

# Primary Care Medicine Office Evaluation And Management Of

Pediatric Sports Medicine: Essentials for Office Evaluation is a clinically relevant reference presented in a question-and-answer format designed to be a primary resource for all pediatric providers and health care professionals who work closely with children or young adults with sports related injuries. Dr. Chris Koutures and Dr. Valarie Wong explore the topics most commonly asked pertaining to pediatric sports medicine, in a casual, yet informative manner. The unique format of this cutting-edge book provides a rapid reference and “quick look-up” for today's busy practitioner. Pediatric Sports Medicine: Essentials for Office Evaluation includes unique chapters such as key sports medical terms and phrases, how to take a sports medicine history, what imaging studies to order, and how to determine safe return to play for many medical and musculoskeletal concerns. Additional features include:

- Information on pediatric sports medicine rehabilitation
- Tips on specialty referral
- Generous use of tables and figures
- Pictures of labeled images and radiographs that highlight key landmarks and points of emphasis

With contributions from many of the experts in the field, Pediatric Sports Medicine: Essentials for Office Evaluation is an easy-to-read resource for any medical practitioner, including physicians, nurse practitioners, physician assistants, residents, medical students, physical therapists, and athletic trainers, and many more, seeking to

quickly expand their knowledge of pediatric sports medicine.

The revised, updated Fifth Edition of this pocket book is a handy reference to consult when making bedside interpretations of clinical data. Remarkably complete for its small size, the book lists nearly 200 symptoms, physical signs, laboratory test results, and radiologic findings and their differential diagnoses. This edition has a new, more user-friendly two-color design, tabs indicating sections, and shortened lists of the most common diagnoses. An expanded section on HIV infection covers new manifestations, including immune reconstitution syndrome. The infectious disease chapter has been revised to reflect its increasing importance in clinical medicine, the emergence of multi-drug resistant bacteria, and the threat of bioterrorism.

For more than 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Urgent Care Secrets, a new volume in this bestselling series, features the Secrets' popular question-and-answer format that also includes lists, tables, and an easy-to-read style – making reference and review quick, easy, and enjoyable. The proven Secrets® format gives you the most return for your time – concise, easy to read, engaging, and highly effective. Provides an evidence-based approach to medical and traumatic complaints presenting to urgent care centers, focusing on presenting signs and symptoms, differential diagnosis, office management, and when to refer for higher level of care. Covers the full range of essential topics for

understanding today's practice of urgent care – essential information for physicians, nurse practitioners, and physician assistants. Clear illustrations, figures, and flow diagrams expedite reference and review. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice and on exams.

Women's Gynecologic Health, Second Edition equips students and practicing clinicians with comprehensive information about women's gynecologic health, including health promotion, maintenance and treatment. Based on the most recent research, the authors provide authoritative content written from a feminist perspective. The Second Edition has been completely revised and updated and includes new chapters on diagnosis of pregnancy at the gynecologic visit, women's health after bariatric surgery, gynecologic health care for sexual and gender minorities, and urinary tract infections. Key features inc

Ask for a definition of primary care, and you are likely to hear as many answers as there are health care professionals in your survey. Primary Care fills this gap with a detailed definition already adopted by professional organizations and praised at recent conferences. This volume makes recommendations for improving primary care, building its organization, financing, infrastructure, and knowledge base--as well as developing a way of thinking and acting for primary care clinicians. Are there enough primary care doctors? Are they merely gatekeepers? Is the traditional relationship between patient

and doctor outmoded? The committee draws conclusions about these and other controversies in a comprehensive and up-to-date discussion that covers The scope of primary care. Its philosophical underpinnings. Its value to the patient and the community. Its impact on cost, access, and quality. This volume discusses the needs of special populations, the role of the capitation method of payment, and more. Recommendations are offered for achieving a more multidisciplinary education for primary care clinicians. Research priorities are identified. Primary Care provides a forward-thinking view of primary care as it should be practiced in the new integrated health care delivery systems--important to health care clinicians and those who train and employ them, policymakers at all levels, health care managers, payers, and interested individuals.

« Clinical Decision Making for Adult-Gerontology Primary Care Nurse Practitioners provides a systematic approach to clinical decision making for a wide variety of commonly encountered primary care issues in adult and geriatric practice. Unlike other textbooks, it details a progressive approach to handling such issues by focusing on the complete visit from history intake through management and follow-up care. The goal of this text is to enable students to learn a systematic approach to clinical problems and use evidence-based guidelines to direct their management decisions. Designed for both the student and the newly practicing NP, this text serves as a guide to increase the practitioner's confidence with the application of assessment skills, diagnostic choices,

and management approaches. Throughout the text students will find guidelines for the adult-gerontology nurse practitioner role as well as a real-life case studies that demonstrate what an NP may encounter in the clinical practice environment. The text is written at an application level, employs up-to-date evidence-based literature, and features practice questions—all of which make this a strong resource for certification preparation. »--

This revised reprint of Primary Care Medicine, Fifth Edition gives you a complete print and online package: the book plus access to a Website offering the fully searchable text, monthly text updates, and patient and physician advisories. In 239 problem-oriented chapters, this Fifth Edition provides essential information on medical diagnosis, lab tests, treatment options, and health maintenance and offers authoritative guidance on decision-making in primary care medicine. Every chapter was revised to include more images, tables, and bulleted lists. Practical recommendations that incorporate the best available evidence, expert consensus guidelines, and clinical judgement are listed in bulleted items at the end of every chapter.

"Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized loose-leaf is created in the style of Pocket Medicine by providing key clinical data for students and residents and focuses on patient care in the outpatient setting. Pocket Primary Care is a handy summary of key clinical information designed to form the basis of an individual's pocket notebook or to be

integrated into one's own notebook. Includes areas of: preventive medicine, cardiovascular, dermatology, endocrine, gastrointestinal, hematology, infectious disease, musculoskeletal, neurology, ophthalmology/ ENT, psychiatry/social, pulmonary, renal/urology, special populations, women's health, men's health, and geriatric"--Provided by publisher.

Accompanying CD-ROM contains video learning modules on gait and balance and dizziness, a dermatology quiz, and downloadable cognitive assessment tools, to hone clinical skills. File formats include QuickTime movies, PDFs, and HTML documents.

The Institute of Medicine study Crossing the Quality Chasm (2001) recommended that an interdisciplinary summit be held to further reform of health professions education in order to enhance quality and patient safety. Health Professions Education: A Bridge to Quality is the follow up to that summit, held in June 2002, where 150 participants across disciplines and occupations developed ideas about how to integrate a core set of competencies into health professions education. These core competencies include patient-centered care, interdisciplinary teams, evidence-based practice, quality improvement, and informatics. This book recommends a mix of approaches to health education improvement, including those related to oversight processes, the training

environment, research, public reporting, and leadership. Educators, administrators, and health professionals can use this book to help achieve an approach to education that better prepares clinicians to meet both the needs of patients and the requirements of a changing health care system.

Never HIGHLIGHT a Book Again Includes all testable terms, concepts, persons, places, and events. Cram101 Just the FACTS101 studyguides gives all of the outlines, highlights, and quizzes for your textbook with optional online comprehensive practice tests. Only Cram101 is Textbook Specific. Accompanies: 9780872893795. This item is printed on demand.

Primary care physicians are often the first caretakers to whom patients present for chronic pain. The current literature targeted at these providers is sparse, and the existing literature is very broad and large in scope and size. There are no quick pocket guides on this topic that the general practitioner may use as a point of care reference. This first of its kind text provides a practical, hands-on approach to the evaluation and treatment of chronic pain in the family medicine setting. Divided into four main sections, the first part focuses on the general approach to any patient suffering from chronic pain. Chapters in this section include the physical exam, formulating a diagnosis, formulating a variety of treatment plans including medication, physical therapy and psychiatric therapy,

and specialist referral, among others. The second section focuses on evaluation and management of the chronic pain patient who requires opioid therapy. This section includes useful guidance on how to convert into morphine equivalents, interpretation of urine drug tests, and helpful office procedures for managing refills. It gives practical guidance on how to prescribe opioid reversal agents and opioid tapering regimens. A systems based approach to managing the patient is also discussed. The third section informs the reader of viable alternative and complementary treatment options. Five main treatment types are discussed each with their own separate chapter. These include musculoskeletal-based therapy, medicinal therapies, sense-based therapy, relaxation-based therapy and physical/exercise-based therapy. Given the controversy and limited training primary care physicians have on marijuana and cannabis, one chapter is dedicated specifically to inform the primary care physician on marijuana as a medicinal therapy for chronic pain. The fourth section focuses entirely on myofascial pain and trigger point therapy. The chapters in this section teach the reader how to examine and diagnose myofascial pain and distinguish between fibromyalgia. They also provide general principles of myofascial trigger point therapy and how to practically perform these in the clinical setting. Topics discussed include: trigger point massage, cold and stretch, isometric contraction,

trigger point injection, and ischemic compression. It also includes general instruction so that the practitioner can teach patients how to perform trigger point therapy easily in their own home. The last chapter details chronic myofascial back pain and how to examine and practically treat with trigger point therapies. Evaluation and Management of Chronic Pain is a first-of-its-kind pocket-guide text specifically designed for primary care providers. It also appeals to residents, medical students and any other professional interested in treating chronic pain. Integrated care incorporates behavioral and physical health services into primary care and specialty medical environments. Integrated care models are patient-centered; delivered by teams of medical professionals, utilize care coordination, and a population-based approach. This book is practical, office-based, and comfortably accessible to students, residents, faculty, and all mental health professionals, primary care and medical specialists. We examine and recommend applying collaborative care and other existing models of integrated care based on existing literature. When there is no literature supporting a specific approach, our experts offer their ideas and take an aspirational approach about how to manage and treat specific behavioral disorder or problems We assume the use of integrated team staffing including a primary care or specialist provider(s), front desk staff, medical assistant(s), nurse(s), nurse practitioners,

behavioral health specialist(s), health coaches, consulting psychiatrist, and care coordinator(s)/manager(s).

The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominate with practitioners of each specialty. "A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read."

--Review from a 4th year Medical Student

The Future of Nursing explores how nurses' roles, responsibilities, and education should change significantly to meet the increased demand for care that will be created by health care reform and to advance improvements in America's increasingly complex health system. At more than 3 million in number, nurses make up the single largest segment of the health care work force. They also spend the greatest amount of time in delivering patient care as a profession. Nurses therefore have valuable insights and unique abilities to contribute as partners with other health care professionals in improving the quality and safety of care as envisioned in the Affordable Care Act (ACA)

enacted this year. Nurses should be fully engaged with other health professionals and assume leadership roles in redesigning care in the United States. To ensure its members are well-prepared, the profession should institute residency training for nurses, increase the percentage of nurses who attain a bachelor's degree to 80 percent by 2020, and double the number who pursue doctorates. Furthermore, regulatory and institutional obstacles -- including limits on nurses' scope of practice -- should be removed so that the health system can reap the full benefit of nurses' training, skills, and knowledge in patient care. In this book, the Institute of Medicine makes recommendations for an action-oriented blueprint for the future of nursing.

Written by and for Nurse Practitioners from a unique collaborative perspective, *Primary Care: A Collaborative Practice*, 4th Edition, prepares you to provide care for all of the major disorders of adults seen in the outpatient setting. Evidence-based content reflects the latest guidelines for primary care of hundreds of conditions, including hypertension, diabetes, and sexually transmitted infections. Now in full color, the 4th Edition includes chapters on emerging topics such as genetics, obesity, lifestyle management, and emergency preparedness. Combining a special blend of academic and clinical expertise, the author team provides a practical text/reference that promotes a truly collaborative primary care practice. Comprehensive, evidence-based content incorporates the latest standardized guidelines for primary care in today's fast-paced, collaborative environment. Unique! A collaborative perspective, reflecting the key roles

of NPs, MDs, PAs, PharmDs, and others, promotes seamless continuity of care. A consistent format from chapter to chapters facilitates learning and clinical reference value. Diagnostics and Differential Diagnosis boxes provide a quick reference for diagnosing disorders and helping to develop effective management plans. Physician Consultation icons highlight situations or conditions in which consultation is either recommended or necessary. Emergency Referral icons identify signs and symptoms that indicate the need for immediate referral to an emergency facility. Co-management with Specialists discussions help you provide truly collaborative care in the outpatient setting. Complementary and alternative therapies are addressed where supported by solid research evidence.

Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized looseleaf is one of the best-selling references for medical students, interns, and residents on the wards and candidates reviewing for internal medicine board exams. In bulleted lists, tables, and algorithms, Pocket Medicine provides key clinical information about common problems in internal medicine, cardiology, pulmonary medicine, gastroenterology, nephrology, hematology-oncology, infectious diseases, endocrinology, and rheumatology. This Fifth Edition is fully updated and includes a sixteen-page color insert with key and classic abnormal images. If you purchased a copy of Sabatine: Pocket Medicine 5e, ISBN 978-1-4511-8237-8, please make note of the following important correction on page 1-36: Oral anticoagulation (Chest

2012;141:e531S; EHJ 2012;33:2719; Circ 2013;127:1916) All valvular AF as stroke risk very high Nonvalv. AF: stroke risk ~4.5%/y; anticoag <sup>®</sup> 68% <sup>-</sup> stroke; use a risk score to guide Rx: CHADS<sub>2</sub>: CHF (1 point), HTN (1), Age ≥75 y (1), DM (1), prior Stroke/TIA (2) CHA<sub>2</sub>DS<sub>2</sub>-VASc: adds 65+74 y (1) =75 y (2), vasc dis. [MI, Ao plaque, or PAD (1)]; ? (1) score <sup>≥2</sup> <sup>®</sup> anticoag; score 1 <sup>®</sup> consider anticoag or ASA (? latter reasonable if risk factor age 65-74 y, vasc dis. or ?); antithrombotic Rx even if rhythm control [SCORE CORRECTED] Rx options: factor Xa or direct thrombin inhib (non-valv only; no monitoring required) or warfarin (INR 2-3; w/ UFH bridge if high risk of stroke); if Pt refuses anticoag, consider ASA + clopi or, even less effective, ASA alone (NEJM 2009;360:2066) Please make note of this correction in your copy of Sabatine: Pocket Medicine 5e immediately and contact LWW's Customer Service Department at 1.800.638.3030 or 1.301.223.2300 so that you may be issued a corrected page 1-36. You may also download a PDF of page 1-36 by clicking [HERE](#). All copies of Pocket Medicine, 5e with the ISBN: 978-1-4511-9378-7 include this correction.

Long regarded as "the book" in the field for in-depth learning as well as decision support at the point of care, Primary Care Medicine, 8th Edition, continues its tradition as a comprehensive, evidence-based, action-oriented information resource. Presented in companion electronic format updated quarterly, its problem-based orientation spans the full spectrum of problems encountered in adult primary care practice. Chapters address screening, diagnosis, prevention and management, including indications for

referral and approaches to patient education and shared decision making. Clear, practical, bulleted recommendations and an extensive annotated bibliography of best references follow detailed discussions of pathophysiology, clinical presentation, differential diagnosis, and strategies for workup and treatment. Now with its 40th-anniversary edition, this exceptional text is a must-have resource for physicians, nurse practitioners, physician assistants, students, and residents- offering the most complete and up-to-date resource available for primary care education and practice. Included interactive eBook incorporates quarterly updates featuring critically reviewed important new evidence as well as a study guide for students and tables for shared decision making. Fully updated chapter content based on nearly 4,000 new references and real-world advice in bulleted form at the end of each chapter ensure current, easily accessible, evidence-based point-of-care decision support. Unique problem-based chapter organization covers the spectrum of adult primary care, highlighted by more than 400 tables, figures, and photographs, many in color. Chapters present actionable, scientifically validated guidance that allows physicians to go beyond standard consensus guidelines and provide highly personalized care. Best evidence is integrated with considerations of affordability, cost-effectiveness, convenience, and patient preference. Special consideration is given to team-based approaches of primary care delivery, recognizing its increasing importance to achieving high levels of practice performance. Enrich Your eBook Reading Experience Read directly on your preferred

device(s), such as computer, tablet, or smartphone. Easily convert to audiobook, powering your content with natural language text-to-speech.

This text provides information on medical diagnosis, therapy, lab tests, and health maintenance. Topics covered in this edition include outpatient management of HIV patients, communication of risks and prognosis, interpreting evidence of therapeutic efficacy, strategies for hypertension control, and hyperlipidemia. It addresses the spectrum of problems encountered in the office setting, and includes sections on dermatology, otolaryngology, ophthalmology, psychiatry, office gynaecology, and office orthopaedics. Each chapter covers patient education, compliance, continuity of care, relief of discomfort, and the risks and benefits of therapy. Guidelines for outpatient monitoring are also given.

The ultimate guide for anyone wondering how President Joe Biden will respond to the COVID-19 pandemic—all his plans, goals, and executive orders in response to the coronavirus crisis. Shortly after being inaugurated as the 46th President of the United States, Joe Biden and his administration released this 200 page guide detailing his plans to respond to the coronavirus pandemic. The National Strategy for the COVID-19 Response and Pandemic Preparedness breaks down seven crucial goals of President Joe Biden's administration with regards to the coronavirus pandemic: 1. Restore trust with the American people. 2. Mount a safe, effective, and comprehensive vaccination campaign. 3. Mitigate spread through expanding masking, testing, data, treatments,

health care workforce, and clear public health standards. 4. Immediately expand emergency relief and exercise the Defense Production Act. 5. Safely reopen schools, businesses, and travel while protecting workers. 6. Protect those most at risk and advance equity, including across racial, ethnic and rural/urban lines. 7. Restore U.S. leadership globally and build better preparedness for future threats. Each of these goals are explained and detailed in the book, with evidence about the current circumstances and how we got here, as well as plans and concrete steps to achieve each goal. Also included is the full text of the many Executive Orders that will be issued by President Biden to achieve each of these goals. The National Strategy for the COVID-19 Response and Pandemic Preparedness is required reading for anyone interested in or concerned about the COVID-19 pandemic and its effects on American society. The Primary Care Behavioral Health (PCBH) model is emerging as the future of integration between mental health and primary care services. The first book to detail the model, Behavioral Consultation and Primary Care explains in hands-on terms how to achieve truly integrated care. From starting up a new PCBH service to evaluating its outcome, clinicians and medical administrators alike will value in this up-to-the-minute resource.

Primary Care Medicine Office Evaluation and Management of the Adult Patient Lippincott Williams & Wilkins

This book addresses the full spectrum of clinical problems encountered in the adult

primary care practice. It provides a review of best evidence integrated with considerations of affordability, cost-effectiveness, convenience and patient preference. American medicine attracts some of the brightest and most motivated people the country has to offer, and it boasts the most advanced medical technology in the world, a wondrous parade of machines and techniques such as PET scans, MRI, angioplasty, endoscopy, bypasses, organ transplants, and much more besides. And yet, writes Dr. Eric Cassell, what started out early in the century as the exciting conquest of disease, has evolved into an overly expensive, over technologized, uncaring medicine, poorly suited to the health care needs of a society marked by an aging population and a predominance of chronic diseases. In *Doctoring: The Nature of Primary Care Medicine*, Dr. Cassell shows convincingly how much better fitted advanced concepts of primary care medicine are to America's health care needs. He offers valuable insights into how primary care physicians can be better trained to meet the needs of their patients, both well and sick, and to keep these patients as the focus of their practice. Modern medical training arose at a time when medical science was in ascendancy, Cassell notes. Thus the ideals of science--objectivity, rationality--became the ideals of medicine, and disease--the target of most medical research--became the logical focus of medical practice. When clinicians treat a patient with pneumonia, they are apt to be thinking about pneumonia in general--which is how they learn about the disease--rather than this person's pneumonia. This objective, rational approach has its value, but when it

dominates a physician's approach to medicine, it can create problems. For instance, treating chronic disease--such as rheumatoid arthritis, diabetes, stroke, emphysema, and congestive heart failure--is not simply a matter of medical knowledge, for it demands a great deal of effort by the patients themselves: they have to keep their doctor appointments, take their medication, do their exercises, stop smoking. The patient thus has a profound effect on the course of the disease, and so for a physician to succeed, he or she must also be familiar with the patient's motivations, values, concerns, and relationship with the doctor. Many doctors eventually figure out how to put the patient at the center of their practice, but they should learn to do this at the training level, not haphazardly over time. To that end, the training of primary care physicians must recognize a distinction between doctoring itself and the medical science on which it is based, and should try to produce doctors who rely on both their scientific and subjective assessments of their patients' overall needs. There must be a return to careful observational and physical examination skills and finely tuned history taking and communication skills. Cassell also advocates the need to teach the behavior of both sick and well persons, evaluation of data from clinical epidemiology, decision making skills, and preventive medicine, as well as actively teaching how to make technology the servant rather than the master, and offers practical tips for instruction both in the classroom and in practice. Most important, Doctoring argues convincingly that primary care medicine should become a central focus of America's health care

system, not merely a cost-saving measure as envisioned by managed care organizations. Indeed, Cassell shows that the primary care physician can fulfill a unique role in the medical community, and a vital role in society in general. He shows that primary care medicine is not a retreat from scientific medicine, but the natural next step for medicine to take in the coming century.

Explore effective ways to enhance the wellness and independence of older adults across the wellness-illness continuum. From an overview of the theories of aging and assessment through the treatment of disorders, including complex illnesses, this evidence-based book provides the comprehensive gerontological coverage you need to prepare for your role as an Advanced Practice Nurse. Understand how to easily identify factors that may affect the wellness of your patients and their families. Plus, enhance your critical-thinking skills with real-world case studies that bring concepts to life.

Edited by Robert E. Rakel, MD and David P. Rakel, MD, *Textbook of Family Medicine* remains your #1 choice for complete guidance on the principles of family medicine, primary care in the community, and all aspects of clinical practice. Ideal for both residents and practicing physicians, it includes evidence-based, practical information to optimize your patient care and prepare you for the ABFM exam. The full-color format features a clean, quick-reference layout that makes it easy for you to put information to work immediately in your practice. You can also access the complete contents online at [www.expertconsult.com](http://www.expertconsult.com), plus 30 videos of common office procedures, additional

chapters on timely topics, and figures, tables, and photographs that supplement the text. Prepare for success on the ABFM exam with complete coverage of all aspects of family medicine. Access information quickly with an efficient, full-color layout that makes it easy to apply the latest knowledge in your practice. Take advantage of today's most useful online resources with a convenient list of outstanding clinical websites. Quickly spot "Best Evidence Recommendations" with special boxes located throughout the text. Glean helpful tips on diagnosis and therapy from "Key Points" boxes found on every page. Access the complete contents and illustrations online at [www.expertconsult.com](http://www.expertconsult.com) - fully searchable - plus additional figures, tables, and photographs online, as well as online-only chapters that cover topics such as prescribing nutritional supplements and botanicals. View 30 videos online covering common office procedures such as vasectomy, the proper use of today's diabetic equipment, and endometrial biopsy. Gain a new understanding of the patient-centered medical home and how to achieve this status in outpatient clinics. Make the most effective care decisions with help from "Evidence vs. Harm" icons that guide you through key treatments of common medical conditions. The Textbook of Family Medicine continues to provide the latest, most comprehensive coverage of family medicine practice.

A comprehensive guide to the current practice of pediatric care, this updated edition includes new chapters on complementary and alternative medicine, genetics in primary

care, and updated chapters regarding infant and child behavior and development. A clear and concise reference for the busy clinician or medical student in need of immediate medical information, the Practical Guide to the Care of the Medical Patient continues to provide a fast and efficient way to identify important clinical and laboratory information. This new sixth edition continues to emphasize current, practical clinical information, drug therapeutics and laboratory medicine, and includes 78 new Differential Diagnosis tables--203 in all, as well as an extensive new section on diagnostic imaging.

Clinicians and students at all levels and in all primary care disciplines will benefit from the clear, practical, evidence-based writing and recommendations that address the full spectrum of clinical problems encountered in the adult primary care practice. Whether it's the answer to a screening, prevention, evaluation, or management question or a comprehensive approach to a complex condition, the reader will find a review of best evidence integrated with considerations of affordability, cost-effectiveness, convenience and patient preference. Chapters present actionable, scientifically validated guidance that allows physicians to go beyond standard consensus guidelines and provide highly personalized care. Special consideration is given to team-based approaches of primary care delivery, recognizing its increasing importance to achieving high levels of practice performance. Primary Care Medicine's digital format and quarterly updates ensure current, point-of-care decision support. New, online resources include a recommended

curriculum for trainees and faculty, emphasizing a core knowledge base needed for all members of the primary care team, and access to state-of-the-art, condition-specific decision grids to facilitate patient participation in shared decision-making.

Since the publication of the Institute of Medicine (IOM) report *Clinical Practice Guidelines We Can Trust* in 2011, there has been an increasing emphasis on assuring that clinical practice guidelines are trustworthy, developed in a transparent fashion, and based on a systematic review of the available research evidence. To align with the IOM recommendations and to meet the new requirements for inclusion of a guideline in the National Guidelines Clearinghouse of the Agency for Healthcare Research and Quality (AHRQ), American Psychiatric Association (APA) has adopted a new process for practice guideline development. Under this new process APA's practice guidelines also seek to provide better clinical utility and usability. Rather than a broad overview of treatment for a disorder, new practice guidelines focus on a set of discrete clinical questions of relevance to an overarching subject area. A systematic review of evidence is conducted to address these clinical questions and involves a detailed assessment of individual studies. The quality of the overall body of evidence is also rated and is summarized in the practice guideline. With the new process, recommendations are determined by weighing potential benefits and harms of an intervention in a specific clinical context. Clear, concise, and actionable recommendation statements help clinicians to incorporate recommendations into clinical practice, with the goal of

improving quality of care. The new practice guideline format is also designed to be more user friendly by dividing information into modules on specific clinical questions. Each module has a consistent organization, which will assist users in finding clinically useful and relevant information quickly and easily. This new edition of the practice guidelines on psychiatric evaluation for adults is the first set of the APA's guidelines developed under the new guideline development process. These guidelines address the following nine topics, in the context of an initial psychiatric evaluation: review of psychiatric symptoms, trauma history, and treatment history; substance use assessment; assessment of suicide risk; assessment for risk of aggressive behaviors; assessment of cultural factors; assessment of medical health; quantitative assessment; involvement of the patient in treatment decision making; and documentation of the psychiatric evaluation. Each guideline recommends or suggests topics to include during an initial psychiatric evaluation. Findings from an expert opinion survey have also been taken into consideration in making recommendations or suggestions. In addition to reviewing the available evidence on psychiatry evaluation, each guideline also provides guidance to clinicians on implementing these recommendations to enhance patient care.

The Ovid version of Primary Care Medicine features ongoing updates that comment on important new studies, particularly those that have received heavy coverage in the lay press and about which patients are likely to seek information from their physicians. The

Primary Care Medicine updates feature separate reports for the physician, known as the Physician Advisories as well as Patient Advisories that serve as an excellent source for patient handouts.

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