

Oru Desathinte Katha Free

The first novel by the first tribal novelist of south India, Kocharethi maps the story of the Malayarayar tribe in Kerala. Melding history with culture, the work portrays their many struggles: from possession and dispossession of land to the challenges of preserving myths, rituals, social customs, and belief systems.

Why do certain foods harm some people and help others? How come the results of a weight loss programme varies from individual to individual? And why do some people fall sick more often than others? The science of Ayurveda holds answers to these questions and many more. Its scriptures took a holistic approach to health by combining our lifestyle with our natural tendencies (which vary from one person to another). This groundbreaking new work from Om Swami combines the yogic view of food as sattvic, rajasic and tamasic with Ayurvedic perspective, and further relates it to the modern view of foods as acidic and alkaline. This is also the first time that Ayurvedic prakriti (vata, pitta and kapha) has been discussed in the context of yogic prakriti (sattvic, rajasic and tamasic) in a truly cohesive fashion. The Wellness Sense extracts the essence of Ayurveda, yoga and tantra to combine it with modern medicine in this simple, step-by-step handbook on how to take better care of yourself. Accessibly written, deeply researched and distilled from Om Swami's own lived experience, The Wellness Sense puts your health and happiness in your hands.

National And State Literature Akademi Awardee M.T. Vasudevan Nair S Novel Is Set Against The Backdrop Of The Crumbling Matrilineal Order Of Kerala In A Newly Independent India. As Freedom And Democracy Promise Prosperity, A Young Upper Caste Boy Full Of Idealism Learns To Deal With A World That Is Less Than Ideal.

On his passport he was Mohandas Karamchand Gandhi. The poet Rabindranath Tagore gave him the title 'Mahatma'- the great soul- but he was rather uncomfortable with that. Nelson Mandela calls him a 'sacred warrior'; others describe him as the 'the saint of the spinning wheel' and we now declare him as our 'Father of the Nation'. A courageous freedom fighter; a shrewd politician; a passionate social reformer and a staunch nationalist; Mahatma Gandhi was all this and much more. He was the most unusual leader this country has seen; and one of the most influential personalities whose name is synonymous with India's independence. He was the one who touched the lives of millions; whose ideals of satyagraha and ahimsa inspired great leaders of the world; and who could make the entire country come to a halt by going on a fast. Through a vivid narrative; author Subhadra Sen Gupta recreates the life and legacy of this phenomenal leader to portray the man beneath the simple handspun clothes; who ate saltless vegetables and bitter neem chutney; who greeted kings and paupers alike; who walked 240 miles at the age of sixty to break the Salt Law; and whose entire life was dedicated to truth and to peace. Even today as we read inspirational accounts of Gandhiji's life and talk of gandhigiri; we know that his ideals are alive and relevant to today's generation.

Death is a taboo in most societies in the world. But what if we have got this completely wrong? What if death was not a catastrophe that it is made to be, but an essential aspect of life, rife with spiritual possibilities for transcendence? For the first time, someone is saying just that. In this unique treatise-like exposition, Sadhguru dwells extensively upon his inner experience as he expounds the more profound aspects of death that are rarely spoken about. From a practical standpoint, he elaborates on what preparations one can make for one's death, how best we can assist someone who is dying and how we can continue to support their journey even after death. Whether a believer or a disbeliever, a devotee or an agnostic, an accomplished seeker or a simpleton, this is truly a book for all those who shall die!

What secrets lurk in a family's past—and how important are they in the here and now? Sudha Murty's new book comprises two novellas that explore two quests by two different men—both for mothers they never knew they had. Venkatesh, a bank manager, stumbles upon his lookalike one fine day. When he probes further, he discovers his father's hidden past, which includes an abandoned wife and child. Venkatesh is determined to make amends to his impoverished stepmother—but how can he repay his father's debt? Mukesh, a young man, is shocked to realize after his father's death that he was actually adopted. He sets out to find his biological mother, but the deeper he delves, the more confused he is about where his loyalties should lie: with the mother who gave birth to him, or with the mother who brought him up. The Mother I Never Knew is a poignant, dramatic book that reaches deep into the human heart to reveal what we really feel about those closest to us.

Ann Marie reads fragments of her dead husband's unfinished book, and the many love letters he sent her, and in them the social and political events of the time. As she ponders over the writing and the years that the brilliant Jithendran squandered working for a toy company that makes drum-playing monkeys, the narrative gives way to the sweeping saga of a village by the river Periyar. Grappling with issues of equality, love, caste, religion and politics, Thachanakkara is a microcosm of twentieth-century Kerala. Told through the history of three generations of a feudal Nair family, this sprawling story is reminiscent of the craft of Gabriel Garcia Marquez's One Hundred Years of Solitude and has the scale of Sunil Gangopadhyay's Those Days. Manushyanu Oru Amukham is an artistic meditation on human existence and is a contemporary classic.

'An epic novel'—Outlook When twenty-two-year-old Chetna Grddha Mullick is appointed the first woman executioner in India, assistant and successor to her father, her life explodes under the harsh lights of television cameras. When the day of the execution arrives, will she bring herself to take a life?

A Superb Collection Of Fiction From One Of India S Greatest Living Writers Some Of The Stories Included In This Collection Are: -The Legends Of Khasak -The Saga Of Dharmapuri -The Infinity Of Grace O.V. Vijayan Is One Of The Most Brilliant And Original Of The Contemporary Indian Authors. His Fiction, Written In Malayalam, Is Complex And Poetic, A Sumptuous Blend Of Myth, Dark Humour, Eroticism, Mystical Insights And A Uniquely Indian Brand Of Magic Realism. This Collection Brings Together For The First Time All Four Of Vijayan S Books Translated Into English So Far. In His Much-Acclaimed First Novel The Legends Of Khasak , Ravi, A Schoolteacher, Arrives In The Remote Village Of

Khasak And Is Gradually Engulfed By The Dreams And Fables Of That Ancient Land. In The Controversial Political Allegory The Saga Of Dharmapuri , The Tyrannical President Of Dharmapuri And Siddhaatha, A Travelling Mystic And Messiah, Engage In An Unending Symbolic Battle. In The Award-Winning The Infinity Of Grace , Kunjuni, A Journalist, Goes To Calcutta To Cover The Bangladesh War, And Attempts To Reconnect With His Estranged Wife And Daughter Who Live There. Through The Personal Trauma That Follows, He Arrives At A Transcendental Understanding Of Life And The Harmony Implicit In Apparently Chaotic Events. The Final Section Of This Volume Comprises Twenty-One Short Stories-Which Include Classics Such As After The Hanging , Oil , Wind Flowers , Anachronisms And The Foetus . Together, They Bear Testimony To Vijayan S Skills As An Unusually Innovative And Evocative Writer Of Romances, Parables And Tales Of The Supernatural. A Definitive Collection, Selected Fiction Is Like A Good Piece Of Halwa. You LI Never Want It To End. And By The Time You Re Through With It You Will Be A Member Of The Vijayan Fan Club. -The Week

A collection of erotic poetry, prose and a compelling storyline. Go on an exciting journey with a very passionate couple who lose themselves in lust. There is such intensity between these lovers, they have no boundaries when it comes to sex. This book keeps you on the edge of your seat, and wanting for more with each page. M.FireChild has also been published in a previous book, Crown Anthology. She is currently working on publishing her second collection of poetry that consists of, self-love, heartbreak and courage.From the Author: "Untamed Dreams" is a book about fantasies and allowing your mind to wander without limitations. I hope you enjoy it and much as I enjoyed writing it.

PandavapuramThe paramours of Pandavapuram- they are the real nuisance/nightmare of all new brides who come there for their dream life.The Goddess who sits in the sanctum like a real brightening Indian bride always safeguards the innocent brides of PandavapuramWill she continue her protection ?Mr.Sethu who is author of several best sellers like Adyaksharangal, Adayalangal, Marupiravi, Aramathe Penkutty etc doubts, Are these brides longing for a right to have more than one husband?In this new era of life; Do all our brides want to imitate Draupadi who had a legal consent for polygamy?Can't they be satisfied with one husband?The curious readers can go through a real mysterious fiction and they will surely enjoy the book with a different feeling

This work offers an English translation of the Malayalam novel "Nrittam". Written by Maniyambath Mukundan, the novel is a poignant tale of love and loss told in contrapuntal versions by multiple narrators, Sridhar and Agni, communicating through the cyber medium of email.

A restlessness born of guilt and despair leads Ravi to embark on a journey that ends in the remote village of Khasak in the picturesque Palghat countryside in Kerala. A land from the past, potent with dreams and legends, enfolds the traveller in a powerful and unsettling embrace. Ravi is bewitched and entranced as everything around him-the villagers; their children whom he teaches in a makeshift school; the elders who see him as a threat; the toddy-tappers; the shamans-takes on the quality of myth. And then reality, painful and threatening, begins to intrude on the sojourner's resting place and Ravi begins to understand that there is no escape from the relentless dictates of karma... Often poetic and dark, always complex and rich, The Legends of Khasak, O.V. Vijayan's much-acclaimed first novel, translated into English by the author, is an extraordinary achievement

First published in Malayalam in 1973, My Story, Kamala Das' sensational autobiography, shocked readers with its total disregard for mindless conventions and its fearless articulation of a subject still considered taboo. Depicting the author's intensely personal experiences in her passage to womanhood and shedding light on the hypocrisies that informed traditional society, this memoir was far ahead of its time and is now acknowledged as a bona fide masterpiece.

'Takes the Malayalam novel to new heights and fresh possibilities.' - The HinduWhen Peter Jeevanandam arrives in Sri Lanka to shoot a movie about a human rights activist ostensibly murdered by the LTTE, the government is more than willing to help. What they don't know is that he is also searching for Sugandhi - an LTTE member, and the love of his life.As Peter stumbles upon and becomes part of a plot to kill the president, reality, history, myth and fiction collide in explosive, illuminating ways.Sugandhi Alias Andal Devanayaki is a daring novel that portrays the violence inherent in both fascism and revolution.Winner of the 2017 Vayalar Award and the Kerala Sahitya Akademi Award.

In this sensitive portrayal of human nature, Anita Desai, one of India's foremost writers, paints an intimate portrait of lives impacted by the quest for identity and purpose. Deven, a Hindi lecturer in small-town Mirpore, lives a humdrum existence. A chance to interview Nur—India's greatest living Urdu poet—offers him an escape from his dreary life. But the Nur he meets is an enfeebled man, surrounded by clashing wives and preying sycophants. Deven's decision to be the custodian of Nur's verse gives birth to an unusual alliance between the two. Stimulating and thought provoking, In Custody is a brilliant parable lamenting the gradual corrosion of culture and tradition in the face of modernity, and a dazzling study of the complexity of human relationships. Increasingly possessed by a yearning to escape the ennui of an indifferent marriage and the empty but comfortable lifestyle of a bureaucrat, Raghu decides to visit the small patch of ancestral property in his native village. The novel moves between the two worlds the past and the present with pungent, earthy humour and sharp insights.

Young And Vulnerable, Janu Gave Up Arjun, Her First Love, To Enter Into An Arranged Marriage. Years Later, She Is Miserable, Having Been Gradually Shut Out By The Coldness Of Her Husband S Family And His Indifference To Her And Her Daughter S Needs. Finally She Flees To England To Escape The Loveless Union-But At What Price To Herself And Those She Loves? The Moving Story Of One Woman S Painful Journey Of Self-Discovery, Ancient Promises Is About A Marriage, A Divorce, And Motherhood. It Is About Why We Love And Lose, Sometimes Seeming To Have Little Control Over Our Destinies.

In The Novel There Is A Historical Romance, But Its Subtext Is A Political One Of Contemporary Significance. In The Novel There Is A Subplot With Subhadra At The Centre. Through What She Does Or What Happens To Her, C.V. Is Projecting A Futuristic Vision Of The New Woman In The Indian Context. The Conventional Image Of The Woman Is Replaced By An Imagined Figure That Was To Emerge On The Indian Scene. Another Unique Feature Of This Novel Is The Introduction, For The First Time, Of Untouchables, The Channans Of South Travancore. Hence Is Fiction Asserting Humanistic Values Over And Above The Taboos And Superstitions Of Yester-Years.

Penniless and destitute, failed tech entrepreneur Lindsay Mitchell is about to end her suffering by suicide. Standing in the ocean and ready to end it all, one thing stops her- a man smiling and watching her in the distance. Arjun Siddharth sees something in Lindsay. A yearning to reconnect with meaningful living. Against the odds, Arjun offers her a deal: If Death can wait 90 days, he will show her the path to be her best self so that she can have it all; the wealth, self-fulfillment and happiness. 90 Days to Life is a treasure trove of lessons that you can use in all facets of business, career, and life beautifully intertwined in a can't put it down, captivating fictional narrative. By the time you finish reading this touching story, you would have grasped everything you need to know to start or succeed as an entrepreneur, small business owner or a professional. As a bonus benefit, the stories and strategies within will align your psychology and mindset to victory and inspire you to implement those nuggets you pick up on your way. The inspiring metaphors and wisdom will win your heart and linger long after you finish 90 Days to Life.

This is the story of Bhima, the second son, always second in line -- a story never adequately told until one of India's finest writers conjured him up from the silences in Vyasa's narrative. M.T. Vasudevan Nair's Bhima is a revelation -- lonely, eager to succeed, treated with a mixture of affection and contempt by his Pandava brothers, and with scorn and hatred by his Kaurava cousins, Bhima battles incessantly with failure and disappointment. He is adept at disguising his feelings, but has an overwhelmingly intuitive understanding of everyone who crosses his path. A warrior without equal, he takes on the mighty Bakasura and Jarasandha, and ultimately Duryodhana, thus bringing the Great War to a close. However, all of Bhima's moments of triumph remain unrecognized and unrewarded. If his mother saw glory only in the skills of Arjuna and the wisdom of Yudhishtira, his beloved Draupadi cared only for the beautiful Arjuna.

Uprooted from a bustling city, the thirteen-year-old protagonist of *The Small-town Sea* is replanted in his father's home town where he struggles to cope with his new life. He reluctantly makes friends with Bilal, a boy who lives in the orphanage run by the local mosque. Together, they embark on clandestine adventures while his ailing father--a writer whose last wish is to die listening to the sea he has grown up by--rediscovers people from his childhood. But his father's death unsettles the boy's life again, and he finds himself grappling with altogether unexpected challenges.

Novel based on social themes.

Perhaps the only novel to have been reprinted nearly every year for over a hundred years, *Indulekha* (1889) is widely held to be the first Malayalam novel. Often called an 'accidental' and 'flawed' work, at its core lies a love story. The setting of the novel is the Nair community of Kerala, which had for centuries practised polyandrous matriliney, a most unusual form of inheritance through the woman whom both property and authority flavoured. It gives us glimpses of prevalent social practices much debated amongst a people already under colonial pressure to change their ways of life. Written by a Nair, *Indulekha* is not a grandiose outpouring but the author's effort to achieve certain social goals: firstly, to create a novel much like those of the English authors he had read, and secondly, to illustrate Nair society at that time, both of which met with success. The novel influenced the deliberations of the Malabar Marriage Commission which it predated, and of which Chandumenon was a member. This novel will appeal to general readers interested in Indian writings in translation. Students of literature, history and culture, political and legal theory, and gender studies, will also find it useful.

Naalukettu: The House Around the Courtyard is the story of a young boy, Appunni, set in a matrilineal Nair joint family (a taravad) in the author's native village, Kudallur. Fascinated with accounts of the prestigious Naalukettu taravad from which his mother was expelled, Appunni visits the house only to be despised and rejected by all. Appunni grows up to earn enough money and returns to buy his ancestral home, but his victory soon turns into ashes when his father's murderer turns out to be the same man who was the only sympathetic adult in Appunni's lonely teenage years.

Fifty Vignettes Showcase The Myriad Shades Of Human Nature A Man Dumps His Aged Father In An Old-Age Home After Declaring Him To Be A Homeless Stranger, A Tribal Chief In The Sahyadri Hills Teaches The Author That There Is Humility In Receiving Too, And A Sick Woman Remembers To Thank Her Benefactor Even From Her Deathbed. These Are Just Some Of The Poignant And Eye-Opening Stories About People From All Over The Country That Sudha Murty Recounts In This Book. From Incredible Examples Of Generosity To The Meanest Acts One Can Expect From Men And Women, She Records Everything With Wry Humour And A Directness That Touches The Heart. First Published In 2002, *Wise And Otherwise* Has Sold Over 30,000 Copies In English And Has Been Translated Into All The Major Indian Languages. This Revised New Edition Is Sure To Charm Many More Readers And Encourage Them To Explore Their Inner Selves And The World Around Us With New Eyes.

Najeeb's dearest wish is to work in the Gulf and earn enough money to send back home. He achieves his dream only to be propelled by a series of incidents, grim and absurd, into a slave-like existence herding goats in the middle of the Saudi desert. Memories of the lush, verdant landscape of his village and of his loving family haunt Najeeb whose only solace is the companionship of goats. In the end, the lonely young man contrives a hazardous scheme to escape his desert prison. *Goat Days* was published to acclaim in Malayalam and became a bestseller. One of the brilliant new talents of Malayalam literature, Benyamin's wry and tender telling transforms this strange and bitter comedy of Najeeb's life in the desert into a universal tale of loneliness and alienation.

He Had Eventful Experiences In A Prison And An Asylum. He Travelled With Sufis And Sanyasis And Did Odd Jobs. At The End Of It, Basheer Has A Bagful Of Stories. Coming From The Man Who Alerted The Map Of Malayalam Fiction Five Decades Ago, This Volume Of Short Stories Is Bound To Be An Unforgettable Experience.

Who can resist a good story, especially when it's being told by Grandma? From her bag emerges tales of kings and cheats, monkeys and mice, bears and gods. Here comes the bear who ate some really bad dessert and got very angry; a lazy man who would not put out a fire till it reached his beard; a princess who got turned into an onion; a queen who discovered silk, and many more weird and wonderful people and animals. Grandma tells the stories over long summer days and nights, as seven children enjoy life in her little town. The stories entertain, educate and provide hours of enjoyment to them. So come, why don't you too join in the fun.

The End-Century Edition Of *The Who'S Who Of Indian Writers*, Is An Invaluable Work Of Reference For Writers, Publishers, Readers And Students Of Literary History. For Ease Of Use, The Entries Are Arranged Alphabetically By Surname Or Part Of The Name Preferred By The Writers Themselves. A Large Number Of Cross-References Are Provided To Facilitate The Location And Identification Of The Writers.

The only novel of one of Kerala's leading women writers, Lalithambika Antharjanam's *Agnisakshi* is a telling account of a woman's life glowing as though purified in the "fire of sacrifice". Set against the history of Kerala, and life, customs, habits, and culture of the Namboodiri community, along with the fervent cries of the Indian National Freedom struggle, the characters act out their unforgettable roles: Tethi, the dazzling but disappointed bride who renounces worldly life; Unni Namboodiri, whose adherence to the Vedic way of life destroys his personal happiness; and Thankam, Unni's Nair cousin

and the mighty Aphan Namboodirias daughter, seeking her own liberation from the past. True to the lyrical and emotional tone of the original, Vasanthi Sankaranarayanan's translation offers a moving portrait of upper-class, upper-caste Kerala society just before and after Independence.

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