselor and nurse. From how to handle jealousy to the practicalities of managing money and time with multiple partners, this book includes tips and insights from the polyamory community. It is inevitable that some relationships will end in a breakup. This book helps you maintain friendships and minimize the impact of a breakup on the rest of your polycule and wider community. Unlike traditional breakup guides, Labriola's book offers insight specific to the polyamory community and addresses the unique challenges that come with multiple partners.

When your nemesis also happens to be your fiancé, happily ever after becomes a lot more complicated in this wickedly funny, lovers-to-enemies-to-lovers romantic comedy debut. Naomi Westfield has the perfect fiancé: Nicholas Rose holds doors open for her, remembers her restaurant orders, and comes from the kind of upstanding society family any bride would love to be a part of. They never fight. They're preparing for their lavish wedding that's three months away. And she is miserably and utterly sick of him. Naomi wants out, but there's a catch: whoever ends the engagement will have to foot the nonrefundable wedding bill. When Naomi discovers that Nicholas, too, has been feigning contentment, the two of them go head-to-head in a battle of pranks, sabotage, and all-out emotional warfare. But with the countdown looming to the wedding that may or may not come to pass, Naomi finds her resolve slipping. Because now that they have nothing to lose, they're finally being themselves—and having fun with the last person they expect: each other.

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The author of *Once Upon a Wine* returns to the Delaware seashore town of Black Dog Bay, where one woman learns to put passion before practicality... Brighton Smith doesn't do outrageous. As an insurance actuary, it's her job to assess risk and avoid bad investments. But when her fiancé calls to confess he's married someone else on a whim ("I looked at her and I just knew!"), she snaps... That night, at a local bar, Jake Sorensen—hot, rich, and way out of her league—buys Brighton a cocktail. At midnight, she kisses him. And by dawn, they're exchanging vows at a drive-through chapel. Brighton knows Jake is a bad bet, but she doesn't care. After a lifetime of playing it safe, she's finally having fun. Until the whirlwind romance gives way to painful reality...and Brighton finds out the truth about why a guy like Jake married a girl like her. With her heart on the line and the odds stacked against them, Brighton must decide whether to cut her losses or take a leap of faith that this love affair is one in a million. INCLUDES A READERS GUIDE

FIRST LOVE ISN'T FOREVER... Exhibit A: Faith's little sister, Skye, who muddled through her first divorce at the tender age of twenty-one. Faith has always provided damage control when Skye's love life gets too reminiscent of a daytime drama. But now that Faith has finally found the job, if not the man, of her dreams -- as a culinary writer, currently living la dolce vita in Italy -- she can't just jet back to small-town Minnesota to help her suddenly pregnant little sister heal her broken heart and anemic bank account. BUT NEVER SAY NEVER! Faith has been putting off this homecoming for years, ever since her dad left her family in the lurch, her mother left her in charge of Skye, and a sub-zero case of cold feet led her to call off the engagement to her high school sweetheart, Flynn. But a return to the amber fields of grain might just be what Faith needs to gain some perspective on her past -- and figure out her future. It's been way too long since her last love affair...memories of Flynn still get in the way of every man she meets. But if she and Flynn are really meant to be, why does the path to happily-ever-after have so many potholes?

Charlize "Charlie" Edwards finally has it all: a house in Silverlake, L.A.'s hippest neighborhood, two fabulous best friends who always have her back, and a great (though hectic) job as the personal assistant to Hollywood's hottest movie star, Drew Stanton. But best of all, Charlie has a newly feathered love nest with Jordan, the sexy photographer she recently started dating. Maybe Charlie's journal of smart-alecky life advice—which she's always been better at writing than following—has finally helped put her on the right track. Unfortunately for Charlie, Drew is causing complete havoc on his new movie set, her eccentric family is descending upon L.A. for the upcoming holiday season, and her love life may be back to square one. Jordan has left L.A. to work on a film shooting in Paris, where the women are gorgeous, sophisticated, and possibly after her man. And Drew's handsome new producer, Liam, is an old crush who has reappeared to tug at Charlie's heartstrings. Charlie's torn between the misery of waiting for Jordan and the tingly feelings she has for Liam. But there's nothing misery—or seduction—loves better than a great glass of cabernet.

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Meeting for an annual reunion in the Adirondacks 10 years after graduation, five college friends regretfully take stock of their job choices and are astonished when one of their number dies, leaving the others one million dollars to pursue their dream careers. By the author of *The Pre-Nup*. Original.

Romantic breakups inflict the greatest trauma of our lives—and their wounds can be felt for years to come. How we heal—or fail to heal—from romantic trauma has a profound effect on our future relationships: Will we act out of unresolved emotional patterns, triggered by painful memories and unhealthy reactions, or will we find healthy, healing relationships that build on the best of who we are? Healthy relationships develop from inner healing and self-acceptance. This brief, easy to read workbook—the first in a series of four teaching the reader how to engage healthy relationships—guides the reader through a five-step process of insight, healing, and recovery from breakups: Accept your need to let go.

Understand how to let go. Take your emotional life seriously. Create a life without your partner. Work on your relationship with yourself. Based on the latest research, these steps help the reader identify dysfunctional relationship patterns, find internal peace, work through difficult emotions, break out of negative-thinking spirals, and find comfort and nurture in alone time. Once this work of self-nurture is accomplished, the next relationship is far more likely to be satisfying and intimate, life giving and joyful, and mutual and sustainable.

As their romantic relationships begin to fall apart in the face of adultery, career pressures, and scandalous secrets, friends Ellie, Jen, and Mara turn to one another for moral support, makeover tips, and insights into how to protect their hearts from pain. Simultaneous. 60,000 first printing.

There's no doubt about it—breakups suck. But in the first few hours or weeks that follow, there's one important truth you need to recognize: Some things can't and shouldn't be fixed, especially that loser who dumped you or forced you to dump him. It's called a breakup because it's broken, and starting right here, right now, it's time to dry your tears, put down that pint of ice cream, log out of his email, and open this book to chapter one—and start turning your breakup into a breakover. From Greg Behrendt, coauthor of the smash, two-million-copy bestseller *He's Just Not That Into You*, comes *It's Called a Breakup Because It's Broken*—the ultimate survival guide to getting over Mr. Wrong and reclaiming your inner Superfox. From how to put yourself through “He-tox” to how to throw yourself a kick-ass pity party, Greg and his coauthor and wife, Amiira, share their hilarious and helpful roadmap for getting past the heartache and back into the game. You will learn: Why you shouldn't call him—and what he's thinking when you do How to keep your friends and not lose your job How to avoid breakup pitfalls: IM-ing, stalking, having sex with your ex Reframing reality—seeing the relationship for what it was How to transform yourself into a hot, happening Superfox and get a jump on the better, brighter future that awaits Complete with an essential workbook to help you put the crazy down on paper and not take it out into the world, *It's Called a Breakup Because It's Broken* is a must-have manual for finding your way back to an even more rocking you.

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From the author of *Once Upon a Wine*, a new novel set in the charming seashore town of Black Dog Bay, Delaware. When everything has gone to the dogs . . . When Jocelyn Hillier is named legal guardian for the late Mr. Allardyce's pack of pedigreed Labrador retrievers, her world is flipped upside down. She's spent her entire life toiling in the tourism industry in Black Dog Bay and never expected to be living the pampered life of a seasonal resident in an ocean side mansion, complete with a generous stipend. But her new role isn't without its challenges: The dogs (although lovable) are more high-maintenance than any Hollywood diva, the man she wants to marry breaks her heart, and she's confronted at every turn by her late benefactor's estranged son, Liam, who thinks he's entitled to the inheritance left to the dogs. Jocelyn has worked too hard to back down without a fight, and she's determined to keep her new fur family together. As she strives to uphold the "Best in Show" standards her pack requires, Jocelyn finds love, family, and forgiveness in the most unexpected places.

An irresistible, romantic comedy from award-winning author Beth Kendrick—three wildly different women form an unlikely friendship as they try to decide whether they'd re-do their I Do's. They've had the white dresses and the fancy receptions. But now that the honeymoon's over, Stella, Casey, and Erin have each had to face some hard truths about the men they've married and the lives they've chosen. So when the news breaks that the pastor who presided over their weddings failed to file a few critical pieces of paper, none of these newlyweds is rushing down to the courthouse to legalize her vows. Instead, the brides share their hopes, disappointments, and secrets while grappling with that pivotal question: Should they stay or should they go? Everyone says the first year of marriage is the hardest...but what would you do if you found out that you were never really married in the first place? From not enough space and too many things to not knowing what color to paint the living room walls, many of us struggle with our homes. Now Maxwell Gillingham-Ryan, frequent makeover expert on HGTV's *Mission: Organization and Small Spaces, Big Style*, shares the do-it-yourself strategies that have enabled his clients and fans to transform their apartments into well-organized, beautiful places that suit their style and budget. Week by week, *Apartment Therapy* will guide you to treat common problems, eliminate clutter, and revamp even the tiniest space. Here is an eight-step process that includes:

- A therapeutic questionnaire to help you get in touch with your personal taste and diagnose your home's physical, emotional, and energy flow issues
- A prescription with recommendations for each room based on your needs and lifestyle—including tips on how to use color, lighting, and accessories
- A treatment plan, including regular maintenance schedules to ensure the ongoing health of your space
- Illustrations of floor plans and decorative examples that allow you to visualize concepts before you begin

With surprising ease and without elaborate professional help, *Apartment Therapy* will help you clear a path through disorder and indecision—to reveal a home you'll love.

Amateur sleuth and brewer Sloan Krause contends with her past--and a murder related to it--in *The Cure for What Ales You*, another delightful mystery from cozy writer Ellie Alexander. After a long cold winter, spring is beginning to bloom in the alpine village of Leavenworth, Washington, where craft brewer Sloan Krause and her partner in crime Garrett Strong are putting the finishing touches on their bright and refreshing Lemon Kiss ale. They'll be debuting their new line at the Maifest celebration, which

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will bring visitors from near and far to dance around the Maipole and shop at the outdoor flower markets. Despite the festive spirit in the air, Sloan is brewing over her past. She's spent months following leads that have turned into dead ends. But when she spots a woman who strongly resembles Marianne—a long lost contact who may be her only connection to piecing together her story—she hopes that things might be taking a turn in her favor. That hope is quickly smashed when Marianne is involved in the murder of a local housekeeper. To make matters worse, Marianne issues a dire warning that Sloan and her entire family are in danger. If Sloan can't figure out who the killer is and what happened in her past, she won't find any happy endings.

A 2020 Newbery Honor Recipient! Christian McKay Heidicker, author of the Thieves of Weirdwood trilogy, draws inspiration from Bram Stoker, H. P. Lovecraft and Edgar Allan Poe for his debut middle-grade novel, a thrilling portrait of survival and an unforgettable tale of friendship. "Clever and harrowing." —The Wall Street Journal "Into the finest tradition of storytelling steps Christian McKay Heidicker with these highly original, bone-chilling, and ultimately heart-warming stories. All that's needed is a blazing campfire and a delicious plate of peaches and centipedes." —Kathi Appelt, Newbery Award honoree and National Book Award finalist The haunted season has arrived in the Antler Wood. No fox kit is safe. When Mia and Uly are separated from their litters, they discover a dangerous world full of monsters. In order to find a den to call home, they must venture through field and forest, facing unspeakable things that dwell in the darkness: a zombie who hungers for their flesh, a witch who tries to steal their skins, a ghost who hunts them through the snow . . . and other things too scary to mention. Featuring eight interconnected stories and sixteen hauntingly beautiful illustrations, Scary Stories for Young Foxes contains the kinds of adventures and thrills you love to listen to beside a campfire in the dark of night. Fans of Neil Gaiman, Jonathan Auxier, and R. L. Stine have found their next favorite book. A Booklist 2019 Editors' Choice Selection

Flight attendant Summer Benson moves to Black Dog Bay to get over her boyfriend, where she is welcomed by the locals, particularly the ruggedly handsome mayor in this new novel from the author of *The Week Before the Wedding*. Original.

The 21 Day Ex-Boyfriend Cleanse is your guide to moving on from a broken heart. Day by day, you are given practical tools that allow you to process the emotional changes taking place during your breakup. Through questions, tasks, & activities, you are able to move through such a tough time in a healthy manner. You will learn how to accept that you have a purpose in life outside of the relationship and how to push further into it. Starting with day 1, allow this Cleanse to help you take back control of your heart & move the heck on with your life!

Newly single, Lila Alders returns to Black Dog Bay to open a vintage clothing boutique and sort out her family's denial about their depleted fortune. By the acclaimed author of *Cure for the Common Breakup*. Original.

From a winning voice in fiction -- the author of *My Favorite Mistake* and *Exes and Ohs* -- comes a romantic comedy that will have you in stitches. She's late for her life... Becca Davis has always played it safe -- denying her passion for fashion design in a dead-end job and letting her pragmatic boyfriend (mastermind of the "Kevin Bradley Ten-Year Plan") make

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the tough decisions in life. Stunned into saying yes when Mr. Predictable springs a surprise proposal on her, Becca realizes that she's running out of time to turn her life around. She's only got one more chance to chase her dreams and no one -- not her control freak fiancé, not her dramaholic sisters, not her overprotective parents -- will talk her out of it. He's right on time. Terrified but determined, Becca breaks off her engagement, moves in with her sister in Los Angeles, and prepares to take the fashion world by storm. The reality of the Hollywood scene is much harsher than she anticipated -- lots of slamming doors, snooty clients, and double-crossing celebrity stylists -- but she won't give up. And while she's waiting for her big break, she meets Connor, a sexy risk-taker who's the polar opposite of her ex-fiancé. Is Becca ready for his all-or-nothing approach to love? With her design business taking off and her family starting to fall apart, she's about to learn the timeliest lesson of all: Love and fashion wait for no woman.

Diet Cure for Common Ailments covers the whole gamut of ailments which can be cured merely by proper food habits and regulation of one's life, without recourse to medicinal treatment. The book is based on the theories and fundamentals of nature cure that go to preserve health and vitality. The complete treatment charts and illustrations given in this book will serve as a useful guide to those who wish to treat themselves through this system at home.

Welcome to Black Dog Bay, a tiny seaside town in Delaware known as “the best place in America to bounce back from your breakup.” Home to the Better Off Bed-and-Breakfast, the Eat Your Heart Out bakery, and the Whinery bar, Black Dog Bay offers a haven for the suddenly single. Flight attendant Summer Benson lives by two rules: Don't stay with the same man for too long and never stay in one place. She's about to break rule number one by considering accepting her boyfriend's proposal—then disaster strikes and her world is shattered in an instant. Summer heads to Black Dog Bay, where the locals welcome her. Even Hattie Huntington, the town's oldest, richest, and meanest resident, likes her enough to give her a job. Then there's Dutch Jansen, the rugged, stoic mayor, who's the opposite of her type. She probably shouldn't be kissing him. She definitely shouldn't be falling in love. After a lifetime of globe-trotting, Summer has finally found a home. But Hattie has old scores to settle and a hidden agenda for her newest employee. Summer finds herself faced with an impossible choice: Leave Black Dog Bay behind forever, or stay with the ones she loves and cost them everything....

A tender and quirky novel about the romantic choices we make from the author of the New York Times Bestseller and Reese's Book Club Pick, *The Last Thing He Told Me* Emmy Everett is reluctantly heading home to New York for her brother Josh's wedding. She has spent the last three years in a fishing town in Rhode Island and, having little to show for it, she doesn't particularly want to answer the questions she is sure to face about her (ex)-fiance, her (questionable) career choices, her (unknown) future. But she is still shocked when her typically resolute brother Josh confesses he is

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having doubts about his imminent marriage – and he asks Emmy the hardest question of all: what do I do now? With seventy-two hours until the wedding, Emmy embarks with Josh on a road trip to help him find a mystery woman, and to answer some long overdue questions about who he wants to spend his life with. It isn't only Josh who has some lessons to learn. Along the way, Emmy discovers some undeniable truths about what she wants from her own life; and she begins to realize that perhaps her own happy ending is not as far away as it seems.

In *You Can Heal Your Heart*, self-help luminary Louise Hay and renowned grief and loss expert David Kessler, the protégé of Elisabeth Kübler-Ross, have come together to start a conversation on healing grief. This remarkable book discusses the emotions that occur when a relationship leaves you brokenhearted, a marriage ends in divorce, or a loved one dies. It will also foster awareness and compassion, providing you with the courage to face many other types of losses and challenges, such as saying good-bye to a beloved pet, losing your job, coming to terms with a life-threatening illness or disease, and much more. With a perfect blend of Louise's teachings and affirmations on personal growth and transformation and David's many years of working with those in grief, this empowering book will inspire an extraordinary new way of thinking, bringing hope and fresh insights into your life and even your current and future relationships. You will not only learn how to help heal your grief, but you will also discover that, yes, you can heal your heart.

I'm telling you why we broke up, Ed. I'm writing it in this letter, the whole truth of why it happened. Min Green and Ed Slaterton are breaking up, so Min is writing Ed a letter and giving him a box. Inside the box is why they broke up. Two bottle caps, a movie ticket, a folded note, a box of matches, a protractor, books, a toy truck, a pair of ugly earrings, a comb from a motel room, and every other item collected over the course of a giddy, intimate, heartbreaking relationship. Item after item is illustrated and accounted for, and then the box, like a girlfriend, will be dumped.

From the “sharp, sassy, [and] surprisingly emotional”* author of *In Dog We Trust* comes a novel set in the charming seaside town of Black Dog Bay, Delaware... Cammie Breyer needs a big glass of cabernet—her restaurant failed and her chef boyfriend left for a hotter kitchen. Just when she thinks she's hit rock bottom, her Aunt Ginger calls with a surprise. She's bought a vineyard—in Delaware. At Ginger's command, Cammie returns to Black Dog Bay, the seaside town where she spent her childhood summers with her aunt and her cousin, Kat. The three women reunite, determined to succeed. There's only one little problem: None of them knows the first thing about wine making. And it turns out, owning a vineyard isn't all wine and roses. It's dirt, sweat, and desperation. Every day brings financial pitfalls, unruly tourists, romantic dilemmas, and second thoughts. But even as they struggle, they cultivate hidden talents and new passions. While the grapes ripen under the summer sun, Cammie discovers that love, like wine, is layered, complex, delicious, and worth waiting for...

A history of heartbreak-replete with beheadings, uprisings, creepy sex dolls, and celebrity gossip-and its disastrously bad

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consequences throughout time Spanning eras and cultures from ancient Rome to medieval England to 1950s Hollywood, Jennifer Wright's *It Ended Badly* guides you through the worst of the worst in historically bad breakups. In the throes of heartbreak, Emperor Nero had just about everyone he ever loved—from his old tutor to most of his friends—put to death. Oscar Wilde's lover, whom he went to jail for, abandoned him when faced with being cut off financially from his wealthy family and wrote several self-serving books denying the entire affair. And poor volatile Caroline Lamb sent Lord Byron one hell of a torch letter and enclosed a bloody lock of her own pubic hair. Your obsessive social media stalking of your ex isn't looking so bad now, is it? With a wry wit and considerable empathy, Wright digs deep into the archives to bring these thirteen terrible breakups to life. She educates, entertains, and really puts your own bad breakup conduct into perspective. *It Ended Badly* is for anyone who's ever loved and lost and maybe sent one too many ill-considered late-night emails to their ex, reminding us that no matter how badly we've behaved, no one is as bad as Henry VIII.

From Wattpad phenom Sarah White comes a steamy teen romance about one girl's quest to find herself after a traumatic breakup. The only thing worse than having your boyfriend dump you is having him dump you for your best friend. For Everly Morgan the betrayal came out of nowhere. One moment she had what seemed like the perfect high school relationship, and the next, she wanted to avoid the two most important people in her life. Every time she sees them kiss in the hallways her heart breaks a little more. The last thing on Everly's mind is getting into another relationship, but when she meets Gabe in her therapist's waiting room she can't deny their immediate connection. Somehow he seems to understand Everly in a way that no one else in her life does, and maybe it's because Gabe also has experience grappling with issues outside of his control. Just because they share so many of the same interests and there is an undeniable spark between them doesn't mean Everly wants anything more than friendship. After all, when you only barely survived your last breakup, is it really worth risking your heart again? Meet Tasha—single and still searching. A producer for Britain's most popular morning show working under a nightmare boss, Tash is well-versed in the trials and tribulations of twenty-first century dating. She and her three best friends certainly haven't lived the fairy tale they thought they would: there's Andy, who's hooked on passion, but too much of a tomboy to have moved much beyond the beer-drinking contest stage; Mel, stuck in a steady but loveless relationship; and Emma, endlessly waiting for her other half to propose. Their love lives are only complicated by the sort of men who seem to drift in and out: Andrew—suave, good-looking and head over heels in love . . . with himself; Simon, who is allergic to commitment but has a bad-boy nature that's impossible to resist; and Adam—perfectly attractive, but too sweet to be sexy. The bestselling first novel that launched Jane Green, one of the brightest stars in contemporary women's fiction, *Straight Talking* sets the record straight regarding the real world of dating, and follows the adventures of Tash and her friends as they search for fulfillment and the right kind of love. Funny, flirty, and ultimately tender, *Straight Talking* gets at the heart of modern romance.

From Beth Kendrick comes a hilarious and heartwarming story about bad dogs and the women who love them... Lara Madigan has a gift. She can help you find your soulmate--your canine soul mate, that is. As a dog trainer with a soft spot for strays, she's found

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the perfect home for sulky Shih Tzus, broken-down Border Collies, and diabolical Dalmatians. But while she'll always make room for one more rescue mutt, she's not sure she's ready to commit to another human being--especially after her long-term boyfriend drops the bomb: He's not a dog person. Horrified and temporarily homeless, Lara and her furry pack move in with her mother, a wealthy fashionista who forbids even a single drop of drool. As word gets around the exclusive gated community, Lara is overwhelmed with demands for her services. A model wants personal training for her overweight "flabrador"; an aging socialite preps her pedigreed puppy for dog show domination.... If Lara can survive the breakup, the outrageous requests of her high-maintenance clientele, and her dogs' systematic destruction of her mother's McMansion, she might finally find the rescue dog who rescues her in return--by leading her straight to the guy who could be her perfect match.

Love was given to all, except herself . . . Kit Brennan has always been the most grounded of her sisters. A Catholic school English teacher for seventeen years and a constant giver, her decisions have been sound—just not very satisfying. Her fortieth birthday is right around the corner, causing Kit to consider some wilder notions, like skipping right past the love and marriage to raising a child all by herself . . . A girls' weekend away is just the reprieve Kit needs from school, Mr. Wrongs, and life-changing decisions. It's there that she meets a man who's dangerous; a man who challenges who she thought she was, or rather should be. Kit wants to indulge herself this once, but with one of her students in crisis and the weight of her family's burdens weighing heavy on her heart, Kit isn't sure if now is the time to let her own desires take flight . . .

"Phoebe Fox makes us fall in love with an entire family, a whole cast of characters, and love itself. Painfully, hilariously relatable." - Dr. Duana C. Welch, Author of Love Factually: 10 Proven Steps from I Wish to I Do "Out of Practice, carrying on the great tradition of the Breakup Doctor series, is the kind of book that will have you dialing your girlfriends so you can read sections out loud. Vivid, true, and frequently comedic. Goes down as a favorite finale." - MM Finck, Women Writers, Women's Books "Fresh, funny, and real--I adored it " - Beth Kendrick, author of The Cure for the Common Breakup "As heartwarming as they are humorous--Fox's books offer more than the usual chick lit fare, with a lot of heart and a smart, relatable heroine in Breakup Doctor Brook Ogden." -- Sarah Bird, Author of The Boyfriend School "Phoebe Fox's books are like a box of fine chocolates. Not to be eaten quickly but to be savored and enjoyed." - Fresh Fiction "Fox has given us characters that are lovably fallible, funny, and frazzled, and has proven that when it comes to love and relationships of any kind, even the sanest of us get a little crazy." -- Elisa Lorello, Bestselling Author of Why I Love Singlehood "Therapist Brook Ogden is a genius when it comes to helping people push past the crazy stage and mend their broken hearts, but when Brook suffers her own heartbreak, will she take her own advice? (Answer: no, which is why this book is so funny.)" - Glamour (on The Breakup Doctor) When your relationship is on life support, the Breakup Doctor is on call. There's no shortage of broken hearts in Breakup Doctor Brook Ogden's successful breakup counseling practice--if love is a battlefield, then Brook is the cavalry. Luckily her own love life is in full recovery: after a long, tortuous road, she and Ben Garrett are finally headed down the aisle. But when a local TV personality--and former frenemy--invites Brook onto her show, she's blindsided live on the air when the interview turns into an act of long-delayed revenge meant to publicly humiliate her. Brook's an

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expert at getting back on your feet when life knocks you down, but as the blows keep piling on--with a betrayal she never saw coming and a family crisis that threatens to pull the foundation out from under her--her confidence starts slinking away. With her clients dropping her faster than a one-night stand, suddenly the Breakup Doctor's career is in critical care. Brimming with both the sublime and ridiculous aspects of love--romantic and otherwise--*Out of Practice* is a funny and heartwarming tale about loss, grief, and failure that will resonate with all who have loved, lost...and dared to love again. Related subjects include: book club recommendations, dating advice, women's friendship and sisterhood, humorous fiction, women's fiction, chick lit romantic comedy, rom com, funny romance. Books in The Breakup Doctor Chick Lit Series: *THE BREAKUP DOCTOR* (#1) *BEDSIDE MANNERS* (#2) *HEART CONDITIONS* (#3) *OUT OF PRACTICE* (#4) Part of the Henery Press Chick Lit Collection, if you like one, you'll probably like them all...

From the country's foremost relationship expert and New York Times bestselling author Dr. John M. Gottman comes a powerful, simple five-step program, based on twenty years of innovative research, for greatly improving all of the relationships in your life—with spouses and lovers, children, siblings, and even your colleagues at work. Gottman provides the tools you need to make your relationships thrive. In *The Relationship Cure*, Dr. Gottman: - Reveals the key elements of healthy relationships, emphasizing the importance of what he calls “emotional connection” - Introduces the powerful new concept of the emotional “bid,” the fundamental unit of emotional connection - Provides remarkably empowering tools for improving the way you bid for emotional connection and how you respond to others’ bids - And more! Packed with fascinating questionnaires and exercises developed in his therapy, *The Relationship Cure* offers a simple but profound program that will fundamentally transform the quality of all of the relationships in your life.

Imagine if we treated broken hearts with the same respect and concern we have for broken arms? Psychologist Guy Winch urges us to rethink the way we deal with emotional pain, offering warm, wise, and witty advice for the broken-hearted. Real heartbreak is unmistakable. We think of nothing else. We feel nothing else. We care about nothing else. Yet while we wouldn't expect someone to return to daily activities immediately after suffering a broken limb, heartbroken people are expected to function normally in their lives, despite the emotional pain they feel. Now psychologist Guy Winch imagines how different things would be if we paid more attention to this unique emotion—if only we can understand how heartbreak works, we can begin to fix it. Through compelling research and new scientific studies, Winch reveals how and why heartbreak impacts our brain and our behavior in dramatic and unexpected ways, regardless of our age. Emotional pain lowers our ability to reason, to think creatively, to problem solve, and to function at our best. In *How to Fix a Broken Heart* he focuses on two types of emotional pain—romantic heartbreak and the heartbreak that results from the loss of a cherished pet. These experiences are both accompanied by severe grief responses, yet they are not deemed as important as, for example, a formal divorce or the loss of a close relative. As a result, we are often deprived of the recognition, support, and compassion afforded to those whose heartbreak is considered more significant. Our heart might be broken, but we do not have to break with it. Winch reveals that recovering from heartbreak always starts with a decision,

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a determination to move on when our mind is fighting to keep us stuck. We can take control of our lives and our minds and put ourselves on the path to healing. Winch offers a toolkit on how to handle and cope with a broken heart and how to, eventually, move on.

Two estranged sisters who combined have never made anything more complicated than brownie mix team up to enter a national bake-off with a top-secret recipe from the grandmother who orchestrated their reunion. Original.

A self-affirming, holistic guide for everyone—single or married, divorced or dating—to transforming heartbreak into healing by the founder of the innovative and revolutionary Renew Breakup Bootcamp Amy Chan hit rock bottom when she discovered that her boyfriend cheated on her. Although she was angry and broken-hearted, Chan soon came to realize that the breakup was the shakeup she needed to redirect her life. Instead of descending into darkness, she used the pain of the breakup as a bridge to self-actualization. She devoted herself to learning various healing modalities from the ancient to the scientific, and dived into the psychology of love. It worked. Fast forward years later, Amy completely transformed her life, her relationships and founded a breakup bootcamp helping countless women heal their hearts. In Breakup Bootcamp, Amy Chan directs her experience as a relationship columnist and as the creator of Renew Breakup Bootcamp into a practical, thoughtful guide to turning broken hearts into an opportunity to break out of complacency and destructive habits. Dubbed "the Chief Heart Hacker," Amy Chan grounds her practical advice and tried and tested methods rooted in cutting-edge psychology and research, helping first her bootcamp attendees and now her readers most effectively heal and reclaim their self-love. Breakup Bootcamp comes at the perfect time, when many are feeling the intensity of being in or out of a relationship, lonely or suffocated, and flirting with old toxic relationships they've outgrown. Relatable, life-changing, and backed by sound scientific research, Breakup Bootcamp can help anyone turn their greatest heartbreak into a powerful tool for growth.

An absorbing, highly entertaining novel about family secrets, *The Never Never Sisters* introduces you to the strong-willed and big-hearted Reinhardt women, as they reunite one summer in New York. Gifted storyteller L. Alison Heller has written another witty and moving page-turner that will captivate readers and keep them guessing right up until the satisfying end. Sometimes you just need to get away.... Marriage counselor Paige Reinhardt is counting down the days to summer, eager to reconnect with her workaholic husband at their cozy rental cottage in the Hamptons. But soon a mysterious crisis at Dave's work ruins their getaway plans. Paige is still figuring out how to handle the unexplained chill in her marriage when her troubled sister suddenly returns after a two-decade silence. Now, instead of enjoying the lazy summer days along the ocean, Paige is navigating the rocky waters of a forgotten bond with her sister in the sweltering city heat. As she attempts to dig deeper into Dave's work troubles and some long-held family secrets, Paige is shocked to discover how little she knows about the people closest to her. This summer, the self-proclaimed relationship expert will grapple with her biggest challenge yet: Is it worth risking your most precious relationships in order to find yourself?

From advice columnist Meredith Goldstein, a dazzling, romantic, and emotionally resonant YA debut about a teen science whiz in

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Cambridge, Massachusetts, who tries to crack the chemical equation for lasting love and instead wreaks havoc on herself and the boys in her life. For seventeen-year-old Maya, the equation for happiness is simple: a dream internship at MIT + two new science nerd friends + a perfect boyfriend = one amazing summer. Then Whit dumps her out of the blue. Maya is miserable until she discovers that her scientist mother, before she died, was conducting research on manipulating pheromones to enhance human attraction. If Maya can finish her mother's work, maybe she can get Whit back. But when her experiment creates chaos in her love life, she realizes that maybe love and loss can't be understood using the scientific method. Can she learn to trust the unmeasurables of love and attraction instead?

Beth Kendrick sweeps you off your feet with a captivating tale of how even the best-laid plans can falter at the altar. After enduring a chaotic childhood, Emily McKellips yearns for a drama-free life, complete with a white picket fence. Her dreams are about to come true: She has a stellar career, a gorgeous house, and a fiancé any woman would die for. But as friends and family arrive in picturesque Valentine, Vermont, for her wedding, an uninvited guest shows up. Ryan is Emily's first husband from a disastrous starter marriage. They wed on a whim, only to discover that combustible chemistry couldn't ensure a happily ever after. But Ryan is no longer the headstrong boy she left behind. He's now a successful film producer who just happens to be scouting a resort in Valentine with his adorable retriever in tow. As the bridesmaids revolt and the mothers of the bride and groom do battle, Emily is surprised to discover new sides of both her ex and her fiancé. She thought she had life and love all figured out, but the next seven days might change her mind—and her heart.

Welcome to Buzz Books 2018: Young Adult Spring/Summer. These substantial pre-publication excerpts reflect a broad spectrum of today's young adult writing, from fantasy and romance to suspense and humor. You will discover debut writers to put on your radar, while enjoying early samples from some of the biggest authors in the field and even a memoir for younger readers. Readers will be happy to see included Stephanie Garber's sequel to her New York Times bestselling debut novel *Caraval*, a previous Buzz Books. Other fantasies are *Furyborn* by Claire Legrand, *Fawkes* by Nadine Brandes, and *Sky in the Deep* by Adrienne Young. Then come back to the present with Boston Globe advice columnist Meredith Goldstein's YA debut about a teen science whiz who tries to crack the chemical equation for lasting love or BuzzFeed writer Farrah Penn's *Twelve Steps to Normal*, about a father's recovery from alcoholism. Start reading the bestsellers of tomorrow right now to see why reviewers rave with comments like these: Love Buzz Books! They are so helpful for librarians. This YA sampler is particularly great for any librarian with a sizable teen population. Some very interesting titles highlighted here, in a wide variety of genres. Then spread the word: your friends and family can download this free edition of Buzz Books at any major ebookstore or at buzz.publishersmarketplace.com. For broader reading, check out *Buzz Books 2018: Spring/Summer*, also available now, for 40 excerpts from top forthcoming adult fiction and nonfiction titles.

"This may be an anthology for anyone who's been broken-hearted, but it's not an anthology for anyone who's faint-hearted . . . Superb" (Entertainment Weekly). *It's Not You, It's Me* is a poetry anthology—at once amusing, angry, sweet, and bitter—that gives

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a fresh voice to the all-too-familiar experience of ending a relationship. Williams has compiled over ninety poems by contemporary writers including Denis Johnson and Kim Addonizio, as well as former poets laureate Robert Hass, Maxine Kumin, and Mark Strand, whose comforting and healing words dragged him out of his breakup-induced depression. We have all been through a breakup, but these poems have created an art out of heartbreak: sharing their wisdom on the pain of the flip side of romance, and poking fun at the mess we become at the mercy of love. “This collection . . . gathers many of the poems that have helped Williams (a poet himself, with two books to his name) through his rooms of anguish over the years. Happily, they’re pretty great.” —The New York Times “In *It’s Not You, It’s Me: The Poetry of Breakup* today’s big contemporary poets make breaking up and even divorce sound painfully beautiful. You’ll want to read with a box of tissues, a pint of chocolate ice cream and sappy love songs playing in the background.” —Lemon Drop Literary

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