

## The Other Mother A Psychological Thriller You Wont Be Able To Put Down

• "Deliciously entertaining!" —People Magazine's "People Pick" • Entertainment Weekly's "MUST List" • O Magazine's "15 Best Beach Books of the Year So Far" • Bustle "Best Book of April" • Refinery29 "Best Book of April" • Cosmopolitan "Best Book of April" • Woman's Day's "27 Fiction Books of 2019 to Add to Your Reading List ASAP" • BookBub's "Biggest Books of April" • PopSugar's "30 Must-Read Books of 2019" A twisty, compelling new novel about one woman's complicated relationship with her mother-in-law that ends in death... From the moment Lucy met her husband's mother, she knew she wasn't the wife Diana had envisioned for her perfect son. Exquisitely polite, friendly, and always generous, Diana nonetheless kept Lucy at arm's length despite her desperate attempts to win her over. And as a pillar in the community, an advocate for female refugees, and a woman happily married for decades, no one had a bad word to say about Diana...except Lucy. That was five years ago. Now, Diana is dead, a suicide note found near her body claiming that she longer wanted to live because of the cancer wreaking havoc inside her body. But the autopsy finds no cancer. It does find traces of poison, and evidence of suffocation. Who could possibly want Diana dead? Why was her will changed at the eleventh hour to disinherit both of her children, and their spouses? And what does it mean that Lucy isn't exactly sad she's gone? Fractured relationships and deep family secrets grow more compelling with every page in this twisty, captivating new novel from Sally Hepworth. Praise for Sally Hepworth: "With jaw-dropping discoveries, and realistic consequences, this novel is not to be missed. Perfect for lovers of Big Little Lies." —Library Journal, starred review "Hepworth deftly keeps the reader turning pages and looking for clues, all the while building multilayered characters and carefully doling out bits of their motivations."

—Booklist

A 2006 Lambda Literary finalist in the LGBT anthology category After author Harlyn Aizley gave birth to her daughter, she watched in unanticipated horror as her partner scooped up the baby and said, "I'm your new mommy!" While they both had worked to find the perfect sperm donor, Aizley had spent nine months carrying the baby and hours in labor, so how could her partner claim to be their child's mommy? Many diapers later, Aizley began to appreciate the complexity of her partner's new role as the other mother. Together, they searched for stories about families like their own, in which a woman has chosen to forgo her own birth experience so that she might support her partner in hers. They found very few. Now, in *Confessions of the Other Mother*, Aizley has put together an exciting collection of personal stories by women like her partner who are creating new parenting roles, redefining motherhood, and reshaping our view of two-parent families. Contributors include Hillary Goodridge, who was one of the lead

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plaintiffs in the case for same-sex marriage in Massachusetts, stand-up comedian Judy Gold, and psychologist and author Suzanne M. Johnson. This candid peek into a previously unexamined side of lesbian parenting is full of stories that are sometimes humorous, sometimes moving, but at all times celebratory. Each parenting tale sheds light on the many facets of motherhood, offering gay and straight readers alike a deeper understanding of what it means to love and parent in the twenty-first century.

'OMG... LITERALLY BLEW MY MIND AWAY!!... Whew... Ruth's writing had me enslaved to my Kindle, tapping away at the pages.' Goodreads Reviewer, 5 stars

Everyone makes mistakes. But does everyone deserve to be forgiven? She runs past the tinkling of children's laughter that fills the park. Heart hammering, feet stinging, she reaches the riverbank, her breath catching in her throat. And then she sees... Three years later. Claire has everything she's always wanted. A newborn baby. A doting husband by her side. A picturesque home in the countryside. But behind closed doors, Claire's life is falling apart. Her husband is barely ever home, she's struggling to bond with her baby girl, and she swears that she is being watched in the remote, lonely cottage. And when a threatening note is posted through her letterbox, saying she doesn't deserve her daughter, it's clear that someone knows about the terrible mistake that Claire made – someone won't let her forget it. Three years ago, she would have known who to turn to. But now she no longer recognises those closest to her, or the person she's become. Who can she trust? An atmospheric, chilling and absolutely unputdownable psychological thriller about a mother's worst nightmare. Fans of KL Slater, Shalini Boland and *The Girl on the Train* will love the twists, turns and gasp-worthy shocks of this stunning debut from Ruth Heald. Readers absolutely love *The Mother's Mistake*: 'Wow, what a story... Utterly hooked from page one, so glad it was a weekend and I could binge read!... An absolute must-read!! 5 huge stars from me.' Goodreads Reviewer, 5 stars 'Wow... I absolutely loved it... Kept me guessing until the end... The best book I have read in ages.' NetGalley Reviewer, 5 stars 'Wow! What an amazing read! Tons of twists and turns and full of suspense... Can't wait for more from this amazing author!' Goodreads Reviewer, 5 stars 'WOW. I absolutely loved this story... I had knots in my stomach throughout wondering what was going to happen next. Brilliant... One of my top reads this year.' Goodreads Reviewer, 5 stars '5 big shiny fat stars... This blew me out of the water.' Goodreads Reviewer, 5 stars 'Absolutely incredible... I was hooked, I just really couldn't put it down.' Life & Tea, 5 stars 'A wonderful read!... Let me say that all is not as it seems and MORE!!!... This is another of the best books I have read this year! A fast-moving thriller that constantly has the reader in suspense!' Goodreads Reviewer, 5 stars 'All I can say is WOW.' Goodreads Reviewer, 5 stars 'I loved this book!... It was one of the best thrillers I've read this year.' Goodreads Reviewer 'Wow! What a brilliant psychological thriller! *The Mother's Mistake* is thought-provoking and chilling with a suspenseful plot and amazing characters.' Goodreads Reviewer 'What an

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amazing thriller!... Stayed up way past my bedtime to find out what was going to happen next.' Goodreads Reviewer, 5 stars 'I really loved this book! Read it in one day, couldn't put it down!' Goodreads Reviewer, 5 stars 'A must-read... Has it all: twisty, addictive, pulls you in from page one.' Goodreads Reviewer, 5 stars 'Perfect... gripped me from start to finish... An amazing, totally unexpected twist... Wonderful.' Goodreads Reviewer, 5 stars 'I couldn't turn the pages fast enough.' Books & Sunny 'What a fantastic book, I loved every word on every page... A brilliantly addictive psychological thriller, full of twists and turns and it kept me on the edge of my seat throughout.' NetGalley Reviewer, 5 stars 'Fabulous... An absolute page-turner!... It had me guessing until the end... Kept me turning the pages late into the night.' Goodreads Reviewer, 5 stars 'Ruth Heald hit it out of the park!' Goodreads Reviewer, 5 stars

Three women share one deadly secret in this thrilling novel of psychological suspense for fans of *Gone Girl*, *The Sister*, and *The Girl on the Train*. Lissy and her daughter, Rosie, live a quiet life in Yorkshire. However when events at Rosie's school come to light, their peaceful existence is shattered. Meanwhile, middle-aged women Erica and Beverley appear to have perfect lives but behind closed doors things are not as they seem. All three women are tied together by a dark past that goes back to their school days. A child was murdered and one of the women is to blame. But is the person responsible for the child's death the same person who was blamed for it all those years ago? As secrets from their past begin to surface it becomes clear that someone has revenge in their sights. . .

Imaginary friend Budo narrates this heartwarming story of love, loyalty, and the power of the imagination—the perfect read for anyone who has ever had a friend . . . real or otherwise Budo is lucky as imaginary friends go. He's been alive for more than five years, which is positively ancient in the world of imaginary friends. But Budo feels his age, and thinks constantly of the day when eight-year-old Max Delaney will stop believing in him. When that happens, Budo will disappear. Max is different from other children. Some people say that he has Asperger's Syndrome, but most just say he's "on the spectrum." None of this matters to Budo, who loves Max and is charged with protecting him from the class bully, from awkward situations in the cafeteria, and even in the bathroom stalls. But he can't protect Max from Mrs. Patterson, the woman who works with Max in the Learning Center and who believes that she alone is qualified to care for this young boy. When Mrs. Patterson does the unthinkable and kidnaps Max, it is up to Budo and a team of imaginary friends to save him—and Budo must ultimately decide which is more important: Max's happiness or Budo's very existence. Narrated by Budo, a character with a unique ability to have a foot in many worlds—imaginary, real, child, and adult—*Memoirs of an Imaginary Friend* touches on the truths of life, love, and friendship as it races to a heartwarming . . . and heartbreaking conclusion.

"A gothic and elegant page-turner."—*The Boston Globe* Twenty years ago, Jane

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Hudson fled the Heart Lake School for Girls in the Adirondacks after a terrible tragedy. The week before her graduation, in that sheltered wonderland, three lives were taken, all victims of suicide. Only Jane was left to carry the burden of a mystery that has stayed hidden in the depths of Heart Lake for more than two decades. Now Jane has returned to the school as a Latin teacher, recently separated and hoping to make a fresh start with her young daughter. But ominous messages from the past dredge up forgotten memories. And young, troubled girls are beginning to die again—as piece by piece the shattering truth slowly floats to the surface. . . .

‘A beautifully paced psychological thriller. Twisty, engrossing, sensitive and dark. EXCELLENT’ Will Dean, author of Dark Pines All mothers have secrets...some are unforgivable Kate Marshall lives an enviable life. Married to handsome, charming, James, owner of a successful company, she seems to have it all. But falling pregnant at 45 was never part of the plan. Especially as Kate’s hiding a devastating secret – one that she’s been running from for twenty years. So when ex-boyfriend Paul comes back into her life, threatening to expose the truth about what Kate did, the clock is ticking. Can she keep her secrets and finally be the mother she always dreamed of – or will her past lies destroy her perfect life? An unputdownable, complex and twisty psychological thriller about mothers and daughters – fans of Shalini Boland, Liane Moriarty and Jane Shemilt will love this gripping read. Readers are gripped by Ruby Speechley's latest twisty thriller: ‘Brilliant! A fantastic psychological thriller with secrets, lies, blackmail, this twisty story has everything - very suspenseful, I loved it.’ ????? Reader Review ‘An unspeakable secret, with lies and twists at every turn, Ruby’s breathtaking writing draws you in so tightly that you can’t let go until the very end.’ Deborah Masson, author of Hold Your Tongue ‘Great read. The author really draws the reader into the story...couldn't put the book down.’ ????? Reader Review ‘A brilliant addictive read... I just cannot speak highly enough about this book.’ ????? Reader Review ‘brilliant writing and plot twists... It will really keep you guessing as to what all the characters are hiding and why!’ Reader Review ‘Kept me guessing from the beginning to the end. Excellent read’ ????? Reader Review ‘Wow! This book kept me guessing the whole time!’ ????? Reader Review ‘Secrets pile up from the first page in this gripping and twisty page-turning thriller. Hugely enjoyable, a compulsive read.’ Sally Harris, author of Haverscroft ‘Such a secret to stay hidden. I didn’t see that coming...An amazing writer, told such a gripping story’ ????? Reader Review ‘The writing was so good! I couldn't put this one down.’ Reader Review ‘A fast-paced and complex psychological thriller/drama, bubbling with secrets and packed with twists and turns’ Susan Elliot Wright, author of The Flight of Cornelia Blackwood ‘A twisty, intriguing thriller with compelling characters and a dark, emotional heart.’ Roz Watkins, author of Cut to the Bone and The Devil’s Dice ‘Ruby Speechley is a truly talented writer, with her ability to create characters that feel so real... a shining example of a gripping domestic thriller.’ Vikki Pattis, author of The Wake

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and Girl, Lost 'A compelling read packed with characters who are both flawed and engaging... packs a hefty emotional punch. Highly recommended.' Dave Sivers, author of In Ink 'I found myself frantically turning the pages of this beautifully written, character-driven psychological thriller to find out Kate's dark secret' Louise Mangos, author of Her Husband's Secrets

Mothers and Others finds the key in the primatologically unique length of human childhood. Renowned anthropologist Sarah Hrdy argues that if human babies were to survive in a world of scarce resources, they would need to be cared for, not only by their mothers but also by siblings, aunts, fathers, friends—and, with any luck, grandmothers. Out of this complicated and contingent form of childrearing, Hrdy argues, came the human capacity for understanding others. In essence, mothers and others teach us who will care, and who will not.

If your life flashed before your eyes, would you have any regrets? Everyone has their secrets, some are more deadly than others... When Leah is involved in a train crash, she goes to a therapist, Will. He attempts to help her through the trauma but whenever Leah is in his presence, strange things occur. She suffers from hallucinations that include visions of her dead brother, Ellis. As Leah reveals to Will that her friends Jacob and Chloe wronged her, further flashbacks of her childhood and parts of her life she would sooner forget begin to surface, troubling Leah even more. But what is actually bothering her and what led Leah to be on that train? Nothing is as it seems, and soon she will learn the heart-breaking truth... What everyone is saying about In The Dying Minutes: "A fantastic read full of twists." "This book blew me away." "The storytelling is as near to perfect as you can get." "A gripping psychological suspense which will have you reading in one sitting" "A twisting blinding read." J.A. Baker is also the author of the bestselling psychological thrillers The Other Mother, The Woman at Number 19 and The Girl I Used to Be. In The Dying Minutes is a tense and completely compelling novel which will keep you guessing until the very end. It will appeal to fans of authors like S.E. Lynes, K.L. Slater and Lucy Dawson.

On a spring day in 1993, Nancy Abrams helped her daughter dress for day care, packed her lunch, and said good-bye. Next she drove to court, where she learned that in the eyes of the law she was nothing more than "a biological stranger" to the child she helped bring into the world and raise. That was the last time she would see her daughter or hear her voice for five years. The Other Mother begins as Abrams and her female lover decide to start a family together. With giddy anticipation, they search for a sperm donor, shop for baby clothes and crib, and attend childbirth classes. But despite their high hopes, the relationship begins to fall apart, and they separate when their daughter is a toddler. Problems between the two intensify until, shortly before her daughter's fifth birthday, Abrams loses custody. In unprecedented depth, Abrams's compelling narrative examines the social, legal, and political implications of gay and lesbian parenting. Her haunting memoir asks the question, "What makes a mother?" It is a question that biological parents, co-parents, adoptive parents, step-parents, and

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divorced parents must each answer in their own way. In telling one woman's story, *The Other Mother* makes a solid case for legal protections, including marriage, for lesbian and gay families.

“An atmospheric and harrowing tale, richly literary in complexity but ripe with all the crazed undertones, confusions, and forebodings inherent in the gothic genre. Recommend this riveting, du Maurier–like novel to fans of Jennifer McMahon.” — Booklist (starred review) From the author of the internationally bestselling *The Lake of Dead Languages* comes a gripping novel about madness, motherhood, love, and trust. When Daphne Marist and her infant daughter, Chloe, pull up the gravel drive to the home of Daphne's new employer, it feels like they've entered a whole new world. Tucked in the Catskills, the stone mansion looks like something out of a fairy tale, its lush landscaping hiding the view of the mental asylum just beyond its border. Daphne secured the live-in position using an assumed name and fake credentials, telling no one that she's on the run from a controlling husband who has threatened to take her daughter away. Daphne's new life is a far cry from the one she had in Westchester where, just months before, she and her husband welcomed little Chloe. From the start, Daphne tries to be a good mother, but she's plagued by dark moods and intrusive thoughts that convince her she's capable of harming her own daughter. When Daphne is diagnosed with Post Partum Mood Disorder, her downward spiral feels unstoppable—until she meets Laurel Hobbes. Laurel, who also has a daughter named Chloe, is everything Daphne isn't: charismatic, sophisticated, fearless. They immediately form an intense friendship, revealing secrets to one another they thought they'd never share. Soon, they start to look alike, dress alike, and talk alike, their lives mirroring one another in strange and disturbing ways. But Daphne realizes only too late that being friends with Laurel will come at a very shocking price—one that will ultimately lead her to that towering mansion in the Catskills where terrifying, long-hidden truths will finally be revealed....

As you prepare to become a mother, you face an experience unlike any other in your life. Having a baby will redirect your preferences and pleasures and, most likely, will realign some of your values. As you undergo this unique psychological transformation, you will be guided by new hopes, fears, and priorities. In a most startling way, having a child will influence all of your closest relationships and redefine your role in your family's history. The charting of this remarkable, new realm is the subject of this compelling book. Renowned psychiatrist Daniel N. Stern has joined forces with pediatrician and child psychiatrist Nadia Bruschweiler-Stern and journalist Alison Freeland to paint a wonderfully evocative picture of the psychology of motherhood. At the heart of *The Birth of a Mother* is an arresting premise: Just as a baby develops physically in utero and after birth, so a mother is born psychologically in the many months that precede and follow the birth of her baby. The recognition of this inner transformation emerges from hundreds of interviews with new mothers and decades of clinical experience. Filled with revealing case studies and personal comments from

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women who have shared this experience, this book will serve as an invaluable sourcebook for new mothers, validating the often confusing emotions that accompany the development of this new identity. In addition to providing insight into the unique state of motherhood, the authors touch on related topics such as going back to work, fatherhood, adoption, and premature birth. During pregnancy, mothers-to-be talk about morning sickness and their changing bodies, and new mothers talk about their exhaustion, the benefits of nursing or bottle-feeding, and the dilemma of whether or when they should return to work. And yet, they can be strangely mute about the dramatic and often overwhelming changes going on in their inner lives. Finally, with *The Birth of a Mother*, these powerful feelings are eloquently put into words.

The acclaimed New York Times bestseller by Sue Klebold, mother of one of the Columbine shooters, about living in the aftermath of Columbine. On April 20, 1999, Eric Harris and Dylan Klebold walked into Columbine High School in Littleton, Colorado. Over the course of minutes, they would kill twelve students and a teacher and wound twenty-four others before taking their own lives. For the last sixteen years, Sue Klebold, Dylan's mother, has lived with the indescribable grief and shame of that day. How could her child, the promising young man she had loved and raised, be responsible for such horror? And how, as his mother, had she not known something was wrong? Were there subtle signs she had missed? What, if anything, could she have done differently? These are questions that Klebold has grappled with every day since the Columbine tragedy. In *A Mother's Reckoning*, she chronicles with unflinching honesty her journey as a mother trying to come to terms with the incomprehensible. In the hope that the insights and understanding she has gained may help other families recognize when a child is in distress, she tells her story in full, drawing upon her personal journals, the videos and writings that Dylan left behind, and on countless interviews with mental health experts. Filled with hard-won wisdom and compassion, *A Mother's Reckoning* is a powerful and haunting book that sheds light on one of the most pressing issues of our time. And with fresh wounds from the Newtown and Charleston shootings, never has the need for understanding been more urgent. All author profits from the book will be donated to research and to charitable organizations focusing on mental health issues. — Washington Post, Best Memoirs of 2016

In 1965, Carol Schaefer was 19, a freshman in college and deeply in love. She was also pregnant. When her boyfriend's family opposed their marrying, her parents sequestered her in a Catholic home for unwed mothers a state away, where she was isolated and where secrecy prevailed. She had only to give up her baby for her sin to be forgiven and then all would soon be forgotten she was told. The child, in turn, would be placed with a "good" family, instead of having his life ruined by the stigma of illegitimacy. Carol tried to find the strength to oppose this dogma but her shame had become too deep. "The first time I looked deep into my son's eyes, I felt like a criminal. As I unwrapped his hospital blanket

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and took in the heady fragrance of a newborn, I feared the nurses or the sisters would come in and slap me for contaminating my own son." Finding no way out, she signed the fateful papers leaving her son in the hands of strangers, but with a vow to her baby she would find him one day. For years, Carol struggled to forget and live the "normal" life promised, not understanding the consequences of the trauma she'd endured. On his eighteenth birthday, she set out to find him, although the law denied access to records. Her search became a spiritual quest to reclaim her own lost self, as she came to understand the emotional and psychological wounds she and other mothers like her had endured. Against all odds she succeeded in finding him and discovered that in many ways they had never really been apart. With her son's encouragement and his adoptive mother's cooperation, she tells their story.

REVIEWS: "Strength, sadness, joy, and the power of undeniable love abound in this book." 500 Great Books by Women (A Penguin Books Reader's Guide, 1994) The list of authors goes back to the 11th century. Nominated "One of the best books of 1991." American Library Association. "... flows as forcefully as the finest fiction. ... This 'ten-hankie-read' never descends into sentimentality but simply reveals the unvarnished truths of the human heart." Wilson Library Bulletin "This wrenching account, covering a range of adoption issues, is a moving testament to the bonding power of motherhood." Publishers Weekly "An astonishing revelation of the emotions that come into play throughout the adoptive process - a must read for all concerned." Kirkus Reviews Literary Guild Alternate Selection. "Inspiring ... a heart tugger." Patricia Holt, San Francisco Chronicle "A chronicle of a time with the starkest of emotions revealed ... Readers quickly understand the trauma that lingers on deep in the hearts of birthmothers every day of their lives." Elliot Bay Booknotes "It should be a must read for anyone who considers adoption the 'easy' answer to an unwanted pregnancy." The Philadelphia Inquirer "As she experiences pain and love, you're on that roller coaster with her, as if the life she lived was yours." St. Petersburg Times "Poignant and powerful, The Other Mother shatters the myth that unwed mothers, unprepared for the sacrifice they make, go on to lead normal and untouched lives." Booklist "Any woman who has gone through any part of her experience, or has been close to somebody who has, will attest to the story's authenticity." The Washington Post "I recommend it with all my heart. Its courage, integrity and love make it a treasure. ... not only for adoptive families and birth families, it is for everyone who longs to know how deep the levels are that connect us, and how precious." Gary Zukav, The Seat of the Soul "... addresses intimately the experience of a Birthmother as no other book has - or probably ever will. Expertly written." Jone Carlson, Editor People Searching News "Courageous, moving and heartening." Betty Jean Lifton, Journey of the Adopted Self "A wonderful book. From my professional perspective the book is right on target." Reubon Pannor, coauthor, The Adoption Triangle

Whether we acknowledge it or not, our mothers leave an indelible impression on

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the persons we become. Our ability to function emotionally in relationships-both personal and professional-is based on our mothers' deep influence. In a book full of insights and wisdom based on a career of helping others, acclaimed psychologist Stephan B. Poulter shows how the mother factor can work either for or against us. The key to allowing this important legacy to work for us, says Dr. Poulter, depends on understanding our mother's pervasive influence on our life. He shows that the way we connect emotionally in adult relationships is based on the style of our mothers. Dr. Poulter defines the five major styles of mothering as:

- The Perfectionist Mother-whose family must look perfect in every way
- The Unpredictable Mother-whose ups and downs can create lifelong anxiety and depression in her son or daughter
- The Me First Mother-whose children come second or last
- The Best Friend Mother-who's now in vogue but can wreak havoc
- The Complete Mother-who provides guidance and shows compassion to her child.

Although most mothers are a combination of the above, many fit more into one category than others. Even though as adults, we tend to dismiss our past as the past, we do so at risk to ourselves. Only by understanding how our mother's legacy affects us today can we transcend the mysterious anger, anxiety, depression, and shame that we feel, and achieve the kind of relationships we deserve. Dr. Poulter demonstrates how the internalized rulebook we inherit from our mothers is a very powerful force. These unspoken rules govern work, relationships, emotions, separation, and independence. Unless we become aware of the rules that guide our behavior, thoughts, and beliefs, we won't have the ability to make our own choices. This enlightening book will help readers connect with their past to correct self-defeating behaviors, reach their full emotional potentials, and live happier, more fulfilling lives.

Stephan B. Poulter, PhD (Los Angeles, CA), is the author of three previous books including *The Father Factor*, which was praised by *Newsweek*, *Publishers Weekly*, and other publications, and received widespread attention on *Good Morning America*, *CNN*, *MSNBC*, and other media outlets. He has practiced as a clinical psychologist specializing in family relationships for twenty-four years. Dr. Poulter lectures widely and appears regularly on radio talk shows and news programs.

With a keen eye for what pulls us apart and what brings us together, *The Other Mother* shines a light on the complexities of mothers trying to balance it all. Amanda is a successful book editor at a prominent publishing house in New York City. Thea is a stay-at-home mother of three who has never really left the community in which she grew up. Eight months' pregnant with her first child, Amanda and her husband move next door to Thea and her family, and the two women find themselves both drawn to and repelled by each other and their opposing choices in the constant struggle to balance career and family life. When a disaster forces Amanda and her family to take refuge in Thea's home, the tensions simmering between them are forced to the surface and rise even further when Thea fills in as Amanda's temporary nanny. But once dead animals start appearing on Thea's front porch and she thinks that surely they're a macabre gift

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from Amanda, then the battle with “the other mother” begins in earnest. Gwendolen Gross has created a stunning, dark, suspenseful novel that is as brave as it is shocking.

THE REESE WITHERSPOON X HELLO SUNSHINE BOOK CLUB PICK AND NEW YORK TIMES BESTSELLER "One of the most twisted and entertaining plots."—Reese Witherspoon "Whiplash-inducing."—New York Times Book Review "Such fun you'll cheer [Emily's] chutzpah."—PEOPLE "This thriller will hit close to home."—Refinery29 The most twisty, addictive and gripping debut thriller you'll read this year. HE LOVES YOU: Adam adores Emily. Emily thinks Adam's perfect, the man she thought she'd never meet. BUT SHE LOVES YOU NOT: Lurking in the shadows is a rival, a woman who shares a deep bond with the man she loves. AND SHE'LL STOP AT NOTHING: Emily chose Adam, but she didn't choose his mother Pammie. There's nothing a mother wouldn't do for her son, and now Emily is about to find out just how far Pammie will go to get what she wants: Emily gone forever. The Other Woman will have you questioning her on every page, in Sandie Jones' chilling psychological suspense about a man, his new girlfriend, and the mother who will not let him go.

A GOOD MORNING AMERICA BOOK CLUB PICK "An intense psychological drama that will be embraced by serious book clubs and fans of Lionel Shriver's We Need to Talk about Kevin." —Kristin Hannah, #1 New York Times bestselling author "A poetic, propulsive read that set my nerves jangling." —Lisa Jewell, #1 New York Times bestselling author of Then She Was Gone A tense, page-turning psychological drama about the making and breaking of a family—and a woman whose experience of motherhood is nothing at all what she hoped for—and everything she feared Blythe Connor is determined that she will be the warm, comforting mother to her new baby Violet that she herself never had. But in the thick of motherhood's exhausting early days, Blythe becomes convinced that something is wrong with her daughter—she doesn't behave like most children do. Or is it all in Blythe's head? Her husband, Fox, says she's imagining things. The more Fox dismisses her fears, the more Blythe begins to question her own sanity, and the more we begin to question what Blythe is telling us about her life as well. Then their son Sam is born—and with him, Blythe has the blissful connection she'd always imagined with her child. Even Violet seems to love her little brother. But when life as they know it is changed in an instant, the devastating fall-out forces Blythe to face the truth. The Push is a tour de force you will read in a sitting, an utterly immersive novel that will challenge everything you think you know about motherhood, about what we owe our children, and what it feels like when women are not believed.

The past is catching up with you. Your child is paying the price. I love my eight-year-old son Riley more than anything. Yet the truth is, I fear for him. It's hard being a single mother. It's even harder when you can't let anyone come close. When you avoid parents at the school gate, scared you'll give too much away. Riley thinks his father died in a car crash. He has no idea what really happened

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eight years ago – why I ended up sobbing in the dark on the kitchen floor. Every mother is protective of her child. But not every mother is constantly glancing over her shoulder. Everyone has secrets. But not everyone is terrified of their lies being exposed, their lives unravelling when it all comes out. So when Riley disappears from our garden on a cold winter's afternoon, I know that he hasn't just run away. I'd do anything to save my son – but if I tell the truth, I might lose him for ever... A totally gripping psychological thriller that will get your pulse racing like crazy as it hits you with twist after twist after twist! If you loved *The Wife Between Us* or *The Girl on the Train* you'll be utterly glued to this page-turner. Readers love Nicole Trope: 'Wow!!! Wow!!! Wow!!! This book is a total page-turner and will keep you guessing with every page.' Goodreads reviewer, ?????? 'Omg! Omg!... My son came in and asked me who I was yelling at?! (I was yelling at my e-reader)... LOL, my heart is still beating crazy!... OK, I have to go now. I need a big glass of wine to calm down!' Ana's Attic Guest Reviewer, ?????? 'Oh my GOSH!!!!!! I read this emotionally charged, compelling book in one sitting. Whoa, my emotions are ALL over the place!!!' NetGalley reviewer, ?????? 'I've never been soooooo engrossed in a book from the first pages. Amazing, emotional and just wow!!' NetGalley reviewer, ?????? 'Simply brilliant... Almost gave me an aneurysm in my attempt to finish it.' @rk\_reads, ?????? 'Absolutely amazing!... So so good with so many twists and surprises. I could not put it down and read it in 24 hours!' Goodreads reviewer, ?????? 'After reading this book I realise I use the phrase "page-turner" too much, because THIS was a true PAGE-TURNER. I read it in one sitting.' Goodreads reviewer, ??????

This mother is not my mother. She looks like my mother. Exactly like my mother. But she is definitely not my mother. Thirteen-year-old Michael Perkins is dealing with a lot. In the wake of his father's sudden death, he's had to become a de facto parent to his two younger siblings as his mother works double-shifts to keep the family afloat. And he struggles with anger issues. Then one day, Michael wakes up and his mother is gone. She's been replaced by an exact duplicate mother, the 'other mother'. No one else seems to notice the impostor - they act as if nothing's wrong - but Michael knows in his bones that this mother is not his. What follows is the big-hearted, life-enhancing story of a boy forced to be a man too early, struggling with an unusual disorder which offers unique challenges - and unique opportunities.

A story of fertility, feminism, and family Jenn Berney was one of those people who knew she was destined for motherhood—it wasn't a question of if, but when. So when she and her wife Kelly decided to start building their family, they took the next logical step: they went to a fertility clinic. But they soon found themselves entrenched in a medical establishment that didn't know what to do with people like them. With no man factoring into their relationship, doctors were at best embarrassed and at worst disparaging of the couple. Soon Jenn found herself stepping outside of the system determined to disregard her. Looking into the history of fertility and the LGBTQ+ community, she saw echoes of her own

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struggle. For decades queer people have defied the patriarchy and redefined the nuclear family—and Jenn was walking in their footsteps. Through the ups-and-downs of her own journey, Jenn reflects on a turbulent past that has led her to this point and a bright future worth fighting for. With clarity, determination, and hope, *The Other Mothers* gives us a wonderful glimpse into the many ways we can become family.

When Saltman gave birth to her daughter, Azalea, she loved her deeply but felt as if something was missing. Looking back at her own life, Saltman thought maybe she was broken. Then she discovered the science of attachment, the field of psychology that explores the question of why-- from an evolutionary point of view-- love exists between parents and children. She examined the findings of researcher Mary Ainsworth's famous laboratory procedure, the Strange Situation. In this twenty-minute procedure, a baby and a caregiver enter an ordinary room with two chairs and some toys, and the minutiae of their back-and-forth with each other is observed. Here Saltman gives readers the tools to better understand their own life histories and their relationships today. -- adapted from jacket "Taut, absorbing and psychologically astute, in *A Good Enough Mother* Bev Thomas combines all the tension of a thriller with the emotional resonance of a powerful family drama." --Paula Hawkins, #1 New York Times bestselling author of *The Girl on the Train* "Perfect for fans of *The Silent Patient*." --Booklist A riveting page-turner that lets us inside the secret world of therapist and patient, where boundaries get crossed, and events spiral out of control. . . Ruth Hartland is a psychotherapist with years of experience. But professional skill is no guard against private grief. The mother of grown twins, she is haunted by the fact that her beautiful, difficult, fragile son Tom, a boy who never "fit in," disappeared a year and a half earlier. She cannot give up hope of finding him, but feels she is living a kind of half-life, waiting for him to return. Enter a new patient, Dan--unstable and traumatized--who looks exactly like her missing son. She is determined to help him, but soon, her own complicated feelings, about how she has failed her own boy, cloud her professional judgement. And before long, the unthinkable becomes a shattering reality.... An utterly compelling drama with a timebomb at its core, *A Good Enough Mother* is a brilliant, beautiful story of mothering, and how to let go of the ones we love when we must.

Aspiring doctors fear the MCAT with good reason- the exam is a daunting 7.5 hours long and covers much more than just the facts about basic sciences. It's an in-depth, rigorous examination of knowledge of a multitude of physical and biological scientific concepts and principles, as well as critical-thinking and writing skills. *MCAT Psychology and Sociology Review* includes topic reviews of the biological foundations of behavior, personality, motivation, attitudes, psychological disorders, self- and group identities, social structures, learning and memory, and statistics and research methods. The book also includes access to 3 full-length practice MCAT exams. This revised 3rd edition reflects recent changes made by the test-makers to content coverage on the exam (including a

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new section on research methods and data interpretation, insertion of additional figures and content examples, adjusting the balance of memorization/critical reasoning questions, and revising some content presentation structures for better exam consistency).

The author of *The Other Mother* delivers a psychological thriller “fraught with uncertainty, possibility, and quiet menace” (AudioFile). Esther lost her husband, Julian, and her children, Harriet and Dexter, in a car accident and is struggling with her grief. Spurred on by her own loneliness and a need to make amends for not being able to save her own children, Esther takes it upon herself to watch the woman who lives at number 19. But when unexplainable incidents begin to happen in Esther’s house, she begins to fear for her safety. Meanwhile, over at number 19, the woman’s behavior is becoming more explosive and unpredictable. As Esther starts to lose her grip on reality, her world begins to unravel. Just who is this strange woman at number 19? And why is Esther so obsessed with her? “In every sense a true ‘page-turner’ . . . explores the darkness of the mentally unstable mind.” —Fictionophile “An absolutely brilliant, unputdownable, cracker of a read! . . . J.A. Baker has constructed a novel that in parts is quite frighteningly believable as she delves into what it might be like to live inside a confused, muddled psyche.” —Jan’s Book Buzz “Superbly written . . . J. A. Baker has created such creepily believable characters that I felt a shiver go down my spine each time I came across the characters in question.” —gingerbookgeek

This text provides a detailed account of psychology. Most topics are dealt with in terms of theory, evidence, and evaluation. The book features key research studies, case studies, research activities, and personal reflections.

The disturbing fate of a runaway older sister is gradually revealed in a tale told from the perspectives of the Hurst family, including a teen girl whose drug use has landed her in a mental ward, an autistic youth, an alcoholic father, and an insidiously manipulative mother.

AQA Psychology for AS and A-level Year 1 is the definitive textbook for the new 2015 curriculum. Written by eminent psychologist Professor Michael Eysenck, in collaboration with a team of experienced A-level teachers and examiner, the book enables students not only to pass their exams with flying colours, but also to fully engage with the science of psychology. As well as covering the six core topics students will study, the book includes: Activities which test concepts or hypotheses, bringing theory to life Key research studies explained and explored, showing the basis on which theory has developed Case studies which show how people’s lives are affected by psychological phenomena Evaluation boxes which critically appraise key concepts and theories Self-assessment questions which encourage students to reflect on what they’ve learnt Section summaries to support the understanding of specific ideas – perfect for revision Exam hints which steer students towards complete and balanced answers Key terms defined throughout so students aren’t confused by new language 200 figures, tables and photos End of chapter further reading to enable students to develop a deeper understanding End of chapter revision questions and sample exam papers to consolidate knowledge and practice exam technique A full companion website with a range of further resources for both students and teachers, including revision aids and class materials Incorporating greater coverage of research methods, as well as key statistical techniques, the sixth edition of this well-loved textbook

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continues to be the perfect introduction to psychology. Accessible yet rigorous, the book is the ideal textbook for students taking either the AS course or year 1 of the A-level.

"I was 100% hooked right from the start... A non-stop, heart-pounding suspenseful read!... Captivated me from page one all the way through... WOW!!" Misty's Corner Reviews ?????? It's a crisp spring morning when the small-town community around Briar Ridge Elementary School is shattered by devastating news. Bright and shy five-year-old Nicole has disappeared at recess. When the phone call comes, Gia Marchand is suddenly living every parent's worst nightmare. She feels like time has stopped and she struggles to truly understand it: she dropped her daughter at the school gate this morning and now Nicole is gone. In her big house all alone, she breaks down. Her best friend was in the playground at recess but when Gia begs desperately for any details, the woman won't look her in the eye. Surely her closest friend wouldn't betray her? Then Detective Jo Fournier says her husband was in the school building this morning but now she can't reach him. Gia is left completely alone with her grief. As time slips away and Nicole hasn't been found, Gia becomes utterly terrified: is she finally paying the price for a secret that she has been hiding for years? Or is someone she thought she could trust committing the ultimate betrayal? From USA Today bestseller M.M. Chouinard, *The Other Mothers* is a completely addictive psychological thriller that will not let you go until you turn the last heart-thumping page! Perfect for fans of *Gone Girl*, *The Stepdaughter* and *The Girl on the Train*. Readers are utterly addicted to *The Other Mothers*! "Wow, wow, wow!!!! I'm speechless. Did I really just read that????... I truly would've never guessed it in a million years." Goodreads Reviewer ?????? "Holy buckets... Grabs you by the throat and won't let go. There are not enough stars to accurately label how genuinely excellent this book is." Goodreads Reviewer ?????? "Right off the bat you are pulled in and are immediately hooked... Took me a while to get my racing heart back under control again." Once Upon A Time Book Blog ?????? "Addictive... Had me gripped from page one... I couldn't stop reading... I can wholeheartedly recommend it." Goodreads Reviewer ?????? "Totally blew me away... I especially loved the ending. Never in my wildest dreams would I have imagined it." Goodreads Reviewer ?????? "A complete shocker... An absolute page-turner I could not put down." Goodreads Reviewer "Absolutely thrilling from start to finish. A rollercoaster of a read. Heart thumpingly, stay-up-all-night-reading good. Loved this brilliant book." Renita D'Silva, ?????? "Believe me you'll be stunned... Awesome." Goodreads Reviewer ??????

'Hysterical, important, moving, wonderful' Sara Pascoe \*LONGLISTED FOR THE POLARI PRIZE\* I'm Jen Brister: stand-up comedian, middle-aged adolescent, and mum. But not that mum - I'm the other one. Confused? Two years ago, my partner (a woman - we're not solicitors) gave birth to twins. (I know! Believe me, I'm still reeling myself.) Like every new parent, I had absolutely no clue what I was doing. Add 'gay' and 'non-biological' to the mix and what do you get? Not a weird box of detergent, but a panicked beige lesbian desperately googling, 'Will my babies love me?' at 3 a.m. A very funny, very honest look at parenting life, from IVF awfulness to crying over the pages of sleep training manuals. This is a book for any parent who feels they don't fit the mould of a traditional family. 'Damned funny. You'll find the pages of this book brimming with rich and wonderful proof' Hannah Gadsby 'A side-splittingly honest look at the grim

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realities of same-sex parenting' Diva

'Absolutely addictive and brilliant with an end I didn't see coming. This is one book you have to read and it gets 5 huge stars from me!!!!' Goodreads reviewer, 5 stars 'Are you my mummy?' Tessa Markham returns home to find a child in her kitchen. He thinks she's his mother. But Tessa doesn't have any children. Not anymore. She doesn't know who the little boy is or how he got there. After contacting the police, Tessa is suspected of taking the mystery child. Her whole life is turned upside down. And then her husband reveals a secret of his own... Tessa isn't sure what to believe or who to trust. Because someone is lying. To find out who, she must confront her painful past. But is the truth more dangerous than Tessa realises? An absolutely unputdownable psychological thriller with a twist that will make you wonder if you can ever trust anyone again. If you loved *Gone Girl*, *The Girl on the Train* and *The Sister* this book will have you hooked. What readers are saying about *The Secret Mother*: 'Wow, wow, wow! What a fantastic book! The book starts with a bang... from page one and believe me, it doesn't let up throughout the book and keeps you gripped until the very end!' Stardust Book Reviews, 5 stars 'Oh yes, yes, yes, yes this was my kind of read, I really have taken this and added it to my top 10 this year, it's a screaming from the rooftops fantastic read, if you love a good thriller... if you love to stay up all night reading because you simply can't switch your mind off from a book, this is it, you found it, don't look any further... so fast paced it leaves your breathless. One of the best psychological thrillers that I have read that has shocked me, left me dribbling for me and wanting more from this author.' Read Along With Sue, 5 stars 'Wow, wow and wow! What a read! Gripping from start to end and a very clever plot that keeps you guessing all the way. I loved this book ... didn't want it to finish.' Nicki's Book Blog, 5 stars 'Utterly gripping to the last page and full of twists and turns to keep the reader guessing. A fantastic thriller!' Sarah A. Denzil, author of #1 bestseller *Silent Child* 'Another five-star winner from this author... Kept me gripped from the very first page... An absolute must read... Wish I could have given it more than just 5 stars!' Bookseller Review, 5 stars 'I was on the edge of my seat... This has to be one of the most suspenseful books I have ever read! I felt the hairs on the back of my neck go up and my heart raced a mile a minute.' Touch My Spine, 5 stars 'An absolutely brilliant story, I was so hooked, loved every minute of it, I couldn't put my kindle down as I needed to know the ending, and what a brilliant ending it was!!!' Goodreads reviewer, 5 stars 'Wow! What a thrilling ride! Enough twists to keep me guessing until the very end, this one took the idea of a curve-ball and brought it to a whole new level. The end was incredible. I've read some fantastic psychological thrillers lately, but *The Secret Mother* blew them all out of the water. Really, honestly, pick up this one.' Goodreads reviewer, 5 stars 'When a book captures you from the very first page and doesn't let go to the very last, you read it in one sitting as you can't put it down and then feel very satisfied when you have finished it then you know it is a special book. This is one of those books! ... I totally recommend. 5 big shiny stars.' Goodreads reviewer, 5 stars 'Absolutely loved this amazing book! ... One of the best psychological thrillers I have read!' Renita D'Silva, 5 stars Give the gift of reading this holiday season! **NEW YORK TIMES BESTSELLER** Coming to Netflix! **HIGHLY RECOMMENDED BY ENTERTAINMENT WEEKLY · PEOPLE MAGAZINE · MARIE CLAIRE · HUFFINGTON POST · POPSUGAR · BUSTLE · SHEREADS · BOOK RIOT · HELLOGIGGLES · GOODREADS · WORTH ·**

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CHATELAINE Propulsive and addictive, and perfect for fans of “You,” The Other Mrs. is the twisty new psychological thriller from Mary Kubica, the New York Times bestselling author of The Good Girl Sadie and Will Foust have only just moved their family from bustling Chicago to small-town Maine when their neighbor Morgan Baines is found dead in her home. The murder rocks their tiny coastal island, but no one is more shaken than Sadie. But it’s not just Morgan’s death that has Sadie on edge. And as the eyes of suspicion turn toward the new family in town, Sadie is drawn deeper into the mystery of what really happened that dark and deadly night. But Sadie must be careful, for the more she discovers about Mrs. Baines, the more she begins to realize just how much she has to lose if the truth ever comes to light. “Altogether unpredictable.” —Karin Slaughter, New York Times bestselling author “Brilliant!” —Liv Constantine, bestselling author of The Last Mrs. Parrish “Kubica’s best book yet.” —Sarah Pekkanen, #1 New York Times bestselling co-author of An Anonymous Girl Look for these other pulse-pounding thrillers by New York Times bestselling author Mary Kubica: The Good Girl Pretty Baby Don’t You Cry Every Last Lie When the Lights Go Out

Opportunity: Teacher needed in one-room schoolhouse on remote island in Maine.

Certification in grades K-8 a must. Julie Weathers isn't sure if she's running away or starting over, but moving to a remote island off the coast of Maine feels right for someone with reasons to flee her old life. The sun-washed, sea-stormed speck of land seems welcoming, the lobster plentiful, and the community close and tightly knit. She finds friends in her nearest neighbor and Callum, a man who appears to be using the island for the same thing as she: escape. But as Julie takes on the challenge of teaching the island's children, she comes to suspect that she may have traded one place shrouded in trouble for another, and she begins to wonder if the greatest danger on Mercy Island is its lost location far out to sea, or the people who live there. Decades of research have demonstrated that the parent-child dyad and the environment of the family—which includes all primary caregivers—are at the foundation of children's well-being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

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THE INSTANT NEW YORK TIMES BESTSELLER AND MOST ANTICIPATED BOOK OF THE SUMMER—SOON TO BE A MAJOR MOTION PICTURE STARRING SCANDAL'S KERRY WASHINGTON An addictive psychological thriller about a group of women whose lives become unexpectedly connected when one of their newborns goes missing. A night out. A few hours of fun. That's all it was meant to be. They call themselves the May Mothers—a group of new moms whose babies were born in the same month. Twice a week, they get together in Brooklyn's Prospect Park for some much-needed adult time. When the women go out for drinks at the hip neighborhood bar, they want a fun break from their daily routine. But on this hot Fourth of July night, something goes terrifyingly wrong: one of the babies is taken from his crib. Winnie, a single mom, was reluctant to leave six-week-old Midas with a babysitter, but her fellow May Mothers insisted everything would be fine. Now he is missing. What follows is a heart-pounding race to find Midas, during which secrets are exposed, marriages are tested, and friendships are destroyed. Thirteen days. An unexpected twist. The Perfect Mother is a "true page turner." —B.A. Paris, author of Behind Closed Doors

When a young girl ventures through a hidden door, she finds another life with shocking similarities to her own. Coraline has moved to a new house with her parents and she is fascinated by the fact that their 'house' is in fact only half a house! Divided into flats years before, there is a brick wall behind a door where once there was a corridor. One day it is a corridor again and the intrepid Coraline wanders down it. And so a nightmare-ish mystery begins that takes Coraline into the arms of counterfeit parents and a life that isn't quite right. Can Coraline get out? Can she find her real parents? Will life ever be the same again? A page-turning generational saga about a young man's search for a parent he never knew, and a moving portrait of motherhood, race, and the truths we hide in the name of family. Jenry Castillo is a musical prodigy, raised by a single mother in Miami, who arrives at Brown University on a scholarship—but also to learn more about his late father, Jasper Patterson, a famous ballet dancer who died tragically when Jenry was two. On his search, he meets his estranged grandfather, Winston Patterson, a legendary professor of African American history and a fixture at the Ivy League school, who explodes his world with one question: Why is Jenry so focused on Jasper, when it was Winston's daughter, Juliet, who was Jenry's mother's lover? Juliet is the parent he should be looking for—his other mother. Revelation follows revelation as each member of Jenry's family steps forward to tell the story of his origin. Cartwheeling between the past and the present to stitch together the web of secrecy binding this family together while keeping them apart, *The Other Mother* is a celebration of love and resilience—masterfully exploring the intersections of race, class, and sexuality; the role of biology in defining who belongs to whom; and the complicated truth of what it means to be a family.

Three women – all with secrets. Secrets that can no longer be ignored... Catherine is a good mother and a good wife. The family home is immaculate, her husband's supper is cooked on time, but when she starts writing to Michael, a prisoner convicted of murder, she finds herself obsessing about his crime and whether he can ever truly be forgiven... Kate has no time for herself. Caught in the maelstrom of bringing up two young children with no money, and an out-of-work husband, she longs to escape the drudgery of being a wife and a mother. And she soon starts taking dangerous risks to feel alive... Alison has flown the nest. But university life is not what she had hoped for, and she finds herself alone and unhappy. Until the day her professor takes a sudden interest in her. Then everything changes... A gripping psychological suspense with a shocking twist that will leave you reeling... Perfect for the fans of Jenny Blackhurst and Sue Fortin.

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