

Landmark Papers In Nephrology John Feehally

Evidence-based medicine is a concept that has come to the fore in the past few years. Clinicians are increasingly encouraged to practise patient management based on available evidence in the scientific literature. For example, new pharmacological therapies are only used when large randomized trials have 'proven' that a particular drug is better than existing ones. This is also the case in surgical specialties, although surgery has traditionally seen a lack of use of this information, with individual surgeon's preferences being most influential in treatment choices. However, more recently, there has been a large expansion of trials and studies aimed at providing surgeons with information to guide their choices using firm evidence. This book provides a detailed summary of the most important trials and studies in neurosurgery, allowing the reader to rapidly extract key results. Each chapter is written by a prominent international neurosurgeon in that particular field, making this book essential reading for all neurosurgeons and trainees in the field.

Dr. John Kellum has assembled an essential update on the topic of Nephrology as it relates to Critical Care Medicine. Articles include: Diagnostic criteria, Biomarkers for AKI, Sepsis-induced AKI, Drug-induced AKI, Cardio-renal syndrome, Surgery Associated AKI, Contrast-induced AKI, Principles of Fluid Therapy, Fluid composition and clinical effects, Renal replacement therapy, and Understanding acid-base. Rheumatic disease is a major cause of morbidity and disability in the Western world. There have been major developments in our understanding of the causes of rheumatic disease and in their treatment during the last half-century, and there are relatively few papers which can be regarded as truly 'landmark' in their construction and subsequent findings. Part of the Landmark Papers in series, this book provides a detailed review of the seminal papers that have paved the way for breakthroughs in the clinical management of the entire spectrum of rheumatic diseases.

Clinical Cardiology: Current Practice Guidelines Updated Edition is an essential tool for the busy clinician, offering succinct yet detailed access to the most recent trial and guideline data supporting practice and patient management in cardiology. ESC and ACC/AHA guidelines are continually updated and often overlap in their advice, making it difficult for the cardiologist to obtain a clear picture of the right way to diagnose and treat disease according to the latest evidence base. Written by leading authorities in the field, this book, together with its regularly-updated online version, provides a unique solution. The authors have scrutinized all available guidelines and research from both ACC/AHA and ESC on every clinical issue. The result is a rigorous examination of the implications of published guidance, illustrated by more than 600 easy-to-follow tables and 200 full-colour images, which reinforce key points and clarify difficult concepts. 87 comprehensive chapters explore the definition, epidemiology, pathophysiology, diagnosis and management of cardiac disease. Two new chapters examine the univentricular heart and venous thrombembolism. Each chapter encompasses the latest published research, followed by discussions of possible presentations and investigations, offering detailed insights for clinicians into best practice for diagnosis and treatment. Providing at-a-glance access to the best guidance in cardiology, this book offers a diagnosis and management toolkit which no practising cardiologist can afford to be without.

Advances in the practice of psychiatry have occurred in "fits and starts" over the last several decades. These advances are evident to anyone long affiliated with the field and are best appreciated through direct experience of living through the times. These advances can also be gleaned from historical overviews in textbooks or the recollections of one's teachers and mentors. Returning to the original papers that have

ushered in these changes is rarely done for various, mostly practical, reasons. Filtering through thousands of articles in psychiatry may prove daunting, access to the manuscripts may be limited (especially for papers not available electronically), and understanding their impact requires a broader context. Moreover, with so much active research currently occurring in various branches of psychiatry, current practitioners or trainees may find their attention focused on the present, and this is reinforced by electronic search algorithms, which return articles in reverse chronological order. Not surprisingly, citations for articles in virtually all fields decline precipitously for articles over five years old. As scholars and professionals, we are losing touch with our academic heritage. Yet navigating the future of psychiatry requires a firm understanding of its past. This resource serves as a guide for anyone seeking to understand the evolution of psychiatry as a scientific discipline. It does so by summarizing over 100 landmark papers in psychiatry and placing their scientific contributions within a historical context. An introductory section sets the stage for the major theoretical constructs within the field, with chapters devoted to ontology and nosology. Subsequent sections examine major facets of the theory and practice of psychiatry, such as pathogenesis of psychiatric illness, pharmacotherapy, psychotherapy, and somatic treatments. These sections are divided logically into chapters addressing important contributions to the understanding and treatment of specific disorders. A final section explores ethical considerations within each field. This framework echoes the complexity of psychiatry, which cannot be reduced to a single set of diagnoses or subspecialty categories. Highlighting the research trajectory of psychiatry, this resource will appeal to academics, trainees, and practitioners who desire a comprehensive, easy-to-read, up-to-date collection of psychiatry's pivotal moments. By understanding the challenges, inspirations, and insights from the past, readers will be better poised to address new and ongoing challenges within the field.

50 Studies Every Obstetrician-Gynecologist Should Know presents key studies that have shaped the practice of obstetrics and gynecology. Selected using a rigorous methodology, the studies cover topics including hypertension in pregnancy, infectious diseases of pregnancy, family planning, urogynecology, and more. For each study, a concise summary is presented with an emphasis on the results and limitations of the study, and its implications for practice. An illustrative clinical case concludes each review, followed by brief information on other relevant studies. This book is a must-read for obstetrician-gynecologists, internists, family practitioners, nurse practitioners, and midwives, as well as anyone who wants to learn more about the data behind clinical practice.

Landmark Papers in General Surgery will give surgeons, surgical trainees and other healthcare professionals an expert appraisal of key papers, and fast access to the evidence base behind current clinical practice in General Surgery. Each chapter draws together a fascinating selection of the most important clinical trials across every subspecialty within General Surgery, as selected and appraised by a panel of experts. Organized according to a common format, each discussion offers a clear structure by which to appraise the medical literature. Following a background summary of each trial, experts discuss the impact of the research and critique the methods used, giving the reader rapid understanding of the paper's place within the wider field of research. This emphasis on the tools of critical appraisal is enhanced by an introductory chapter equipping the reader with the skills required to knowledgeably appraise a research paper. For clinicians needing to keep abreast of the vast scope of medical research, this book will prove an interesting and timesaving resource, but it will also appeal to allied health professionals keen to improve the depth of their understanding of surgery. By bringing together the evidence base with expert guidance on critical appraisal, higher surgical trainees preparing for the academic and specialty sections of the FRCS exit examination will also find the text invaluable as a means of consolidating and nuancing their knowledge.

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This practical guide provides the reader with answers to important clinically relevant questions regarding the evaluation and management of acute kidney injury (AKI). All aspects of critical care nephrology are covered, from pathophysiology and diagnosis to prevention and treatment. The questions considered relate to a wide range of issues, such as: How do I diagnose AKI? How can I protect the kidney in clinical practice? How do I manage patients with AKI? When should I initiate and how do I perform renal replacement therapy (RTT)? Which type of RTT is most appropriate for my patient? Should I give specific nutrients? In addition to providing practical guidelines and treatment algorithms, the book includes calculators for continuous RRT and anticoagulant dosing. The authors are internationally renowned experts in the fields of Intensive Care Medicine and Nephrology and all contributions are written in a clear and concise style and have been peer reviewed. *Acute Nephrology for the Critical Care Physician* will serve as a very useful source for intensivists, internists, anesthesiologists and nephrologists involved in the management and treatment of critically ill patients at risk of or affected by AKI.

The increasing incidence and prevalence of allergic disease worldwide is one of the most remarkable phenomena of the past 50 years. One in three people in developed countries will experience an allergic condition at some point in their lives and advances in understanding the causes of this trend, and in allergy treatment and care, have captured the imagination of scientists, clinicians and the public. *Landmark Papers in Allergy* is a definitive collection of over 90 papers charting key discoveries and scientific advances in relation to allergy and the development of treatment and care for allergic disorders. Comprehensive in its coverage, the book includes the first clear descriptions of allergic diseases; the major advances in treatments, such as the discovery of antihistamines, cortisone, biological therapies and immunotherapy; the great immunological advances, such as the discovery of immunoglobulin E (IgE) and leukotrienes; the possible factors behind the increase in allergy, such as the house dust mite, changes in hygiene and diet; and the growing understanding of the social, psychological and quality-of-life consequences of allergy. Including authoritative commentaries from leading international experts providing reflections on the historical importance and current relevance of each landmark paper, *Landmark papers in Allergy* is essential reading for any clinician or academic with an interest in allergy.

The best-selling introduction to evidence-based medicine In a clear and engaging style, *How to Read a Paper* demystifies evidence-based medicine and explains how to critically appraise published research and also put the findings into practice. An ideal introduction to evidence-based medicine, *How to Read a Paper* explains what to look for in different types of papers and how best to evaluate the literature and then implement the findings in an evidence-based, patient-centred way. Helpful checklist summaries of the key points in each chapter provide a useful framework for applying the principles of evidence-based medicine in everyday practice. This fifth edition has been fully updated with new examples and references to reflect recent developments and current practice. It also includes two new chapters on applying evidence-based medicine with patients and on the common criticisms of evidence-based medicine and responses. *How to Read a Paper* is a standard text for medical and nursing schools as well as a friendly guide for everyone wanting to teach or learn the basics of evidence-based medicine.

In the past decade, CRRT has moved from a niche therapy within specific specialty centers to the standard of care for management of critically ill patients with acute renal failure. Continuous Renal Replacement Therapy provides concise, evidence-based, to-the-point bedside guidance about this treatment modality, offering quick reference answers to clinicians' questions about treatments and situations encountered in daily practice. Organized into sections on Theory; Practice; Special Situations; and Organizational Issues, Continuous Renal Replacement Therapy provides a complete view of CRRT theory and practice. Generous tables summarize and highlight key points, and key studies and trials are listed in each chapter.

Based on the Oxford Textbook of Clinical Nephrology and companion to the Oxford Handbook of Dialysis, this handbook provides clear information and practical advice about the day-to-day management of patients with renal disease.

Written by leading American practitioners, the Oxford American Handbooks of Medicine each offer a pocket-sized overview of an entire specialty, featuring instant access to guidance on the conditions that are most likely to be encountered. Precise and prescriptive, the handbooks offer up-to-date advice on examination, investigations, common procedures, and in-patient care. These books will be invaluable resources for residents and students, as well as a useful reference for practitioners. This unique pocket book provides rapid access to evidence-based guidelines and practical advice about the day-to-day management of patients with renal disease. Consisting of twelve chapters, including clinical assessment, acute renal failure, chronic kidney disease, and renal replacement therapies, the handbook allows easy access to precise, prescriptive information. In line with contemporary nephrological practice, a significant portion of the handbook deals with the problem of hypertension, a major cardiovascular risk factor and the most common indication for prescription drug therapy. It is an invaluable resource for residents, as well as a useful reference for practitioners. The Oxford American Handbook of Nephrology and Hypertension is the indispensable source on the subject right in your pocket! Why choose the Oxford American Handbook of Nephrology and Hypertension? The design.... The Handbook uses a unique flexicover design that's durable and practical. Compact, light, and fits in your pocket! Also has quick reference tabs, four-color presentation, and bookmark ribbons to help provide fast answers. The interior layout.... The Handbook is a quick reference in a small, innovative package. With one to two topics per page, it provides easy access and the emergency sections are in red to stand out. Icons throughout aid quick reference. The information.... The Handbook succinctly covers all the essential topics in a one or two-page spread format with colored headings that break up the text and provide a logical structure for readers of all levels. Common clinical questions are answered clearly and extensively. The history.... Oxford University Press is known around the world for excellence, tradition, and innovation. These handbooks are among the best selling in the world. The price.... You get an extremely useful tool at a great value!

Metabolic and electrolyte disorders can pose special challenges to physicians caring for the critically ill patients. Constrained by time and circumstances, clinicians require rapid access to information to help assess and manage these often life-threatening conditions. In this book, a readily useable road map is presented, emphasizing the interactions among problems and suggesting clear lines of action. Keeping the physiopathological mechanisms to the essential, and maintaining an uncluttered format, each

chapter provides guidelines to understanding "how did we get here" and "what should we do now", as quickly and safely as possible. Chapters describe clinical presentation and management of the most common renal, electrolyte, acid-base, metabolic and endocrine disorders, complicating the course of critically ill patients. Contributing authors are all experts in their respective fields, who regularly engage in the day-to-day management of critically ill patients. In a rapidly changing field, the authors have endeavored to maintain an updated approach, emphasizing the most recent evidence on diagnosis and management. Although controversy in the interpretation and management of some problems is inevitable, the editors see it as a desirable way to depict differing interpretations and solutions for each problem. Each chapter ends with a selected list of key references to facilitate in-depth review of each subject. As with other titles in the Pittsburgh Critical Care Medicine series, this book is intended for frequent use by both "budding experts" as well as by seasoned practitioners in need for of quick and effective reference.

"Clinical nephrology is an evolving specialty in which the amount of available information is growing daily, and is spread across a myriad of books, journals, and websites. The Oxford Desk Reference: Nephrology is an essential resource which brings this information together in an easy-to-use format enabling the reader to access it when they need it most."

"This book combines up-to-date, relevant, and evidence-based information on the management of renal disease. It is designed so that each subject forms a self-contained topic, laid out with the key aim of providing rapid and easy access to information. It should be consulted in the clinic or ward setting for guidance on the optimum management of a particular condition." "With chapters written by an international group of leading figures within the field, this book is an essential resource for all nephrologists and allied professionals." --Book Jacket.

A new edition of this practical guide for clinicians who are developing tools to measure subjective states, attitudes, or non-tangible outcomes in their patients, suitable for those who have no knowledge of statistics.

Evidence-based medicine is a concept that has come to the fore in the past few years. Clinicians are increasingly encouraged to practise patient management based on available evidence in the scientific literature. For example, new pharmacological therapies are only used when large randomized trials have 'proven' that a particular drug is better than existing ones. This is also the case in surgical specialties, although surgery has traditionally seen a lack of use of this information, with individual surgeon's preferences being most influential in treatment choices. However, more recently, there has been a large expansion of trials and studies aimed at providing surgeons with information to guide their choices using firm evidence. This new edition has been revised and expanded to include new data where relevant, and also features a new chapter on pituitary surgery. Landmark Papers in Neurosurgery, Second Edition, remains a key collection of the most important trials and studies in neurosurgery, allowing the reader to rapidly extract key results, and making it essential reading for all neurosurgeons and trainees in the field.

Otolaryngological conditions affect people of all ages from newborns to older members of society, and have serious consequences for daily functions such as breathing, taste, and communication. There is a constant desire to understand the best evidence for current practice in a constantly evolving field such as medicine, and key publications underpin this contemporary knowledge. Landmark Papers in Otolaryngology presents a distilled summary of 99 of the classic, ground-breaking, and significant publications in the field of otolaryngology that are of essential relevance to the speciality today. Each paper is described, critiqued, and brought into the context of modern-day practice by a carefully selected team of international authorities from each subspecialist area to provide the reader with a clear understanding of the key publications in otolaryngology. Whether your aim is to understand the origins of otolaryngology, to review advances in key areas, or to gain insight from experts, this book offers a wealth of knowledge for everyone in the field, from the new trainee to the senior clinician. Landmark Papers in Otolaryngology is an invaluable and easily accessible reference text for all practitioners in the field, as well as those in overlapping specialities such as maxillofacial surgery, neurology, and plastic surgery.

Because of the increase in serious kidney diseases, including end-stage renal disease, your role as a nephrologist, intensivist, surgeon, or critical care physician is quickly expanding. Well received in its 1st edition, this 2nd edition continues to provide comprehensive coverage of the latest advances in critical care procedures for the adult or pediatric patient with renal diseases or disorders. Presents a common language and standardized guidelines to help multi-disciplinary physicians caring for the critically ill communicate more effectively. A new US editor, detailed discussions of different forms of organ support, artificial organs, infections, acute illness occurring in chronic hemodialysis patients, and much more make this book an exceptional resource for anyone who treats critically ill renal patients. Presents a multi-disciplinary and international approach to critical renal care for a thorough and integrated presentation of how to care for critically ill patients with renal disease or complications. Addresses the full range of renal problems, from epidemiology to monitoring and diagnostic procedures to pathophysiology of organ systems in relation to kidney failure. Provides details on different forms of organ support, including liver, lung, and cardiac therapy. Defines common guidelines in nephrology and critical care medicine for better communication among clinicians. Places a special emphasis on therapeutic interventions and treatment procedures for a hands on clinical reference tool. Features a new US editor, Dr. John Kellum, who incorporates his expertise in critical care medicine to the 2nd edition and extends the breadth of coverage with a North American perspective. Discusses new techniques in the field providing you with a comprehensive review of the experimental and clinical work being done. Features shorter, more focused chapters to help you access key facts quicker.

Cancer and the Kidney covers the challenging overlap area of nephrology and oncology, both in terms of kidney problems in cancer patients, and cancer that affects kidney patients, including assessment of kidney function, to paraneoplastic disorders, acquired cysts and native kidney cancers, and all points inbetween.

What exactly is involved in using particular case histories to think systematically about social, psychological and historical processes? Can one move from a textured particularity, like that in Freud's famous cases, to a level of reliable generality? In this book, Forrester teases out the meanings of the psychoanalytic case, how to characterize it and account for it as a particular kind of writing. In so doing, he moves from psychoanalysis to the law and medicine, to philosophy and the constituents of science. Freud and Foucault jostle here with Thomas Kuhn, Ian Hacking and Robert Stoller, and Einstein and Freud's connection emerges as a case study of two icons in the general category of the Jewish Intellectual. While Forrester was particularly concerned with analysing the style of reasoning that was dominant in psychoanalysis and related disciplines, his path-breaking account of thinking in cases will be of great interest to scholars, students and professionals across a wide range of disciplines, from history, law and the social sciences to medicine, clinical practice and the therapies of the world.

Pain Medicine, a relatively new specialty, has proven increasingly relevant to medical practitioners in every field. The specialism of pain has emerged over the past 50 years, largely due to the persistence of experts and new medical evidence that points to its necessity. Today, it is a distinct and integral part of global medical practice. Landmark Papers in Pain offers a comprehensive inventory of over 80 key studies in pain medicine from the last 100 years. Each paper is accompanied by a concise commentary on the significance of the original findings written by an expert in pain. The reviews discuss how the paper influenced the development of the speciality, and how the findings have advanced our global comprehension of pain. Together, the selected papers and reviews chart the growth of an embryonic field into the modern speciality of pain medicine. Compiled by leading specialists in the field, the papers included in this book are significant for any student, researcher, clinical practitioner, or medical historian interested in pain medicine. Organised into eight distinct topics and cross-referenced by topics and author of original paper, the book is comprehensive in its coverage and easy to use. A review of the contemporary and historical research that shaped the speciality of pain, Landmark Papers in Pain is essential reading for all medical practitioners with an interest in pain medicine.

The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominate with practitioners of each specialty. "A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read." --Review from a 4th year Medical Student

Medical students and junior and senior doctors are frequently called upon to give research presentations, write reports, and answer exam questions on specific areas of medical research. Understanding Medical Research: The Studies That Shaped Medicine is an exciting new title that offers a unique and valuable approach to understanding historically influential studies in important areas of medicine. Featuring chapters

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from Sir Liam Donaldson and Sir David Weatherall, amongst others, world leading researchers identify ten primary research papers that have shaped the direction of research in their given topic, examining why they were carried out, key findings, and how they changed the field. Each chapter also contains short sections on 'Key Questions Remaining?' which outline outstanding areas where further research is needed, and a link to 'Key Laboratories/Clinics?' which point the reader to major research groups of international standing. Covering the seminal research in core areas of medicine, *Understanding Medical Research* provides an authoritative framework on each topic for medical students and healthcare professionals.

Kidney Transplantation, Bioengineering, and Regeneration: Kidney Transplantation in the Regenerative Medicine Era investigates how the field of regenerative medicine is changing the traditional premises of solid organ transplantation, specifically within the field of kidney transplantation. In Section 1, chapters illustrate the state of the art in kidney transplantation as well as the research behind the bioengineering and regeneration of kidney organoids for therapeutic renal replacement. In Section II, chapters catalog the technologies that are being developed and the methods that are being implemented to bioengineer or regenerate kidneys in order to restore function, while critically highlighting those technological advances which hold the most promise. The book thus encompasses clinical renal transplantation, tissue engineering, biomaterial sciences, stem cell biology, and developmental biology, as they are all applied to the kidney. Focuses on the synergy between renal organ transplantation and regenerative medicine, highlighting the advances within transplantation, bioengineering, regeneration, and repair Educates the transplant community on important regenerative medicine research pertinent to kidney transplantation Develops a shared language for clinicians, surgeons, and basic researchers to reach across the fields of transplantation and regenerative medicine, and facilitate more productive investigation and research Catalogs the technologies being developed and methods being implemented to bioengineer or regenerate kidneys to restore function

This book selects the most important scientific papers related to kidney disease and comments on their significance within the wider field. Fascinating reading for both nephrologists and medical historians, no doubt giving rise to further debate over the origins and progress of nephrology.

50 Studies Every Psychiatrist Should Know presents key studies that have shaped the practice of psychiatry. Selected using a rigorous methodology, the studies cover topics including: psychotic disorders, depressive disorders, women's mental health, child and adolescent disorders, and epidemiological studies. For each study, a concise summary is presented with an emphasis on the results and limitations of the study, and its implications for practice. An illustrative clinical case concludes each review, followed by brief information on other relevant studies. This book is a must-read for health care professionals and anyone who wants to learn more about the data behind clinical practice. The revised, updated Fourth Edition of this popular handbook provides practical, accessible information on all aspects of dialysis, with emphasis on day-to-day management of patients. Chapters provide complete coverage of hemodialysis, peritoneal dialysis, special problems in dialysis patients, and problems pertaining to various organ systems. This edition reflects the latest guidelines of the National Kidney Foundation's Kidney Disease Outcomes Quality Initiative (KDOQI) on hemodialysis and peritoneal dialysis adequacy and on nutrition. New chapters cover chronic kidney disease management in predialysis patients, frequent daily or nocturnal hemodialysis, and hemodiafiltration. Chapters on venous and arteriovenous access have been completely revised. Each chapter provides references to relevant Web sites. Critiquing key papers in the field, *Landmark Papers in General Surgery* gives surgeons and trainees an expert appraisal and contextual discussion of the evidence base behind current clinical practice, all in a clear and easy-access layout.

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Brings together the ten most important papers for each sub-speciality within neurology, covering the full range of major neurological conditions. Papers are selected by international experts, who not only summarize what each paper showed, but place them into a wider context demonstrating how their sub-speciality has developed.

The responsibilities of the Pediatric Nephrologist in the Nephrologist and other involved specialists is vital to critical care setting are multifaceted. Management of optimize the outcome for each individual child. acute renal failure with and without renal replacement In this first edition of the book, we have included therapy, fluid and electrolyte abnormalities and hyper- chapters focused on general topics in pediatric nephro- tensive emergencies are only some of the major clinical ogy that are most germane to the care of the critically circumstances where the renal specialist is involved in ill child. We have tried to look at the clinical situations the care of children admitted to the Pediatric Intensive from the aspect of both the Pediatric Intensivist and Care Unit. Due to the complex and specialized care renal specialist. We hope that this book will supply the required, critical care nephrology could even be consid- medical providers with a framework to approach the ered a separate entity compared to the clinical scenar- challenges faced in practicing Pediatric Intensive Care ios treated in the outpatient setting or on the inpatient Nephrology. pediatric ward.

50 Studies Every Internist Should Know presents key studies that shape today's practice of internal medicine. Selected using a rigorous methodology, the studies cover topics including: preventative medicine, endocrinology, hematology and oncology, musculoskeletal diseases, nephrology, gastroenterology, infectious diseases, cardiology, pulmonology, geriatrics and palliative care, and mental health. For each study, a concise summary is presented with an emphasis on the results and limitations of the study, and its implications for practice. An illustrative clinical case concludes each review, followed by brief information on other relevant studies. This book is a must-read for health care professionals and anyone who wants to learn more about the data behind clinical practice.

This benchmark textbook for trainees and cardiologists throughout Europe and elsewhere is now fully revised and updated. Mapped closely to the European Society of Cardiology Core Curriculum, supplemented with videos and downloadable images and accompanied by a fully searchable online version with linked full reference listings. Enhanced with EBAC accredited CME self-assessment.

Landmark Papers in Cardiovascular Medicine provides a thorough and wide-ranging analysis of core examples of novel research, clinical trials and seminal papers published in the medical literature that have paved the way for breakthroughs in the management of the entire spectrum of cardiovascular disease. These papers may have produced positive, negative or equivocal findings but are regarded by the experts as having either stimulated a paradigm shift in therapeutic strategy or been the catalyst for new and improved methods of research, diagnosis or drug development. Our aim is to provide both a benchmark and inspiration for future work in the field of cardiovascular medicine and also to give the reader an insight into the mechanics and infrastructure of how high-quality evidence-based medicine has been produced. Each trial summary is punctuated by sections on 'strengths and limitations', 'impact on the field', 'learning points' and 'further reading' suggestions that allow for a completely holistic analysis of the data. The experts also give their views on what research is currently underway, their hopes for the future and what advances they predict will occur in each subspecialty field of cardiovascular medicine, making this book essential reading for all those individuals with an interest in the field.

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