

## Health And Human Behaviour

This work introduces students to the variety of approaches to old and new public health, by placing them in the broader context of conditions and structures in society. Practical in its approach, this introductory text features a wide range of examples and case studies.

This book covers over 24 country studies on various dimensions associated with the geographical spread of COVID-19. The chapters in the book, from geographically diversified countries, assert the need to undertake intensive regional research in order to understand the global pattern of Coronavirus focusing on infection migration, and indigenous origin that has caused tremendous global economic, social and health disaster. The book contends that understanding of peoples' behaviour is crucial towards safety measures against infection, as COVID-19 impacted to a greater extent social wellbeing of population because of lockdowns in all corners of the world. Some of the countries featured are USA, France, Italy, Hong Kong, South Korea, Canada, Australia, Pacific Islands, Russia, Taiwan, Thailand, Malaysia, Indonesia, India, South Africa, Nigeria, Mexico, Peru and Brazil.

This new and updated edition of the vital human behavior textbook for graduate-level social work students emphasizes the biopsychosocial framework with a psychodynamic and developmental perspective, with updated information on contemporary thinking and the application of postmodern theory. Written from the perspective of a classroom teacher, faculty advisor, and clinician, Human Behavior in the Social Environment discusses current social issues such as older people, violence, and abuse. The book approaches development through the life cycle, discussing the developmental challenges, tasks, and problems of each stage. Presenting complex concepts in a clear and understandable way, it also examines and integrates systems and organizational factors, as well as the impact of culture on clients and treatment programs. A helpful instructor's manual accompanies this text, and is available as a free download from <http://www.routledge.com/9780789034182>. Human Behavior in the Social Environment looks at: the biopsychosocial perspective psychoanalytic and ego psychology theories object relations, self psychology, and cognitive-behavioral theories postmodern theories: constructivism, relational therapy, narrative theory, and resilience social systems in the community culture and diversity forms and organizations of the family internal family structures and special family problems reproductive issues, infancy, and early childhood development, middle childhood and adolescence adult development life transitions, turning points, crises, and loss illness and disability; mental health problems and much more! With case vignettes, chapter-by-chapter learning exercises, and additional readings, as well as material from literary works, biographies, and newspapers, this copiously-referenced volume illustrates the complexities of human existence, the multiple social conflicts operating in society, and the relevance of social policy dilemmas. While especially designed to benefit and enlighten graduate social work students it is also a valuable resource for undergraduate social work students as well as beginning and advanced readers in human services such as nursing, medicine, public health, clinical psychology, counseling, who will find this both a helpful review and source of new knowledge.

Aimed at undergraduate courses in health psychology, this text takes a broad approach to the study of the science that connects behaviour to health and health to behaviour, going beyond the study of psychological processes to examine this field from a variety of perspectives.

Islamic Psychology or ilm an-nafs (science of the soul) is an important introductory textbook drawing on the latest evidence in the sub-disciplines of psychology to provide a balanced and comprehensive view of human nature, behaviour and experience. Its foundation to develop theories about human nature is based upon the writings of the Qur'an, Sunna, Muslim scholars and contemporary research findings. Synthesising contemporary empirical psychology and Islamic psychology, this book is holistic in both nature and process and includes the physical, psychological, social and spiritual dimensions of human behaviour and experience. Through a broad and comprehensive scope, the book addresses three main areas: Context, perspectives and the clinical applications of applied psychology from an Islamic approach. This book is a core text on Islamic psychology for undergraduate and postgraduate students and those undertaking continuing professional development in Islamic psychology, psychotherapy and counselling. Beyond this, it is also a good supporting resource for teachers and lecturers in this field.

Artificial Intelligence in Behavioral and Mental Health Care summarizes recent advances in artificial intelligence as it applies to mental health clinical practice. Each chapter provides a technical description of the advance, review of application in clinical practice, and empirical data on clinical efficacy. In addition, each chapter includes a discussion of practical issues in clinical settings, ethical considerations, and limitations of use. The book encompasses AI based advances in decision-making, in assessment and treatment, in providing education to clients, robot assisted task completion, and the use of AI for research and data gathering. This book will be of use to mental health practitioners interested in learning about, or incorporating AI advances into their practice and for researchers interested in a comprehensive review of these advances in one source. Summarizes AI advances for use in mental health practice Includes advances in AI based decision-making and consultation Describes AI applications for assessment and treatment Details AI advances in robots for clinical settings Provides empirical data on clinical efficacy Explores practical issues of use in clinical settings

Examines the contribution of psychological theory to our understanding of human behaviour at work. It covers both personnel issues such as a selection and training and organizational issues such as decision making. This edition includes new material and coverage of organizational culture and design. unfamiliar with the theory of work psychology as well as those with a basic grounding in the subject. There is also new material on change and development and the issue of power at individual, group and organizational levels. It contains case studies and practical illustrations. An instructor's manual available with suggested short answer, essay and project assignments based on the content of each chapter.

Sedentary behaviour – too much sitting as distinct from too little physical activity – is now recognised as an independent risk factor for several health outcomes and premature mortality. This is problematic as technological advancements in transportation, communications, workplaces, and domestic entertainment has created environments that encourage engagement in sedentary behaviour. Evidence from observational epidemiology shows that prolonged sitting is associated with increased risk of disease and adverse risk marker levels including type 2 diabetes, cardiovascular diseases, some cancers, obesity, glucose tolerance, and lipids. Importantly, the associations between prolonged sitting and these health markers are independent of time spent

in moderate-to-vigorous physical activity. Intriguingly, observational studies employing objective measures of sedentary time patterns using accelerometry have shown that adults who interrupt their sedentary time more frequently (breaks in sedentary time) have improved cardiometabolic profiles than those whose sedentary time is mostly uninterrupted. These beneficial associations are independent of total sedentary time and time spent in moderate-to-vigorous physical activity. In light of this evidence, experimental studies are now being conducted to identify novel mechanisms and potential causal relationships. It has been suggested that loss of muscular contractile stimulation induced through sitting impairs skeletal muscle metabolism of lipids and glucose and that the molecular processes through which these responses occur may be separate from the pathways activated when engaging in exercise. This Research Topic aims to bring together contributions from researchers to advance the sedentary behaviour research agenda and strengthen the case for reducing and breaking up sitting time in primary prevention and disease management contexts.

This volume explores the diverse ways in which the evolution of human behaviour can be investigated, and confronts the most challenging aspects of the subject.

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Though psychology is a comparatively 'younger' subject as compared to allied subjects like Philosophy, Anthropology and Sociology, recent years have witnessed remarkable strides in its study. Indeed, writings on the subject have been both prodigious and prolific because of the enormous interest evinced by those interested in psychology and because human behaviour—both complex and simple—is such a fascinating subject for study and research. This accessible and student-friendly text shows the 'what,' 'why' and 'how' of human behaviour patterns. The text emphasizes controlled and systematic studies to explain such behavioural aspects as sensing, perceiving, modifications of human behaviour, memorizing, the recollection of past events, and affecting processes. The text is interspersed with many examples to illustrate the concepts discussed. The concepts are well-supported with experimental as well as observational facts. What's more, the book acquaints the reader with the recent advances in the field of psychology. **KEY FEATURES** ? Liberal use of examples to give a clear idea of the concept discussed. ? Step-by-step analysis of various psychological facts to facilitate better understanding of the subject. ? Presentation of new advances and discoveries in the field of various psychological processes. ? Glossary of terms besides chapter-end exercises and summaries. Primarily intended as a text for undergraduate students of psychology, the book can also be profitably used by postgraduate students and all those who have an abiding interest in the study of human behaviour.

In recent years, a new discipline has arisen that argues human behaviour can be understood in terms of evolutionary processes. *Evolutionary Explanations of Human Behaviour* is an introductory level book covering evolutionary psychology, this new and controversial field. The book deals with three main areas: human reproductive behaviour, evolutionary explanations of mental disorders and the evolution of intelligence and the brain. The book is particularly suitable for the AQA-A A2 syllabus, but will also be of interest to undergraduates studying evolutionary psychology for the first time and anyone with a general interest in this new discipline.

*Introduction to the psychology of health and illness*. Examines how our environment, behaviour, beliefs, and emotions affect our health, and how our health affects the environment and our behaviour. Looks at reactions to illness, development and change in health behaviour, how to change health behaviour, cognition and health beliefs, vulnerability and capability, human development and health, psyche and soma (mind and body), coping with stress, influences and inequalities in culture, society, and family and the prevention of illness and promotion of health. Includes case studies, glossary, references and index. Author is Associate Professor in the Department of Psychological Medicine at Monash University in Melbourne, and winner of the 1999 ANZAME Award for Achievement in Education.

The essential health behavior text, updated with the latest theories, research, and issues *Health Behavior: Theory, Research and Practice* provides a thorough introduction to understanding and changing health behavior, core tenets of the public health role. Covering theory, applications, and research, this comprehensive book has become the gold standard of health behavior texts. This new fifth edition has been updated to reflect the most recent changes in the public health field with a focus on health behavior, including coverage of the intersection of health and community, culture, and communication, with detailed explanations of both established and emerging theories. Offering perspective applicable at the individual, interpersonal, group, and community levels, this essential guide provides the most complete coverage of the field to give public health students and practitioners an authoritative reference for both the theoretical and practical aspects of health behavior. A deep understanding of human behaviors is essential for effective public health and health care management. This guide provides the most complete, up-to-date information in the field, to give you a real-world understanding and the background knowledge to apply it successfully. Learn how e-health and social media factor into health communication Explore the link between culture and health, and the importance of community Get up to date on emerging theories of health behavior and their applications Examine the push toward evidence-based interventions, and global applications Written and edited by the leading health and social behavior theorists and researchers, *Health Behavior: Theory, Research and Practice* provides the information and real-world perspective that builds a solid understanding of how to analyze and improve health behaviors and health.

This addition to Anissa Rogers' bestselling *Human Behavior in the Social Environment* expands the original text with new chapters on spirituality, families and groups, organizations, and communities. Written in the compact, concise manner of the original text, the new chapters cover mezzo and macro contexts, and offer additional material valuable to two- and three-semester HBSE courses.

*The Significance of High Value in Human Behaviour* is an innovative conceptualisation of how the quest for a high self-worth works as a psychosocial dynamic, presenting the

idea that feelings of impotence and low self-esteem induce a powerful impetus on negative human action. This book gives an account of what it means to base a whole psychological perspective on high value, which has been an understudied aspect of human action. Employing an ethnographical approach, the book uses client observations and social research to promote original solutions in an empathetic and engaging manner for psychological support services aiding isolated individuals. It considers the concept of a valuable self and examines the negative effects within the personality which can be generated when this drive for a valuable self is blocked through human devaluation or violence. The Significance of High Value in Human Behaviour will appeal to academics and post-graduate students in the fields of psychology and psychotherapy, psychotherapists with specialist interests in loneliness and self-worth, and sociologists concerned with the psychology of the self.

Empowering professionals in today's dynamic health care field, UNDERSTANDING HUMAN BEHAVIOR, 9e, equips readers with a solid understanding of basic psychological concepts from a health care perspective. Reflecting the latest research and practices, the text offers streamlined coverage that spans a broad range of important mental health topics -- as well as their implications for health care professionals. It includes expanded coverage of cultural bias and cultural competence; developmental disorders; trauma-informed care; drug use in the U.S.; alternative, complementary, and integrative medicine; stress-management techniques; and much more. Looking at issues from both the client's and caregiver's perspectives, this powerful resource explores a wide range of behaviors, emotions, and coping mechanisms you may encounter in a variety of health care situations and settings. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

In this exciting new volume, six of the world's leading scholars write about the contribution made to our understanding of human behaviour and the human mind by seven great figures of the last 100 years: Lorenz and Tinbergen, Skinner, Piaget, Freud, James and Galton. Their seminal work on ethology, behaviourism, child development, psychoanalysis, perception and heredity provide the basis for much of today's psychological thinking and research. An account of the thought of each key figure is given together with a brief biography. Each contribution is written so that it can be understood by anyone interested in ideas of these major figures. Based on a series of lectures given at Trinity College, Dublin, Seven Pioneers of Psychology provides a clear, accessible and extremely readable account of seven of the great pioneers in exploring the human condition.

A rare achievement, one of the first books to link technological and behavioural change to the sustainability agenda Charles Landry, author of The Creative City Any course interested in sustainable development in practice would benefit from the case studies here Dr Adrian Smith, SPRU Science and Technology Policy Research Unit, University of Sussex, UK Two disjointed voices can be identified in the prevailing sustainability discourse: one technology-focused, the other favouring behavioural solutions. This new, practical text bridges the gap in a 'co-evolutionary' framework, enabling more sustainable policies and projects to be developed. Arguing that technical and social realms are much more connected than most people concerned with sustainability tend to admit, the author has developed an innovative and integrated strategy that encourages planners, architects and politicians to work with end-users in 'co-designing' technologies and infrastructures that make socially desired behaviours more attractive. Having explained the nature of the problem, the author outlines key concepts and shared characteristics of co-evolutionary projects and anticipates possible criticisms. Through detailed analysis and diverse case studies, the reader is presented with a clear picture of a more holistic approach to planning sustainable cities and regions, which will be invaluable for students and professionals alike. This will be an invaluable textbook and planning tool suitable for students of science and technology studies (STS), regional policy and planning, and practitioners including city and regional planners, policy makers and consultants.

This 1995 volume demonstrates the application of Beckerian theory upon a wide range of social and political activity.

The book covers fundamental issues such as the origins and function of sexual reproduction, mating behavior, human mate choice, patterns of violence in families, altruistic behavior, the evolution of brain size and the origins of language, the modular mind, and the relationship between genes and culture.

Developed from the author's long teaching career, How to Rethink Human Behavior aims to cultivate practical skills in human observation and analysis, rather than offer a catalogue of immutable 'facts'. It synthesizes key psychological concepts with insights from other disciplines, including sociology, social anthropology, economics, and history. The skills detailed in the book will help readers to observe people in their contexts and to analyze what they observe, in order to make better sense of why people do what they do, say what they say, and think what they think. These methods can also be applied to our own thoughts, talk and actions - not as something we control from 'within' but as events constantly being shaped by the idiosyncratic social, cultural, economic and other contexts in which our lives are immersed. Whether teaching, studying, or reading for pleasure, this book will help readers learn: How to think about people with ecological or contextual thinking How your thinking is a conversation with other people How to analyze talk and conversations as social strategies How capitalist economies change how you act, talk and think in 25 ways How living in modern society can be linked to generalized anxiety and depression How to Rethink Human Behavior is important interdisciplinary reading for students and researchers in all fields of social science, and will especially appeal to those interested in mental health. It has also been written for the general reading public who enjoy exploring new ideas and skills in understanding themselves and other people.

Do we ever think why people around us do not come along with us? Have you ever thought why some people are more favored by their bosses than others? Why are successful people happier or are happy people more successful? What did you do when you had to work in a team with a lazy colleague? Human Behavior tries to explore and answer many more such questions about when people work in a group. How their emotional or social intelligence work in organisations and often may induce stress. Their answers may

lie in understanding human behavior and the most important factors which affect it. Human Behaviour answers some of these basic concepts which all of us tries to explore. Resources for teaching and learning are posted at [tinyurl.com/Glanz4e](http://tinyurl.com/Glanz4e) and [www.med.upenn.edu/hbhe4](http://www.med.upenn.edu/hbhe4). This fourth edition of the classic book, Health Behavior and Health Education: Theory, Research, and Practice provides a comprehensive, highly accessible, and in-depth analysis of health behavior theories that are most relevant to health education. This essential resource includes the most current information on theory, research, and practice at individual, interpersonal, and community and group levels. This edition includes substantial new content on current and emerging theories of health communication, e-health, culturally diverse communities, health promotion, the impact of stress, the importance of networks and community, social marketing, and evaluation.

This book asks whether evolution can help us to understand human behaviour and explores diverse evolutionary methods and arguments. It provides a short, readable introduction to the science behind the works of Dawkins, Dennett, Wilson and Pinker. It is widely used in undergraduate courses around the world.

This custom edition is published for La Trobe University. It has been compiled from: Social Psychology 7th edition, Vaughan & Hogg Psychology and life 2nd edition, Gerrig, Zimbardo, Campbell, Cumming & Wilkes Introduction to Health Psychology in Australia 2nd edition, Morrison, Bennet, Butow, Mullan & White Psychology: from inquiry to understanding 2nd edition, Lilienfeld, Lynn, Namy, Woolf, Jamieson, Marks, Slaughter Health: the Basics 11th edition, Donatelle Psychosocial Aspect of healthcare 3rd edition, Drench, Noonan, Sharby, Ventura Personality, individual differences and intelligence 3rd edition, Maltby, Day, Macaskill An Introduction to health Psychology 2nd edition Morrison & Bennet Psychology: core concepts 7th edition, Zimbardo, Johnson, McCann Managing Stress and anxiety in various contexts, Smith OB: the Essentials, Robbins, Judge, Millet & Jones

Originally published in 1983, this clear-sighted study built an understanding of what human behaviour meant at the time: an understanding which can still be of practical use for those who work with people in their everyday lives today. The various influences on the individual are carefully examined, with theoretical approaches from different standpoints considered in relation to one another, from the development of the personality and behaviour patterns to the effect of family and social life, culminating in the picture of a 'whole', responsive person. Relationships are seen to be important, and this is reflected in the selection of material. Ford argues that it is the social worker's role to offer guidance relating to the nature and quality of an individual's interaction with society, and that this can be done more effectively if there is a practical understanding of how this interaction evolves. Examples of social work practice are given throughout to show how such understandings may be used.

Health psychology is a rapidly expanding discipline at the interface of psychology and clinical medicine. This new edition is fully reworked and revised, offering an entirely up-to-date, comprehensive, accessible, one-stop resource for clinical psychologists, mental health professionals and specialists in health-related matters. There are two new editors: Susan Ayers from the University of Sussex and Kenneth Wallston from Vanderbilt University Medical Center. The prestigious editorial team and their international, interdisciplinary cast of authors have reconceptualised their much-acclaimed handbook. The book is now in two parts: part I covers psychological aspects of health and illness, assessments, interventions and healthcare practice. Part II covers medical matters listed in alphabetical order. Among the many new topics added are: diet and health, ethnicity and health, clinical interviewing, mood assessment, communicating risk, medical interviewing, diagnostic procedures, organ donation, IVF, MMR, HRT, sleep disorders, skin disorders, depression and anxiety disorders.

The Explanation of Behaviour was the first book written by the renowned philosopher Charles Taylor. A vitally important work of philosophical anthropology, it is a devastating criticism of the theory of behaviourism, a powerful explanatory approach in psychology and philosophy when Taylor's book was first published. However, Taylor has far more to offer than a simple critique of behaviourism. He argues that in order to properly understand human beings, we must grasp that they are embodied, minded creatures with purposes, plans and goals, something entirely lacking in reductionist, scientific explanations of human behaviour. Taylor's book is also prescient in according a central place to non-human animals, which like human beings are subject to needs, desires and emotions. However, because human beings have the unique ability to interpret and reflect on their own actions and purposes and declare them to others, Taylor argues that human experience differs to that of other animals. Furthermore, the fact that human beings are often directed by their purposes has a fundamental bearing on how we understand the social and moral world. Taylor's classic work is essential reading for those in philosophy and psychology as well as related areas such as sociology and religion. This Routledge Classics edition includes a new Preface by the author and a new Foreword by Alva Noë, setting the book in philosophical and historical context.

In their later years, Americans of different racial and ethnic backgrounds are not in equally good--or equally poor--health. There is wide variation, but on average older Whites are healthier than older Blacks and tend to outlive them. But Whites tend to be in poorer health than Hispanics and Asian Americans. This volume documents the differentials and considers possible explanations. Selection processes play a role: selective migration, for instance, or selective survival to advanced ages. Health differentials originate early in life, possibly even before birth, and are affected by events and experiences throughout the life course. Differences in socioeconomic status, risk behavior, social relations, and health care all play a role. Separate chapters consider the contribution of such factors and the biopsychosocial mechanisms that link them to health. This volume provides the empirical evidence for the research agenda provided in the separate report of the Panel on Race, Ethnicity, and Health in Later Life.

Using a bio-psychosocial framework, this popular textbook explains the wide basis of perspectives on which we build an understanding of people's behaviours and why and how

we respond in the way we do. This book accessibly explains key concepts including attachment, trauma, developmental psychology and oppression to highlight and enhance social workers' understanding of practice. Thoroughly updated since its popular first edition, the book now includes: A brand new chapter on Attachment More coverage of neurological concepts and their influence on behaviour Expanded material on older people and resilience, crime and violence against black and minority ethnic groups, and domestic violence issues More coverage of mental health, alcohol and drugs and their impact on behaviour Fully updated to reflect the Munro report and recent social worker task force recommendations, this new edition also includes brand new and additional case studies and pedagogy, making this a practical, insightful and wonderfully comprehensive text suitable for all students of social work. "This second edition is a most inclusive, accessible and fully updated text. It provides a thorough overview of the major theories and concepts and brings these to life with case examples. The inclusion of contemporary issues such as domestic abuse is a welcome feature. I would fully recommend this text to any student studying for a social work qualification." Debbie Thackray, Manchester Metropolitan University, UK "This second edition expands on topics that are vital to good social work practice. The chapters on attachment and trauma are particularly well-written, and speak to topics often overlooked in academic texts. The sections on foetal alcohol syndrome (FAS) provide readers with essential knowledge that will enhance practice on many levels. Although this has been written in the context of social work practice, this important book will be compulsory reading for a broad range of students... I consider this an invaluable contribution to any student library." Jill Davey, Framework Lead for Social Work, Sociology, Social Policy and Anthropology, Bournemouth University, UK "This is the most useful text I have ever found for teaching social care and youth students the basic explanatory frameworks for human behaviour. It is superbly balanced in that it gives weight to all perspectives and proffers critiques of key theories. It is also very strong in applying theory to practice - a skill which is always difficult to develop in students. Particular areas of strength are the chapters on attachment and mental health/ trauma. The work is an engaging read as it includes some fascinating historical insights and illustrations as well as contemporary case studies. I will certainly recommend it to my students." Gwen Chaney, Course Leader for Social Care & Faculty Lead for Learning and Teaching, University of Gloucestershire, UK

The chapters within these sections include learning objectives with boldfaced keywords and a glossary of terms. Each chapter addresses The magnitude of the public health burden Key determinants and conceptual framework for behaviors and behavior change, including individual, familial, interpersonal, community, sociocultural, structural, and political perspectives Current evidence-based interventions and best practices Roles for key stakeholders, including health plans, employers/workplace, health departments/agencies, sectors such as recreational and agricultural, policymakers, community groups/advocates, clinics/clinicians, researchers, and funding institutions Considerations for implementation, evaluation, and translation

Health and Behavior reviews our improved understanding of the complex interplay among biological, psychological, and social influences and explores findings suggested by recent research-including interventions at multiple levels that we can employ to improve human health. The book covers three main areas: What do biological, behavioral, and social sciences contribute to our understanding of health-including cardiovascular, immune system and brain functioning, behaviors that influence health, the role of social networks and socioeconomic status, and more. What can we learn from applied research on interventions to improve the health of individuals, families, communities, organizations, and larger populations? How can we expeditiously translate research findings into application?

Why are we the way we are? For over a hundred years psychologists have been conducting scientific experiments to find out. The Rough Guide to Psychology starts with you, your mind and brain, broadens out to your friends and other relationships, then onto crowds, mobs and religion. There are also sections on real-life psychology, showing how the latest research is relevant to crime, schooling, sports, politics, shopping, and health. There are opportunities to test your own memory, intelligence, personality, and much more, as well as advice on everything from pick-up lines to creativity. This book takes a fresh look at the classic cases and studies, from Phineas Gage to Milgram, and combines this with a cutting-edge round-up of the latest research. The last section deals with what happens when the mind falters, covering depression, anxiety, schizophrenia, as well as more unusual conditions. Care is taken throughout to ensure conclusions are tied to the latest high quality psychological science.

Health and Human Behaviour is an accessible introduction to models of thinking about health and illness for nursing, medical and biomedical students. It analysis the impact of health on behavior and conversely the impact of behaviour on health.

Social problems in many domains, including health, education, social relationships, and the workplace, have their origins in human behavior. The documented links between behavior and social problems have compelled governments and organizations to prioritize and mobilize efforts to develop effective, evidence-based means to promote adaptive behavior change. In recognition of this impetus, The Handbook of Behavior Change provides comprehensive coverage of contemporary theory, research, and practice on behavior change. It summarizes current evidence-based approaches to behavior change in chapters authored by leading theorists, researchers, and practitioners from multiple disciplines, including psychology, sociology, behavioral science, economics, philosophy, and implementation science. It is the go-to resource for researchers, students, practitioners, and policy makers looking for current knowledge on behavior change and guidance on how to develop effective interventions to change behavior.

This book presents a comprehensive discussion of classical ideas, core topics, currents and detailed theoretical underpinnings in medical sociology. It is a globally renowned source and reference for those interested in social dimensions of health and illness. The presentation is enriched with explanatory and illustrative styles. The design and illustration of details will shift the minds of the readers from mere classroom discourse to societal context (the space of health issues), to consider the implications of those ideas

in a way that could guide health interventions. The elemental strengths are the sociological illustrations from African context, rooted in deep cultural interpretations necessitated because Africa bears a greater brunt of health problems. More so, the classical and current epistemological and theoretical discourse presented in this book are indicative of core themes in medical sociology in particular, but cut across a multidisciplinary realm including health social sciences (e.g., medical anthropology, health psychology, medical demography, medical geography and health economics) and health studies (medicine, public health, epidemiology, bioethics and medical humanities) in general. Therefore, apart from the book's relevance as a teaching text of medical sociology for academics, it is also meant for students at various levels and all health professionals who require a deeper understanding of social dimensions of health and illness (with illustrations from the African context) and sociological contributions to health studies in general.

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