

Cyndi Lauper A Memoir

“A winning look at the stories behind 45 pop, punk, folk, soul and country classics” in the words of Mick Jagger, Stevie Wonder, Cyndi Lauper and more (The Washington Post). Every great song has a fascinating backstory. And here, writer and music historian Marc Myers brings to life five decades of music through oral histories of forty-five era-defining hits woven from interviews with the artists who created them, including such legendary tunes as the Isley Brothers’ Shout, Led Zeppelin’s Whole Lotta Love, Janis Joplin’s Mercedes Benz, and R.E.M.’s Losing My Religion. After receiving his discharge from the army in 1968, John Fogerty did a handstand—and reworked Beethoven’s Fifth Symphony to come up with Proud Mary. Joni Mitchell remembers living in a cave on Crete with the mean old daddy who inspired her 1971 hit Carey. Elvis Costello talks about writing (The Angels Wanna Wear My) Red Shoes in ten minutes on the train to Liverpool. And Mick Jagger, Jimmy Page, Rod Stewart, the Clash, Jimmy Cliff, Roger Waters, Stevie Wonder, Keith Richards, Cyndi Lauper, and many other leading artists reveal the emotions, inspirations, and techniques behind their influential works. Anatomy of a Song is a love letter to the songs that have defined generations of listeners and “a rich history of both the music industry and the baby boomer era” (Los Angeles Times Book Review).

For all her wisdom as a teacher, Cyndi Lee understood intuitively that she still had a lot to learn. In spite of her success in physically demanding professions - dancer, choreographer, and yoga teacher - Lee was caught in a lifelong cycle of repetitive self-judgment about her body. Instead of the radical contentment expected in international yoga teachers, she realised that hating her body was a form of suffering, which was infecting her closest relationships - including her relationship to herself. Inspired by the honesty and vulnerability of her students, Lee embarked on a journey of self-discovery that led her outward - from the sacred sites of the parched Indian countryside to the center of the 2011 earthquake in Japan - and inward, to seek the counsel of wise women, friends and strangers both. Applying the ancient Buddhist practice of loving-kindness meditation to herself, Lee learned that compassion is the only antidote to hatred, thereby healing her heart and changing her mind. With prose as agile as the yoga sequences she creates, May I Be Happy gives voice to Lee's belief that every life arises, abides, and ultimately dissolves. By becoming her own best student, Lee internalizes the strength, stability, and clarity she imparts in her Buddhist-inspired yoga classes.

A hilariously candid account of one woman's quest to bring her post-baby marriage back from the brink, with life-changing, real-world advice. "Get this for your pregnant friends, or yourself." --People Recommended by Nicole Cliffe in Slate Featured in People Picks A Red Tricycle Best Baby and Toddler Parenting Book of the year One of Mother magazine's favorite parenting books of the year How Not To Hate Your Husband After Kids tackles the last taboo subject of

parenthood: the startling, white-hot fury that new (and not-so-new) mothers often have for their mates. After Jancee Dunn had her baby, she found that she was doing virtually all the household chores, even though she and her husband worked equal hours. She asked herself: How did I become the 'expert' at changing a diaper? Many expectant parents spend weeks researching the best crib or safest car seat, but spend little if any time thinking about the titanic impact the baby will have on their marriage - and the way their marriage will affect their child. Enter Dunn, her well-meaning but blithely unhelpful husband, their daughter, and her boisterous extended family, who show us the ways in which outmoded family patterns and traditions thwart the overworked, overloaded parents of today. On the brink of marital Armageddon, Dunn plunges into the latest relationship research, solicits the counsel of the country's most renowned couples' and sex therapists, canvasses fellow parents, and even consults an FBI hostage negotiator on how to effectively contain an "explosive situation." Instead of having the same fights over and over, Dunn and her husband must figure out a way to resolve their larger issues and fix their family while there is still time. As they discover, adding a demanding new person to your relationship means you have to reevaluate--and rebuild--your marriage. In an exhilarating twist, they work together to save the day, happily returning to the kind of peaceful life they previously thought was the sole province of couples without children. Part memoir, part self-help book with actionable and achievable advice, *How Not To Hate Your Husband After Kids* is an eye-opening look at how the man who got you into this position in this first place is the ally you didn't know you had.

"Equal parts memoir, whodunit, and manual for living . . . a beautifully written, honest look at the forces of blood and bone that make us who we are, and how we make ourselves." --Neil Gaiman

In his unique and engaging voice, the acclaimed actor of stage and screen shares the emotional story of his complicated relationship with his father and the deeply buried family secrets that shaped his life and career. A beloved star of stage, television, and film—"one of the most fun people in show business" (Time magazine)—Alan Cumming is a successful artist whose diversity and fearlessness is unparalleled. His success masks a painful childhood growing up under the heavy rule of an emotionally and physically abusive father—a relationship that tormented him long into adulthood. When television producers in the UK approached him to appear on a popular celebrity genealogy show in 2010, Alan enthusiastically agreed. He hoped the show would solve a family mystery involving his maternal grandfather, a celebrated WWII hero who disappeared in the Far East. But as the truth of his family ancestors revealed itself, Alan learned far more than he bargained for about himself, his past, and his own father. With ribald humor, wit, and incredible insight, Alan seamlessly moves back and forth in time, integrating stories from his childhood in Scotland and his experiences today as a film, television, and theater star. At times suspenseful, deeply moving, and wickedly funny, *Not My Father's Son* will make readers laugh even as it breaks their hearts.

What's a girl to do when she finds out her late mother was the lead singer of an '80s cover band, Cyndi Lauper is Not Dead? A hilarious MG by an author who's been compared to Peck, Gantos, and Bauer.

In this sweeping work of memoir and commentary, leading cultural critic Paul Chaat Smith illustrates with dry wit and brutal honesty the contradictions of life in “the Indian business.” Raised in suburban Maryland and Oklahoma, Smith dove head first into the political radicalism of the 1970s, working with the American Indian Movement until it dissolved into dysfunction and infighting. Afterward he lived in New York, the city of choice for political exiles, and eventually arrived in Washington, D.C., at the newly minted National Museum of the American Indian (“a bad idea whose time has come”) as a curator. In his journey from fighting activist to federal employee, Smith tells us he has discovered at least two things: there is no one true representation of the American Indian experience, and even the best of intentions sometimes ends in catastrophe. Everything You Know about Indians Is Wrong is a highly entertaining and, at times, searing critique of the deeply disputed role of American Indians in the United States. In “A Place Called Irony,” Smith whizzes through his early life, showing us the ironic pop culture signposts that marked this Native American's coming of age in suburbia: “We would order Chinese food and slap a favorite video into the machine—the Grammy Awards or a Reagan press conference—and argue about Cyndi Lauper or who should coach the Knicks.” In “Lost in Translation,” Smith explores why American Indians are so often misunderstood and misrepresented in today's media: “We're lousy television.” In “Every Picture Tells a Story,” Smith remembers his Comanche grandfather as he muses on the images of American Indians as “a half-remembered presence, both comforting and dangerous, lurking just below the surface.” Smith walks this tightrope between comforting and dangerous, offering unrepentant skepticism and, ultimately, empathy. “This book is called Everything You Know about Indians Is Wrong, but it's a book title, folks, not to be taken literally. Of course I don't mean everything, just most things. And 'you' really means we, as in all of us.”

Record label executive, photographer, and author, Michael Alago takes readers through this amazing journey that is his life. Alago grew up in Brooklyn, New York, in a large, spirited, and devoted Puerto Rican family. Through his early passion for music, art, theater, and photography, he soon found himself rubbing elbows with many downtown NYC scene makers, from Stiv Bators to Jean Michel Basquiat, Cherry Vanilla and Wayne County to Deborah Harry and Robert Mapplethorpe. As an underage teenager going to Max's Kansas City, CBGB, and various art galleries, Alago also began running The Dead Boys fan club. A few years later, he became the assistant music director for legendary nightclubs the Ritz and the Red Parrot. At age twenty-four, he began a storied career as an A&R executive at Elektra Records that started with signing Metallica in the summer of 1984, changing the entire landscape of rock 'n' roll and heavy metal. Alago continued to work in A&R for both Palm Pictures and Geffen Records. He

was thrilled to executive-produce albums by Cyndi Lauper, Public Image Ltd, White Zombie, and Nina Simone. In the late 1980s, he was diagnosed with HIV, which manifested into full-blown AIDS ten years later. He survived to continue his music career, but in 2005, he left music to pursue his other love: photography. Alago went on to publish three bestselling books: *Rough Gods*, *Brutal Truth*, and *Beautiful Imperfections* with German-based publisher Bruno Gmünder. He has since overcome his longtime addiction to drugs and alcohol. In his clean and sober life, he has reconnected with his family, continues to be a working photographer as well as record producer, and only through the grace of his 12-Step program is he able to live this big, beautiful life. In 2017, a documentary directed by Drew Stone and produced by Michael Alex on Alago's wildly successful career in music was released in theaters and on Netflix, entitled *Who the Fuck Is That Guy? The Fabulous Journey of Michael Alago*.

NEW YORK TIMES AND NATIONAL BESTSELLER First loves, first songs, and the drugs and reckless high school exploits that fueled them—meet music icons Tegan and Sara as you've never known them before in this intimate and raw account of their formative years. *High School* is the revelatory and unique coming-of-age story of Sara and Tegan Quin, identical twins from Calgary, Alberta, growing up in the height of grunge and rave culture in the '90s, well before they became the celebrated musicians and global LGBTQ icons we know today. While grappling with their identity and sexuality, often alone, they also faced academic meltdown, their parents' divorce, and the looming pressure of what might come after high school. Written in alternating chapters from both Tegan's point of view and Sara's, the book is a raw account of the drugs, alcohol, love, music, and friendships they explored in their formative years. A transcendent story of first loves and first songs, it captures the tangle of discordant and parallel memories of two sisters who grew up in distinct ways even as they lived just down the hall from one another. This is the origin story of Tegan and Sara.

It's that time of year again . . . Turn up 'Last Christmas', get the mince pies out and head back to the 80s in the remarkably honest and fascinating autobiography from one half of the world's greatest pop duo **THE SUNDAY TIMES BESTSELLER** 'I couldn't put it down. Such a fantastic book' Chris Evans, Virgin Radio _____ School mates. Band mates. Soul mates . . . When Andrew Ridgley took George Michael, the new boy at school, under his wing, he discovered a soul mate. In *Wham! George and Me*, Andrew tells the story of how they rode a rollercoaster of success around the world while making iconic records and surviving superstardom with their friendship intact. It is a memoir of love, music, the flamboyant 1980s and living in a pop hurricane. No one else can ever tell their story - because no one else was there . . . For the first time, Andrew Ridgeley tells the inside story of Wham!, his life-long friendship with George Michael and the formation of a band that changed the shape of the music scene in the early eighties. _____ 'A joyous celebration of the Wham! years. For anyone who was a teenager in the early 1980s, it will take you on a nostalgia trip.

It's an honest but affectionate account of a remarkable duo who remained true to their origins and their friendship throughout it all' Daily Express 'As infectious as their music' Daily Mirror 'A remarkably generous memoir. In more than one sense, the biography of a friend' Spectator 'A great story' Saturday Live, Radio 4 'A lovely book. A love letter to George' Graham Norton, BBC One 'Charming, heartfelt . . . there's a real poignancy to Ridgeley's description of Wham!'s glory days' Sunday Times

Steven Hyden explores nineteen music rivalries and what they say about life in this "highly entertaining" book (Rolling Stone) perfect for every passionate music fan. Beatles vs. Stones. Biggie vs. Tupac. Kanye vs. Taylor. Who do you choose? And what does that say about you? Actually -- what do these endlessly argued-about pop music rivalries say about us? Music opinions bring out passionate debate in people, and Steven Hyden knows that firsthand. Each chapter in *Your Favorite Band Is Killing Me* focuses on a pop music rivalry, from the classic to the very recent, and draws connections to the larger forces surrounding the pairing. Through Hendrix vs. Clapton, Hyden explores burning out and fading away, while his take on Miley vs. Sinead gives readers a glimpse into the perennial battle between old and young. Funny and accessible, Hyden's writing combines cultural criticism, personal anecdotes, and music history -- and just may prompt you to give your least favorite band another chance.

Lou Gramm rose from humble, working-class roots in Rochester, New York, to become one of rock's most popular and distinctive voices in the 1970s and '80s, singing and cowriting more than a dozen hits with the band Foreigner. Songs such as "Cold As Ice," "I Want to Know What Love Is," "Waiting for a Girl Like You," "Double Vision," "Urgent," and "Midnight Blue" are among 20 Gramm songs that achieved Top 40 status on the Billboard charts and became rock classics still played often, nearly three decades after they first hit the airwaves and the record store shelves. "Juke Box Hero: The My Five Decades in Rock 'n' Roll" chronicles, with remarkable candor, the ups and downs of this popular rocker's amazing life--a life which saw him achieve worldwide fame and fortune, then succumb to its trappings before summoning the courage and faith to overcome his drug addiction and a life-threatening brain tumor. Gramm takes the reader behind the scenes--into the recording studio, back stage, on the bus trips and beyond--to give an insider's look into the life of the man "Rolling Stone" magazine referred to as "the Pavarotti of rock."

Steve Forbert carved out a niche in New York City's vibrant club scene, playing now-iconic venues like Gerde's Folk City and CBGB's during a time when rootsy rock was fading out and New Wave and punk acts were moving in. His critically acclaimed first album, *Alive on Arrival*, captured that heady period. Forbert's next, *Jackrabbit Slim*, introduced the hit "Romeo's Tune. Since then he's produced 20 studio albums. Keith Urban, Rosanne Cash, and Marty Stuart, among others, have recorded his songs and Forbert's tribute to Jimmie Rodgers, *Any Old Time*, was nominated for a Grammy. *Big City Cat: My Life in Folk-Rock* features photos from Forbert's personal collection. His stories are interspersed with early journal entries from New York City as well as reminiscences from the people around him--including former manager Danny Fields and E Street Band bassist Garry Tallent, who produced three of Forbert's albums. It's a tale of a talented survivor in a challenging and changing music industry.

Practicing for Love By: Nina Kennedy Young Nina Kennedy was a child prodigy, a musical genius. Growing up in a segregated black community, she was forced to speak slang or "Ebonics" during the day to protect herself from bullying. At night, she would return home to speak the King's English with her college professor parents, both esteemed classical pianists who felt their careers had been hampered by American racism. As a result, they were determined that their daughter would have the success that they never could. *Practicing for Love: A Memoir* reveals Nina's work and recognition as a child prodigy from her first complete

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piano recital at age nine, to her debut as piano soloist with the Nashville Symphony before an audience of over 4,000 at age thirteen. She goes on to perform in concert and with orchestras throughout the country, and is accepted for study at the Curtis Institute of Music, and later at the Juilliard School. This book contains honest details about Nina's romantic relationships, and sheds light on the impacts of sexism and racism on her career. Written in the #MeToo era, *Practicing for Love* also exposes the inappropriate liberties taken by orchestral conductors, concert agents and impresarios, and recording executives - victimizing both females and males of all races.

From the acclaimed, controversial singer-songwriter Sinéad O'Connor comes a revelatory memoir of her fraught childhood, musical triumphs, fearless activism, and of the enduring power of song. Blessed with a singular voice and a fiery temperament, Sinéad O'Connor rose to massive fame in the late 1980s and 1990s with a string of gold records. By the time she was twenty, she was world famous--living a rock star life out loud. From her trademark shaved head to her 1992 appearance on *Saturday Night Live* when she tore up Pope John Paul II's photograph, Sinéad has fascinated and outraged millions. In *Rememberings*, O'Connor recounts her painful tale of growing up in Dublin in a dysfunctional, abusive household. Inspired by a brother's Bob Dylan records, she escaped into music. She relates her early forays with local Irish bands; we see Sinéad completing her first album while eight months pregnant, hanging with Rastas in the East Village, and soaring to unimaginable popularity with her cover of Prince's "Nothing Compares 2U." Intimate, replete with candid anecdotes and told in a singular form true to her unconventional career, Sinéad's memoir is a remarkable chronicle of an enduring and influential artist.

Legendary singer, songwriter, actress, and activist Cyndi Lauper offers a personal account of the journey that led her to become an international superstar in this "moving story of an American musical original" (Kirkus Reviews). Icon Cyndi Lauper offers a poignant account of the journey that led her to become an international superstar—from her years growing up in Queens, New York, to the making of enduring hits like "Time After Time," "Girls Just Want to Have Fun," and "True Colors," to becoming an actress, a mother, an outspoken activist, and maintaining a music career that has lasted more than thirty years. After leaving her childhood home at seventeen, Cyndi took on a series of jobs: racetrack hot walker, IHOP waitress, and, as she puts it, "gal Friday the thirteenth," as she pursued her passion for music. She worked her way up playing small gigs and broke out in 1983 with *She's So Unusual*, which earned her a Grammy for Best New Artist and made her the first female artist in history to have four top-five singles on a debut album. And while global fame wasn't always what she expected, she has remained focused on what matters most. Cyndi is a gutsy real-life heroine who has never been afraid to speak her mind and stick up for a cause—whether it's women's rights, gay rights, or fighting against HIV/AIDS. With her trademark warmth and humor, Cyndi fearlessly writes of a life she's lived only on her own terms, perfect for fans of Patti Smith's *Just Kids* and Billy Idol's *Dancing with Myself*.

"A painfully timely story . . . an artful memoir . . . a powerful, vital book about damage and the ghostly afterlives of abuse." —Los Angeles Review of Books *True crime, memoir, and ghost story, Mean* is the bold and hilarious tale of Myriam Gurba's coming of age as a queer, mixed-race Chicana. Blending radical formal fluidity and caustic humor, Gurba takes on sexual violence, small towns, and race, turning what might be tragic into piercing, revealing comedy. This is a confident, intoxicating, brassy book that takes the cost of sexual assault, racism, misogyny, and homophobia deadly seriously. We act mean to defend ourselves from boredom and from those who would chop off our breasts. We act mean to defend our clubs and institutions. We act mean because we like to laugh. Being mean to boys is fun and a second-wave feminist duty. Being rude to men who deserve it is a holy mission. Sisterhood is powerful, but being a bitch is more exhilarating . . . "Mean calls for a fat, fluorescent trigger warning start

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to finish—and I say this admiringly. Gurba likes the feel of radioactive substances on her bare hands.” —The New York Times “Gurba uses the tragedies, both small and large, she sees around her to illuminate the realities of systemic racism and misogyny, and the ways in which we can try to escape what society would like to tell us is our fate.” —Nylon “With its icy wit, edgy wedding of lyricism and prose, and unflinching look at personal and public demons, Gurba’s introspective memoir is brave and significant.” —Kirkus Reviews “Mean will make you LOL and break your heart.” —The Millions

A Boob’s Life explores the surprising truth about women’s most popular body part with vulnerable, witty frankness and true nuggets of American culture that will resonate with everyone who has breasts—or loves them. Author Leslie Lehr wants to talk about boobs. She’s gone from size AA to DDD and everything between, from puberty to motherhood, enhancement to cancer, and beyond. And she’s not alone—these are classic life stages for women today. At turns funny and heartbreaking, A Boob’s Life explores both the joys and hazards inherent to living in a woman’s body. Lehr deftly blends her personal narrative with national history, starting in the 1960s with the women’s liberation movement and moving to the current feminist dialogue and what it means to be a woman. Her insightful and clever writing analyzes how America’s obsession with the female form has affected her own life’s journey and the psyche of all women today. From her prize-winning fiction to her viral New York Times Modern Love essay, exploring the challenges facing contemporary women has been Lehr’s life-long passion. A Boob’s Life, her first project since breast cancer treatment, continues this mission, taking readers on a wildly informative, deeply personal, and utterly relatable journey. No matter your gender, you’ll never view this sexy and sacred body part the same way again. After earning rave reviews with her rock-and-roll memoir But Enough About Me, Jancee Dunn takes on fiction in this comically poignant debut, a perfect read for anyone who has ever looked back nostalgically and wondered what might have been. At thirty-eight, Lillian Curtis is content with her life. She enjoys her routine as a producer for a talk show in New York City starring showbiz veteran Vi (“short for vibrant”) Barbour, a spirited senior. Lillian’s relationship with her husband is pleasant if no longer exciting. Most nights she is more than happy to come home to her apartment and crawl into her pajamas. Then she’s hit with a piece of shocking news: Her husband wants a divorce. Blindsided, Lillian takes a leave of absence and moves back to her parents’ home in suburban New Jersey. Nestled in her childhood bedroom, where Duran Duran and Squeeze posters still cover the walls, she finds high school memories a healing salve to her troubles. She hurtles backward into her teen years, driving too fast, digging up mix tapes, and tentatively reconciling with Dawn, a childhood friend she once betrayed. Punctuating her stroll down memory lane is an invitation to the Bethel Memorial High School class of 1988 twenty-year reunion. It just might be Lillian’s chance to reconnect with her long-lost boyfriend, Christian Somers, who is expected to attend. Will it be just like heaven? Lillian discovers, as we all must, the pitfalls of glorifying the glory days, the mortification of failing as a thirtysomething adult, and the impossibility of fully recapturing the past. Don’t You Forget About Me is for anyone who looks back and wonders: What if?

A memoir by Morris Day of The Time centering around his lifelong relationship and association with Prince "A vital, illuminating, and wildly entertaining autobiography." -Billboard "Great book! Great storytelling!" -LENNY KRAVITZ "Lean, slick, cooler than Santa Claus, and surprisingly tender, this book not only traces Day's history in Minneapolis funk, but doubles as an intimate recollection of his time with Prince." -BEN GREENMAN, author of Dig If You Will The Picture Brilliant composer, smooth soul singer, killer drummer, and charismatic band leader, Morris Day has been a force in American music for the past four decades. In On Time, the renowned funkster looks back on a life of turbulence and triumph, chronicling his creative process with an

explosive prose that mirrors his intoxicating music. A major theme throughout the book is Morris's enduring friendship and musical partnership with Prince, from their early days on the Minneapolis scene to selling out stadiums and duking it out as rivals in *Purple Rain*. Eventually, Morris went on to release four albums with a new band of his very own, *The Time*; however, before long, increasing tensions between the two performers set them down separate paths. Through the years, the fierce brotherly love between Morris and Prince kept bringing them back together—until pride, ego, and circumstance interfered. Two months before Prince's untimely death, the two finally started to make amends. But Morris never could have imagined it would be the last time he'd ever see his friend again.

"A fascinating, moving recollection that celebrates one of the great achievements in Canadian television." Elaine Lui, author of *Listen to the Squawking Chicken* "Ward celebrates...raw, forward-thinking, multicultural, multigender-produced content by finally freezing it in a compelling book where, occasionally he himself wonders, 'How the hell did we do that?'" *The Globe and Mail* "What a blast! With a raucous mix of music and personalities, Christopher Ward has compiled the ultimate treasure trove of Canada's 1980s rock scene. Everybody you remember is here. Revealing, entertaining, enlightening and, most all, fun." Will Ferguson

From the first Canadian VJ Christopher Ward, *Is This Live?* captures the pure fun and rock 'n' roll rebellion of the early years of MuchMusic television. On August 31, 1984, the Nation's Music Station launched, breaking ground as the Wild West of Canadian television—live, gloriously unpredictable, seat-of-the-pants TV, delivered fresh daily. The careers of Canadian legends like Blue Rodeo, Corey Hart, Jane Siberry, Bryan Adams, Platinum Blonde, Glass Tiger, Colin James, the Parachute Club, Honeymoon Suite, Barenaked Ladies, Maestro Fresh Wes and Sloan were launched when Much brought them closer to their fans. Much also gave us international acts (Duran, Duran, Tina Turner, Iggy Pop, David Bowie, Madonna, Motorhead, Guns N' Roses, Nirvana, Red Hot Chili Peppers), and covered the second wave of music activism with events like Live Aid and the Amnesty International Human Rights Now! tour. Ranging from Toronto's iconic studio at 299 Queen Street West, to Vancouver's MuchWest, MuchMusic's programming travelled across Canada and connected the Canadian music scenes in an unprecedented way. The dream child of TV visionary Moses Znaimer, and John Martin, the maverick creator of *The New Music*, Much was live and largely improvised, and an entire generation of Canadians grew up watching the VJs and embraced the new music that became the video soundtrack of our lives. With stories of the bands, the music, the videos, the specialty shows, the style and the improvisational approach to daily broadcast life at Much, *Is This Live?* is told by the people who were there—the colourful cast of on-air VJs, the artists who found their way into our living rooms of the nation as never before, and the people behind the cameras. As our tour guide to the first decade at MuchMusic Christopher Ward delivers a full-on dose of pop culture nostalgia from the 1980s and '90s, when the music scene in Canada changed forever.

From the voice of a generation: The most highly anticipated autobiography of the year, and the story of a man who... is a Londoner and a Mod.... wanted The Who to be called The Hair.... loved The Everly Brothers, but not that "drawling dope" Elvis.... wanted to be a sculptor, a journalist, a dancer and a graphic designer.... became a musician, composer, librettist, fiction writer, literary editor, sailor.... smashed his first guitar

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onstage, in 1964, by accident.... heard the voice of God on a vibrating bed in rural Illinois.... invented the Marshall stack, feedback and the concept album.... once speared Abbie Hoffman in the neck with the head of his guitar.... inspired Jimi Hendrix's pyrotechnical stagecraft.... is partially deaf in his left ear.... stole his windmill guitar playing from Keith Richards.... followed Keith Moon off a hotel balcony into a pool and nearly died.... did too much cocaine and nearly died.... drank too much and nearly died.... detached from his body in an airplane, on LSD, and nearly died.... helped rescue Eric Clapton from heroin.... is banned for life from Holiday Inns.... was embroiled in a tabloid scandal that has dogged him ever since.... has some explaining to do.... is the most literary and literate musician of the last 50 years.... planned to write his memoir when he was 21.... published this book at 67.

Draws on medical case histories, scientific findings, and personal research by the author to separate myth from fact and debunk a vast array of parental edicts.

Traces the author's frustration with being perpetually cast in a child's role by her parents and her discovery that many of her friends experienced the same in their own families, in a whimsical account that describes her perplexity at witnessing her aging parent's haphazard regressive behaviors. Original.

When a teddy bear invites his stuffed animal friends to a party at his house while the humans are away, they have a wild time and the police arrive on the scene.

Cyndi Lauper: A Memoir Simon and Schuster

"Originally published in Great Britain by Century, an imprint of Penguin Random House UK, London, in 2016"--Title page verso.

REQUIRED READING FOR PARENTS WHO WANT TO GIVE THEIR CHILD THE BEST START IN LIFE Must your charming five-month-old turn into a tiny terror? Are the "terrible twos" and public tantrums inevitable? Burton White, author of the classic *The First Three Years of Life*, doesn't think so. Basing his recommendations on thirty-seven years of research and observation, White shows how to bring up an independent, socially secure, and delightful child. In his groundbreaking and easy-to-follow book, White takes parents through the normal development stages of their child's first thirty-six months, recommending the best ways to: React to a child's intentional cry Cope with stranger anxiety, separation anxiety, and sibling rivalry Manage unacceptable behavior without causing emotional harm to a child or damaging the parent/child relationship Handle challenging sleep situations, calm a cranky newborn, and deal with the toddler's fine art of the whine All parents who want a peaceful, loving relationship with their child instead of a constant emotional tug-of-war will find that *Raising a Happy, Unspoiled Child* is the one book that must have a place on their shelf.

A family divided, a country going to war, and a girl desperate to feel at home converge in this stunning novel in verse. Selected for Summer/Fall 2020 Kids Indies Introduce List AND Fall 2020 Kids Indie Next List It's early September 2001, and twelve-year-old Abbey is the new kid at school. Again. I worry about people speaking to me / and worry just the same / when they don't. Tennessee is her family's latest stop in a series of moves due to her dad's work in the Army, but this one might be different. Her school is far from Base, and for the first time, Abbey has found a real friend: loyal, courageous, athletic Camille. And then it's September 11. The country is under attack, and Abbey's "home" looks like it

might fall apart. America has changed overnight. How are we supposed / to keep this up / with the world / crumbling / around us? Abbey's body changes, too, while her classmates argue and her family falters. Like everyone around her, she tries to make sense of her own experience as a part of the country's collective pain. With her mother grieving and her father prepping for active duty, Abbey must learn to cope on her own. Written in gorgeous narrative verse, Abbey's coming-of-age story accessibly portrays the military family experience during a tumultuous period in our history. At once personal and universal, it's a perfect read for fans of sensitive, tender-hearted books like *The Thing About Jellyfish*. An NCTE Notable Book in Poetry A Bank Street Best Children's Book of the Year

From renowned non-binary trans activist Joshua M. Ferguson comes a personal work of memoir and critical analysis that pushes for an inclusive understanding of sex and gender.

A founding member of Guns N' Roses shares the story of his career and private life, covering the band's rise to fame, overcoming alcoholism, and his experiences as a husband and father.

With refreshing candor, *Sounds Like Me* reveals Sara Bareilles, the artist—and the woman—on songwriting, soul searching, and what's discovered along the way. Sara Bareilles shares the joys and the struggles that come with creating great work, all while staying true to yourself. Imbued with humor and marked by Sara's confessional writing style, this collection tells the inside story behind some of her most popular songs. Most recently known for her chart-topper "Brave," Sara first broke through in 2007 with her multi-platinum single "Love Song." She has released five albums that have sold 2.5 million copies and spawned several hits. More than a privileged view inside the experience of a remarkable musical talent—this is a moving tribute to the universal search for growth, healing, and self-acceptance.

New York Times bestselling poet and multi-platinum singer-songwriter Jewel explores her unconventional upbringing and extraordinary life in an inspirational memoir that covers her childhood to fame, marriage, and motherhood. When Jewel's first album, *Pieces of You*, topped the charts in 1995, her emotional voice and vulnerable performance were groundbreaking. Drawing comparisons to Joan Baez and Joni Mitchell, a singer-songwriter of her kind had not emerged in decades. Now, with more than thirty million albums sold worldwide, Jewel tells the story of her life, and the lessons learned from her experience and her music. Living on a homestead in Alaska, Jewel learned to yodel at age five, and joined her parents' entertainment act, working in hotels, honky-tonks, and biker bars. Behind a strong-willed family life with an emphasis on music and artistic talent, however, there was also instability, abuse, and trauma. At age fifteen, she moved out and tasked herself with a mission: to see if she could avoid being the kind of statistic that her past indicated for her future. Soon after, she was accepted to the prestigious Interlochen Arts Academy in Michigan, and there she began writing her own songs as a means of expressing herself and documenting her journey to

find happiness. Jewel was eighteen and homeless in San Diego when a radio DJ aired a bootleg version of one of her songs and it was requested into the top-ten countdown, something unheard-of for an unsigned artist. By the time she was twenty-one, her debut had gone multiplatinum. There is much more to Jewel's story, though, one complicated by family legacies, by crippling fear and insecurity, and by the extraordinary circumstances in which she managed to flourish and find happiness despite these obstacles. Along her road of self-discovery, learning to redirect her fate, Jewel has become an iconic singer and songwriter. In *Never Broken* she reflects on how she survived, and how writing songs, poetry, and prose has saved her life many times over. She writes lyrically about the natural wonders of Alaska, about pain and loss, about the healing power of motherhood, and about discovering her own identity years after the entire world had discovered the beauty of her songs.

In this “highly entertaining snapshot of a wild-frontier moment in pop culture” (*Rolling Stone*), discover the wild and explosive true story of the early years of MTV directly from the original VJs. Nina Blackwood, Mark Goodman, Alan Hunter, and Martha Quinn (along with the late J. J. Jackson) had front-row seats to a cultural revolution—and the hijinks of pop music icons like Adam Ant, Cyndi Lauper, Madonna, and Duran Duran—as the first VJs on the fledgling network MTV. From partying with David Lee Roth to flying on Bob Dylan's private jet, they were on a breakneck journey through a music revolution. Going beyond the compelling behind the scenes tales of this unforgettable era, *VJ* is also a coming-of-age story about the 1980s, its excesses, controversies, and everything in between. “At last—the real inside story of the MTV explosion that rocked the world, in all its giddy excess, from the video pioneers who saw all the hair, drugs and guitars up close. *VJ* is the wild, hilarious, addictive tale of how one crazy moment changed pop culture forever” (Rob Sheffield, *New York Times* bestselling author).

There is an ever-increasing number of books on improvisation, ones that richly recount experiences in the heat of the creative moment, theorize on the essence of improvisation, and offer convincing arguments for improvisation's impact across a wide range of human activity. This book is nothing like that. In a provocative and at times moving experiment, Gary Peters takes a different approach, turning the philosophy of improvisation upside-down and inside-out. Guided by Kant, Hegel, Heidegger, and especially Deleuze—and exploring a range of artists from Hendrix to Borges—Peters illuminates new fundamentals about what, as an experience, improvisation truly is. As he shows, improvisation isn't so much a genre, idiom, style, or technique—it's a predicament we are thrown into, one we find ourselves in. The predicament, he shows, is a complex entwinement of choice and decision. The performativity of choice during improvisation may happen “in the moment,” but it is already determined by an a priori mode of decision. In this way, improvisation happens both within and around the actual moment, negotiating a simultaneous past, present, and future.

Examining these and other often ignored dimensions of spontaneous creativity, Peters proposes a consistently challenging and rigorously argued new perspective on improvisation across an extraordinary range of disciplines. The perfect gift for fans of *The Big Lebowski*, Jeff Bridges's "The Dude", and anyone who could use more Zen in their lives. Zen Master Bernie Glassman compares Jeff Bridges's iconic role in *The Big Lebowski* to a Lamed-Vavnik: one of the men in Jewish mysticism who are "simple and unassuming," and "so good that on account of them God lets the world go on." Jeff puts it another way. "The wonderful thing about the Dude is that he'd always rather hug it out than slug it out." For more than a decade, Academy Award-winning actor Jeff Bridges and his Buddhist teacher, renowned Roshi Bernie Glassman, have been close friends. Inspiring and often hilarious, *The Dude and the Zen Master* captures their freewheeling dialogue and remarkable humanism in a book that reminds us of the importance of doing good in a difficult world.

As lead singer and songwriter of Twisted Sister, Dee Snider became the poster boy for heavy metal, hair bands, and the wild side of rock. Now, in his twisted new memoir, he reveals the real stories behind the crazy makeup, the big hair, and hits like "We're Not Gonna Take It" and "I Wanna Rock." Filled with entertaining anecdotes and candid confessions, *Shut Up and Give Me the Mic* takes you through the good times and bad with a heavy metal star who worked as hard as he played, and who did it all for his wife, four kids, and millions of fans.

The story of Heart is a story of heart and soul and rock 'n' roll. Since finding their love of music and performing as teenagers in Seattle, Washington, Ann Wilson and Nancy Wilson, have been part of the American rock music landscape. From 70s classics like "Magic Man" and "Barracuda" to chart-topping 80s ballads like "Alone," and all the way up to 2012, when they will release their latest studio album, *Fanatic*, Heart has been thrilling their fans and producing hit after hit. In *Kicking and Dreaming*, the Wilsons recount their story as two sisters who have a shared over three decades on the stage, as songwriters, as musicians, and as the leaders of one of our most beloved rock bands. An intimate, honest, and a uniquely female take on the rock and roll life, readers of bestselling music memoirs like *Life* by Keith Richards and *Does the Noise in My Head Bother You?* will love this quintessential music story finally told from a female perspective.

This memoir by Black 47 front man Larry Kirwan begins in Wexford and traces the impact on a young Kirwan of his Irish Republican grandfather, his mysterious and often absent deep-sea sailing father and his first bandleader Elvis Murphy. These influences propelled him to the Dublin of the early 70s and later Kirwan emigrated to New York, where he eventually formed the political rock band Black 47. He gives a dry-eyed and unsparing account of the tumultuous trajectory of Black 47 and of the band's ongoing political commitment and opposition to the war in Iraq.

The former lead singer of the Go-Go's and Nutrisystem spokesperson recounts her career both as a woman band member and solo artist, describing her struggles with sobriety, self-esteem, and spirituality.

Get Free Cyndi Lauper A Memoir

For more than thirty years, Pat Benatar has been one of the most iconic women in rock music, with songs like "Heartbreaker," "Hit Me with Your Best Shot," and "Love Is a Battlefield" becoming anthems for generations of fans. Now, in this intimate and uncompromising memoir, one of the bestselling female rock artists of all time shares the story of her extraordinary career, telling the truth about her life, her struggles, and how she won things—her way. From her early days in the New York club scene of the 1970s to headlining sold-out arena tours, Benatar offers a fascinating account of a life spent behind the microphone and speaks candidly about the realities of breaking into the boys' club of rock and roll. Written with the attitude and defiance that embody Pat Benatar's music, *Between a Heart and a Rock Place* is a rock-and-roll story unlike any other, a remarkable tale of playing by your own rules even if that means breaking a few of theirs.

"Miles to Go is an affectionate but brutally honest (and bound to be controversial) account about working and living with Miles Davis during the latter period of the jazz maestro's career." "Told by Chris Murphy, a young, down-on-his-luck, Irish-American guitarist who devoted himself to Miles Davis, first as his roadie and assistant, and then as one of his most trusted road managers, *Miles to Go* is a frank and intimate exploration of Davis's eccentric working life, drug habits, paranoia, depression, and subsequent recovery. It also deals with Davis's troubled relationship with his children and the controversial role Cicely Tyson played in his life." --Book Jacket.

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