

Twin Ambitions My Autobiography

This priceless historical document features firsthand accounts from top levels of leadership in the Russian revolutions of 1905 and 1917, chronicling the struggle to establish a dictatorship of the proletariat.

INSTANT NEW YORK TIMES BESTSELLER WINNER OF THE 2020 NAACP IMAGE AWARD FOR OUTSTANDING LITERARY WORK — BIOGRAPHY/AUTOBIOGRAPHY NOW OPTIONED FOR DEVELOPMENT AS A TV SERIES BY PARAMOUNT TELEVISION STUDIOS AND ANONYMOUS CONTENT “The millennial Becoming . . . Inspiring and empowering.” —Entertainment Weekly “An essential read for women in the workplace today.” —Refinery29 Part-manifesto, part-memoir, from the revolutionary editor who infused social consciousness into the pages of Teen Vogue, an exploration of what it means to come into your own—on your own terms Throughout her life, Elaine Welteroth has climbed the ranks of media and fashion, shattering ceilings along the way. In this riveting and timely memoir, the groundbreaking journalist unpacks lessons on race, identity, and success through her own journey, from navigating her way as the unstoppable child of an unlikely interracial marriage in small-town California to finding herself on the frontlines of a modern movement for the next generation of change makers. Welteroth moves beyond the headlines and highlight reels to share the profound lessons and struggles of being a barrier-breaker across so many intersections. As a young boss and often the only Black woman in the room, she’s had enough of the world telling her—and all women—they’re not enough. As she learns to rely on herself by looking both inward and upward, we’re ultimately reminded that we’re more than enough.

Geneen Roth, author of the #1 New York Times bestseller *Women Food and God*, explains how to take the journey to find one’s own best self in this “beautiful, funny, deeply relevant” (Glennon Doyle) collection of personal reflections. With an introduction by Anne Lamott, *This Messy Magnificent Life* is a personal and exhilarating read on freeing ourselves from daily anxiety, lack, and discontent. It’s a deep dive into what lies behind our self-criticism, whether it is about the size of our thighs, the expression of our thoughts, or the shape of our ambitions. And it’s about stopping the search to fix ourselves by realizing that on the other side of the “Me Project” is spaciousness, peace, and the capacity to reclaim one’s power and joy. *This Messy Magnificent Life* explores the personal beliefs, hidden traumas, and social pressures that shape not just women’s feelings about their bodies but also their confidence, choices, and relationships. After years of teaching retreats and workshops on weight, money, and other obsessions, Roth realized that there was a connection that held her students captive in their unhappiness. With laugh-out-loud humor, compassion, and dead-on insight she reveals the paradoxes in our beliefs and shows how to move beyond our past to build lives that reflect our singularity and inherent power. *This Messy Magnificent Life* is a brilliant, bravura meditation on who we take ourselves to be, what enough means in our gotta-get-more culture, and being at home in our minds and bodies.

In the tradition of John Green’s *The Fault in Our Stars* and *Me and Earl and the Dying Girl*, this incredibly moving and harrowing true story of a teenager diagnosed with cancer is “a resounding affirmation of how music can lift one’s spirits beyond gray skies and bad news (Kirkus Reviews).” Punk’s not dead in rural West Virginia. In fact, it blares constantly from the basement of Rob and Nat Rufus—identical twin brothers with spiked hair, black leather jackets, and the most kick-ass record collection in Appalachia. To them, school (and pretty much everything else) sucks. But what can you expect when you’re the only punks in town? When the brothers start their own band, their lives begin to change: they meet friends, they attract girls, and they finally get invited to join a national tour and get out of their rat box little town. But their plans are cut short when Rob is diagnosed with a rare form of cancer that has already progressed to Stage Four. Not only are his dreams of punk rock stardom completely shredded, there is a very real threat that this is one battle that can’t be won. While Rob suffers through nightmarish treatments and debilitating surgery, Nat continues on their band’s road to success alone. But as Rob’s life diverges from his brother’s, he learns to find strength within himself and through his music. *Die Young with Me* is a “raw, honest picture of the weirdness of growing up” (Marky Ramone) and the story of a brave teen’s battle with cancer and the many ways music helped him cope through his recovery.

Walking Home - Clare Balding's unmissable new book of Great British Adventures Clare Balding is on a mission to discover Britain and Ireland. She's conquered over 1,500 miles of footpaths, from the Pennine Way to the South-west Coast Path. As well as blisters and a twisted ankle, she's walked with extraordinary people - botanists, barefooted ramblers, whisky-drinking widowers... In *Walking Home* she shares these stories and tells of more (mis)adventures with her family and her wayward Tibetan terrier Archie. Along the way there are beguiling diversions and life-changing rambles. Finally, Clare embarks on the most important journey of all - the long walk home.

Swim, Bike, Run is the ultimate triathlon book, from Olympic heroes the Brownlee brothers *The Olympic Triathlon*, Hyde Park, London August 7th 2012 'We jogged to our positions on the pontoon: two brothers, side by side, the world and everyone we ever cared about looking on. Eighteen years of training, culminating in this single race. Noise from the crowd impossible to imagine. Hearts thumping. Swim-hats pulled tight, goggles lowered. Into a crouch, poised for the hooter. Three. Two. One...' This is the story of how two skinny lads from west Yorkshire became the best triathletes in the world. Meet the Brownlees: Olympic Champion Alistair, World Champion Jonny. Brothers, training partners, rivals. They have obliterated the competition and set new standards for swimming, biking and running. But the Brownlee brothers have never forgotten their roots. They still do their schoolboy hill runs and Dales rides; still train harder and longer than anyone; still push each other to new heights. In this revealing, often very funny book they take us inside their world and inside their races. It's both a riveting story of brotherly rivalry and a rare insight into what it takes to be the best. *Swim, Bike, Run* is also packed with training secrets. Whether you are thinking about your first triathlon or are a seasoned competitor, here are unique sections on how to swim, bike and run, and advice on nutrition, injury, and mental approach. With the Brownlees in your corner, you will do more than you ever thought possible. This book is essential reading for

anyone interested in swimming, cycling and running and will be loved by readers of Mark Cavendish's *Boy Racer* and *Running with the Kenyans*. Alistair Brownlee, 24, is a British triathlete from Yorkshire. He is the reigning Olympic champion, a back-to-back European champion and a two-time World champion. Jonathan Brownlee, 22, is also a British triathlete from Yorkshire. He is the reigning World Champion, a two-time World Sprint champion and an Olympic bronze medalist. 'Sport has two new heroes: a couple of nice lads from Yorkshire' *The Times*

"A former hedge-fund trader presents a memoir about coming of age on Wall Street, his obsessive pursuit of money, his disillusionment and the radical new way he has come to define success,"--*NoveList*.

It was a blustery late spring day in 1954 and a young Oxford medical student flung himself over the line in a mile race. There was an agonising pause, and then the timekeeper announced the record: three minutes, fifty-nine point four seconds. But no one heard anything after that first word - 'three'. One of the most iconic barriers of sport had been broken, and Roger Bannister had become the first man to run a mile in under four minutes. To this day, more men have conquered Mount Everest than have achieved what the slender, unassuming student managed that afternoon. Sixty years on and the letters still arrive on Roger Bannister's doormat, letters testifying to the enduring appeal of the four-minute mile and the example it set for the generation of budding athletes who were inspired to attempt the impossible. In this frank memoir, Sir Roger tells the full story of the talent and dedication that made him not just one of the most celebrated athletes of the last century but also a distinguished doctor, neurologist and one of the nation's best-loved public figures. With characteristically trenchant views on drugs in sport, the nature of modern athletics and record breaking, the extraordinary explosion in running as a leisure activity, and the Olympic legacy, this rare and brilliant autobiography gives a fascinating insight into the life of a man who has lived life to the fullest.

The authoritative account of the rise of Amazon and its intensely driven founder, Jeff Bezos, praised by the *Seattle Times* as "the definitive account of how a tech icon came to life." Amazon.com started off delivering books through the mail. But its visionary founder, Jeff Bezos, wasn't content with being a bookseller. He wanted Amazon to become the everything store, offering limitless selection and seductive convenience at disruptively low prices. To do so, he developed a corporate culture of relentless ambition and secrecy that's never been cracked. Until now. Brad Stone enjoyed unprecedented access to current and former Amazon employees and Bezos family members, giving readers the first in-depth, fly-on-the-wall account of life at Amazon. Compared to tech's other elite innovators -- Jobs, Gates, Zuckerberg -- Bezos is a private man. But he stands out for his restless pursuit of new markets, leading Amazon into risky new ventures like the Kindle and cloud computing, and transforming retail in the same way Henry Ford revolutionized manufacturing. The *Everything Store* is the revealing, definitive biography of the company that placed one of the first and largest bets on the Internet and forever changed the way we shop and read.

"Powerful... Tells a singular story to illuminate a universal truth."--*The New York Times Book Review* The shocking truth about postwar adoption in America, told through the bittersweet story of one teenager, the son she was forced to relinquish, and their search to find each other During the Baby Boom in 1960s America, women were encouraged to stay home and raise large families, but sex and childbirth were taboo subjects. Premarital sex was common, but birth control was hard to get and abortion was illegal. In 1961, sixteen-year-old Margaret Erle fell in love and became pregnant. Her enraged family sent her to a maternity home, and after she gave birth, she wasn't even allowed her to hold her own son. Social workers threatened her with jail until she signed away her parental rights. Her son vanished, his whereabouts and new identity known only to an adoption agency that would never share the slightest detail about his fate. Claiming to be acting in the best interests of all, the adoption business was founded on secrecy and lies. *American Baby* lays out how a lucrative and exploitative industry removed children from their birth mothers and placed them with hopeful families, fabricating stories about infants' origins and destinations, then closing the door firmly between the parties forever.

Adoption agencies and other organizations that purported to help pregnant women struck unethical deals with doctors and researchers for pseudoscientific "assessments," and shamed millions of young women into surrendering their children. Gabrielle Glaser dramatically demonstrates the power of the expectations and institutions that Margaret faced. Margaret went on to marry and raise a large family with David's father, but she never stopped longing for and worrying about her firstborn. She didn't know he spent the first years of his life living just a few blocks away from her; as he grew, he wondered about where he came from and why he was given up. Their tale--one they share with millions of Americans--is one of loss, love, and the search for identity. Adoption's closed records are being legally challenged in states nationwide. Open adoption is the rule today, but the identities of many who were adopted or who surrendered a child in the postwar decades are locked in sealed files. *American Baby* illuminates a dark time in our history and shows a path to reunion that can help heal the wounds inflicted by years of shame and secrecy.

"Updated to include her New York, London, and Helsinki victories"--P. [4] of cover.

From Olympic gold medal winner Mo Farah and bestselling author of *Oi Frog*, Kes Gray, comes a fun and action-packed picture book that will get kids reading - and running too! So, what are you waiting for? Warm up, do the MOBOT, and then ... Run on the pavement Run on the grass Run in the playground Perhaps not in class! This must-read picture book debut includes bright vibrant illustrations and rhyming text.

"Bold, absorbing, insightful, and wise. . . . Read it: the truth is inside."— Cheryl Strayed, author of *Wild* and *Tiny Beautiful Things* "A work of courage and ferocious honesty" (Diana Abu-Jaber), *Double Bind* could not come at a more urgent time. Even as major figures from Gloria Steinem to Beyoncé embrace the word "feminism," the word "ambition" remains loaded with ambivalence. Many women see it as synonymous with strident or aggressive, yet most feel compelled to strive and achieve—the seeming contradiction leaving them in a perpetual double bind. Ayana Mathis, Molly Ringwald, Roxane Gay, and a constellation of "nimble thinkers . . . dismantle this maddening paradox" (*O, The Oprah Magazine*) with candor, wit, and rage. Women who have made landmark achievements in fields as diverse as law, dog sledding, and

butchery weigh in, breaking the last feminist taboo once and for all. “Both intimate and scalable” (Atlantic.com), *Double Bind* finally seizes “ambition” from the roster of dirty words.

The #1 New York Times–bestselling story about the American Olympic rowing triumph in Nazi Germany—from the author of *Facing the Mountain*. For readers of *Unbroken*, out of the depths of the Depression comes an irresistible story about beating the odds and finding hope in the most desperate of times—the improbable, intimate account of how nine working-class boys from the American West showed the world at the 1936 Olympics in Berlin what true grit really meant. It was an unlikely quest from the start. With a team composed of the sons of loggers, shipyard workers, and farmers, the University of Washington’s eight-oar crew team was never expected to defeat the elite teams of the East Coast and Great Britain, yet they did, going on to shock the world by defeating the German team rowing for Adolf Hitler. The emotional heart of the tale lies with Joe Rantz, a teenager without family or prospects, who rows not only to regain his shattered self-regard but also to find a real place for himself in the world. Drawing on the boys’ own journals and vivid memories of a once-in-a-lifetime shared dream, Brown has created an unforgettable portrait of an era, a celebration of a remarkable achievement, and a chronicle of one extraordinary young man’s personal quest.

Rock & roll has transformed American culture more profoundly than any other art form. During the 1960s, it defined a generation of young people as political and social idealists, helped end the Vietnam War, and ushered in the sexual revolution. In *Dixie Lullaby*, veteran music journalist Mark Kemp shows that rock also renewed the identity of a generation of white southerners who came of age in the decade after segregation -- the heyday of disco, Jimmy Carter, and *Saturday Night Live*. Growing up in North Carolina in the 1970s, Kemp experienced pain, confusion, and shame as a result of the South's residual civil rights battles. His elementary school was integrated in 1968, the year Kemp reached third grade; his aunts, uncles, and grandparents held outdated racist views that were typical of the time; his parents, however, believed blacks should be extended the same treatment as whites, but also counseled their children to respect their elder relatives. "I loved the land that surrounded me but hated the history that haunted that land," Kemp writes. When rock music, specifically southern rock, entered his life, he began to see a new way to identify himself, beyond the legacy of racism and stereotypes of southern small-mindedness that had marked his early childhood. Well into adulthood Kemp struggled with the self-loathing familiar to many white southerners. But the seeds of forgiveness were planted in adolescence when he first heard Duane Allman and Ronnie Van Zant pour their feelings into their songs. In the tradition of music historians such as Nick Tosches and Peter Guralnick, Kemp masterfully blends into his narrative the stories of southern rock bands --from heavy hitters such as the Allman Brothers Band, Lynyrd Skynyrd, and R.E.M. to influential but less-known groups such as Drive-By Truckers -- as well as the personal experiences of their fans. In dozens of interviews, he charts the course of southern rock & roll. Before civil rights, the popular music of the South was a small, often racially integrated world, but after Martin Luther King Jr.'s assassination, black musicians struck out on their own. Their white counterparts were left to their own devices, and thus southern rock was born: a mix of popular southern styles that arose when predominantly white rockers combined rural folk, country, and rockabilly with the blues and jazz of African-American culture. This down-home, flannel-wearing, ass-kicking brand of rock took the nation by storm in the 1970s. The music gave southern kids who emulated these musicians a newfound voice. Kemp and his peers now had something they could be proud of: southern rock united them and gave them a new identity that went beyond outside perceptions of the South as one big racist backwater. Kemp offers a lyrical, thought-provoking, searingly intimate, and utterly original journey through the South of the 1960s, '70s, '80s, and '90s, viewed through the prism of rock & roll. With brilliant insight, he reveals the curative and unifying impact of rock on southerners who came of age under its influence in the chaotic years following desegregation. *Dixie Lullaby* fairly resonates with redemption.

The protagonist of this fictional autobiography wrestles with race in America from the perspective of someone who learns that he is considered black but also that he can pass as white if he wants to. His personal ambitiousness and racial ambivalence makes him a sort of American Hamlet: undone by indecision. Will he be “a credit to his race” by advancing an African-American heritage he loves and appreciates in the face of a hostile culture, or will he retreat into the mediocrity of a safe, white, middle-class family life? Along the way, he shares his penetrating observations about race relations in the American north and south, about the “freemasonry” of subterranean black American culture, about the emerging bohemian jazz subculture in New York City, and about traditions of African American religious music and oratory. This book is part of the Standard Ebooks project, which produces free public domain ebooks.

In 1988, Alan Moore and Brian Bolland's *BATMAN: THE KILLING JOKE* offered a violent, literate, and controversial take on the Joker's origins and his relationship with Batman. Now, Dr. Julian Darius examines it in the context of the high-art ambitions of 1980s super-hero comics, exposing the narrative's ambiguities and secrets. From Sequart Organization. More info at <http://sequart.org>

On 4 August 2012 Jessica Ennis kicked off what some described as the greatest night in British sporting history. For her it was the end of a long, winding, and sometimes harrowing road. Nobody was under more pressure at the London Olympics than 'the face of the Games'. Yet Jessica delivered the heptathlon gold medal, and the huge outpouring of relief she showed afterwards hinted at the roller-coaster journey she had been on. Behind the smiles and politeness, Jessica has endured much. Bullied at school for being small, she proved to critics and rivals alike that size really didn't matter. Hers is an inspiring tale of following your dreams no matter what life throws at you. In 2008 Jessica thought her career might be over when she was injured on the eve of the Olympic Games in Beijing. But she overcame this setback to rebuild her career and technique, becoming the world and European champion in successive years. Her biggest test was yet to come, though, when her rivals overhauled her in the build-up to London. Unbelievable is a refreshingly candid account of her rise to fame in a highly charged world in which body image issues and drug abuses lurk. From the unique pressures facing her, to behind-the-scenes glimpses into the greatest show on earth, and a revealing account of her love-hate relationship with her long-term coach, Jessica reveals the truth behind the smiles for the first time. Unbelievable includes exclusive behind-the-scenes photos. This is the story of how the girl next door became London's poster girl, and how an ordinary woman used an extraordinary talent to claim the title of the world's greatest all-round female sports star.

A powerful and gripping human story of the 2012 London Olympics hero On August 4, 2012, Mo Farah braved the pain and punishment to seize Olympic gold in the 10,000m—and in the process went from being a talented athlete to a UK national treasure. Seven days later, Mo

seized his second gold at the 5000m to go where no British distance runner had gone before. Records have tumbled before him: European track records at 1500m, 5000m indoors, and 10,000m; British track records at 5000m, 3000m indoors, and 10k on the road have all fallen to Mohamed "Mo" Farah: the boy from Somalia who came to Britain at the age of eight, leaving behind his twin brother, with just a few words of English, and a natural talent for running. His secondary school PE teacher Alan Watkinson spotted his potential and began easing this human gazelle towards the racetrack. In 2001 Mo showed his promise by winning the 5000m at the European Junior Championships. Soon he was smashing a string of British and European records. He began living with a group of elite Kenyan runners, following their strict regime of run, sleep, eat, and rest. After a disappointing Olympics in Beijing Mo took the bold decision to relocate to Portland, Oregon to work under legendary coach Alberto Salazar. The results were emphatic as Mo took silver at the 10,000m and then raced to gold in the 5000m at the 2011 World Championships in Daegu. Even better would soon follow at London 2012. *Twin Ambitions* is much more than an autobiography by a great Olympic champion. It's a moving human story of a man who grew up in difficult circumstances, separated from his family at an early age, who struggled to overcome seemingly insurmountable obstacles and realize his dream.

From world-renowned author Erich Segal comes a powerful and moving saga of five extraordinary members of the Harvard class of 1958 and the women with whom their lives are intertwined. Five lives, five love stories: Danny Rossi, the musical prodigy, risks it all for Harvard, even a break with his domineering father. Yet his real problems are too much fame too soon—and too many women. Ted Lambros spends his four years as a commuter, an outsider. He is obsessed by his desire to climb to the top of the Harvard academic ladder, heedless of what it will cost him in personal terms. Jason Gilbert, the Golden Boy—handsome, charismatic, a brilliant athlete—learns at Harvard that he cannot ignore his Jewish background. Only in tragedy will he find his true identity. George Keller, a refugee from Communist Hungary, comes to Harvard with the barest knowledge of English. But with ruthless determination, he masters not only the language but the power structure of his new country. Andrew Eliot is haunted by three centuries of Harvard ancestors who cast giant shadows on his confidence. It is not until the sad and startling events of the reunion that he learns his value as a man. Their explosive story begins in a time of innocence and spans a turbulent quarter century, culminating in their dramatic twenty-five year reunion at which they confront their classmates—and the balance sheet of their own lives. Always at the center; amid the passion, laughter, and glory, stands Harvard—the symbol of who they are and who they will be. They were a generation who made the rules—then broke them—whose glittering successes, heartfelt tragedies, and unbridled ambitions would stun the world. Praise for *The Class* "Erich Segal's best."—Pittsburgh Press "First class entertainment."—Cosmopolitan "An absorbing page-turner."—Publishers Weekly "A panoramic saga."—Philadelphia Inquirer

Selected from Mark Twain's typescript.

NATIONAL BESTSELLER • Julia's story of her transformative years in France in her own words is "captivating ... her marvelously distinctive voice is present on every page." (San Francisco Chronicle). Although she would later singlehandedly create a new approach to American cuisine with her cookbook *Mastering the Art of French Cooking* and her television show *The French Chef*, Julia Child was not always a master chef. Indeed, when she first arrived in France in 1948 with her husband, Paul, who was to work for the USIS, she spoke no French and knew nothing about the country itself. But as she dove into French culture, buying food at local markets and taking classes at the Cordon Bleu, her life changed forever with her newfound passion for cooking and teaching. Julia's unforgettable story—struggles with the head of the Cordon Bleu, rejections from publishers to whom she sent her now-famous cookbook, a wonderful, nearly fifty-year long marriage that took the Childs across the globe—unfolds with the spirit so key to Julia's success as a chef and a writer, brilliantly capturing one of America's most endearing personalities.

4 August, 2012. Super Saturday. On the most electric night in the history of British sport, Mo Farah braved the pain and punishment to seize Olympic gold in the 10,000m - and in the process went from being a talented athlete to a national treasure. Seven days later, Mo seized his second gold at the 5000m to go where no British distance runner has gone before. Records have tumbled before him: European track records at 1500m, 5000m indoors, and 10,000m; British track records at 5000m, 3000m indoors and 10k on the road have all fallen to Mohamed 'Mo' Farah: the boy from Somalia who came to Britain at the age of eight, leaving behind his twin brother, and with just a few words of English, and a natural talent for running. His secondary school PE teacher Alan Watkinson spotted his potential and began easing this human gazelle towards the racetrack. In 2001 Mo showed his promise by winning the 5000m at the European Junior Championships. Soon he was smashing a string of British and European records. He began living with a group of elite Kenyan runners, following their strict regime of run, sleep, eat and rest. Mo was determined to leave no stone uncovered in his bid for distance-running glory. After a disappointing Olympics in Beijing Mo took the bold decision to relocate to Portland, Oregon to work under legendary coach Alberto Salazar. The results were emphatic as Mo took silver at the 10,000m and then raced to gold in the 5000m at the 2011 World Championships in Daegu. Even better would soon follow at London 2012. *TWIN AMBITIONS* is much more than an autobiography by a great Olympic champion. It's a moving human story of a man who grew up in difficult circumstances, separated from his family at an early age, who struggled to overcome seemingly insurmountable obstacles and realise his dream.

Named one of the best books of 2017 by Time, People, Amazon.com, The Guardian, Paste Magazine, The Economist, Entertainment Weekly, & Vogue Tina Brown kept delicious daily diaries throughout her eight spectacular years as editor-in-chief of Vanity Fair. Today they provide an incendiary portrait of the flash and dash and power brokering of the Excessive Eighties in New York and Hollywood. The *Vanity Fair Diaries* is the story of an Englishwoman barely out of her twenties who arrives in New York City with a dream. Summoned from London in hopes that she can save Condé Nast's troubled new flagship Vanity Fair, Tina Brown is immediately plunged into the maelstrom of the competitive New York media world and the backstabbing rivalries at the court of the planet's slickest, most glamour-focused magazine company. She survives the politics, the intrigue, and the attempts to derail her by a simple stratagem: succeeding. In the face of rampant skepticism, she triumphantly reinvents a failing magazine. Here are the inside stories of Vanity Fair scoops and covers that sold millions—the Reagan kiss, the meltdown of Princess Diana's marriage to Prince Charles, the sensational Annie Leibovitz cover of a gloriously pregnant, naked Demi Moore. In the diary's cinematic pages, the drama, the comedy, and the struggle of running an "it" magazine come to life. Brown's *Vanity Fair Diaries* is also a woman's journey, of making a home in a new country and of the deep bonds with her husband, their prematurely born son, and their daughter. Astute, open-hearted, often riotously funny, Tina Brown's *The Vanity Fair Diaries* is a compulsively fascinating and intimate chronicle of a woman's life in a glittering era.

From one of our preeminent journalists and modern historians comes the epic story of Barack Obama and the world that created him. In *Barack Obama: The Story*, David Maraniss has written a deeply reported generational biography teeming with fresh insights and revealing information, a masterly narrative drawn from hundreds of interviews, including with President Obama in the Oval Office, and a trove of letters, journals, diaries, and other documents. The book unfolds in the small towns of Kansas and the remote villages of western Kenya, following the personal struggles of Obama's white and black ancestors through the swirl of the twentieth century. It is a roots story on a global scale, a saga of constant movement, frustration and accomplishment, strong women and weak men, hopes lost and deferred, people leaving and being left. Disparate family threads converge in the climactic chapters as Obama reaches adulthood and travels from Honolulu to Los Angeles to New York to Chicago, trying to make sense of his past, establish his own identity, and prepare for his political future. *Barack Obama: The Story* chronicles as never before the forces that shaped the first black president of the United States and explains why he thinks and acts as he does. Much like the author's classic study of Bill Clinton, *First in His Class*, this promises to become a seminal book that will redefine a president.

The autobiography of the fastest man of all time and a superstar whose talent and charisma have made him one of the most famous people on the planet.

The men's 100m final at the 1988 Olympics has been described as the dirtiest race ever - but also the greatest. Aside from Johnson's blistering time, the race is infamous for its athletes' positive drug tests. This is the story of that race, the rivalry between Johnson and Lewis, and the repercussions still felt almost a quarter of a century on.

The official biography of the greatest distance runner of all time.

"A twisted modern love story" (Parade), *Tell Me Lies* is a sexy, thrilling novel about that one person who still haunts you—the other one. The wrong one. The one you couldn't let go of. The one you'll never forget. Lucy Albright is far from her Long Island upbringing when she arrives on the campus of her small California college and happy to be hundreds of miles from her mother—whom she's never forgiven for an act of betrayal in her early teen years. Quickly grasping at her fresh start, Lucy embraces college life and all it has to offer. And then she meets Stephen DeMarco. Charming. Attractive. Complicated. Devastating. Confident and cocksure, Stephen sees something in Lucy that no one else has, and she's quickly seduced by this vision of herself, and the sense of possibility that his attention brings her. Meanwhile, Stephen is determined to forget an incident buried in his past that, if exposed, could ruin him, and his single-minded drive for success extends to winning, and keeping, Lucy's heart. Lucy knows there's something about Stephen that isn't to be trusted. Stephen knows Lucy can't tear herself away. And their addicting entanglement will have consequences they never could have imagined. Alternating between Lucy's and Stephen's voices, *Tell Me Lies* follows their connection through college and post-college life in New York City. "Readers will be enraptured" (Booklist) by the "unforgettable beauties in this very sexy story" (Kirkus Review). With the psychological insight and biting wit of *Luckiest Girl Alive*, and the yearning ambitions and desires of *Sweetbitter*, this keenly intelligent and supremely resonant novel chronicles the exhilaration and dilemmas of young adulthood and the difficulty of letting go—even when you know you should.

One second in time may separate the great athlete from the merely good. Seb Coe has made every second count. From an early age he has been driven to be the best at everything he does. Since the moment Coe stood alongside a 'scrubby' municipal running track in Sheffield, he knew that sport could change his life. It did. Breaking an incredible twelve world records and three of them in just forty-one days, Seb became the only athlete to take gold at 1500 metres in two successive Olympic Games (Moscow 1980 and Los Angeles 1984). The same passion galvanised Coe in 2005, when he led Britain's bid to bring the Olympic and Paralympic Games to London. He knew that if we won it would regenerate an East London landscape and change the lives of thousands of young people. It has. Born in Hammersmith and coached by his engineer father, Coe went from a secondary modern school and Loughborough University to become the fastest middle-distance runner of his generation. His rivalry with Steve Ovett gripped a nation and made Britain feel successful at a time of widespread social discontent. From sport Coe transferred his ideals to politics, serving in John Major's Conservative government from 1992 to 1997 and developing 'sharp elbows' to become chief of staff to William Hague, leader of the Party from 1997 to 2001 and finally a member of the House of Lords. *Running My Life* is in turns exhilarating, inspiring, amusing, and extremely moving. Everyone knows where Sebastian Coe ended up. Few people realise how he got there. This is his personal journey.

"[Dieterich's] writing is crisp and intelligent . . . She writes about her own reckoning with her sexuality and exploration of queer identity without becoming pat or coy, giving readers intimate access to her fears and conflicting emotions." --NPR For as long as she can remember, Leah has had the mysterious feeling that she's been searching for a twin--that she should be part of an intimate pair. It begins with dance partners as she studies ballet growing up; continues with her attractions to girlfriends in college; and leads her, finally, to Eric, whom she moves across the country for and marries. But her steadfast, monogamous relationship leaves her with questions about her sexuality and her identity, so she and her husband decide to try an open marriage. How does a young couple make room for their individual desires, their evolving selfhoods, and their artistic ambitions while building a life together? Can they pursue other sexual partners, even live in separate cities, and keep their original passionate bond alive? *Vanishing Twins* looks for answers in psychology, science, pop culture, art, architecture, Greek mythology, dance, and language to create a lucid, suspenseful portrait of a woman testing the limits and fluidities of love.

The New York Times bestseller from prizewinning author David Michaelis presents a "stunning" (The Wall Street Journal) breakthrough portrait of Eleanor Roosevelt, America's longest-serving First Lady, an avatar of democracy whose ever-expanding agency as diplomat, activist, and humanitarian made her one of the world's most widely admired and influential women. In the first single-volume cradle-to-grave portrait in six decades, acclaimed biographer David Michaelis delivers a stunning account of Eleanor Roosevelt's remarkable life of transformation. An orphaned niece of President Theodore Roosevelt, she converted her Gilded Age childhood of denial and secrecy into an irreconcilable marriage with her ambitious fifth cousin Franklin. Despite their inability to make each other happy, Franklin Roosevelt transformed Eleanor from a settlement house volunteer on New York's Lower East Side into a matching partner in New York's most important power couple in a generation. When Eleanor discovered Franklin's betrayal with her younger, prettier, social secretary, Lucy Mercer, she offered a divorce and vowed to face herself honestly. Here is an Eleanor both more vulnerable and more aggressive, more psychologically aware and sexually adaptable than we knew. She came to accept her FDR's bond with his executive assistant, Missy LeHand; she allowed her children to live their own lives, as she never could; and she explored her sexual attraction to women, among them a star female reporter on FDR's first presidential campaign, and younger men. Eleanor needed emotional connection. She pursued deeper relationships wherever she could find them. Throughout her life and travels, there was always another person or place she wanted to heal. As FDR struggled to recover from polio, Eleanor became a voice for the voiceless, her husband's proxy in the White House. Later, she would be the architect of international human rights and world citizen of the Atomic Age, urging Americans to cope with the anxiety of global annihilation by cultivating a "world mind." She insisted that we cannot live for ourselves alone but must learn to live together or we will die together. This "absolutely spellbinding," (The Washington Post) "complex and sensitive portrait" (The Guardian) is not just a comprehensive biography of a major American figure, but the story of an American ideal: how our freedom is always a choice. Eleanor rediscovers a model of what is noble and evergreen in the American character, a model we need today more than ever.

Travel with Olympic gold medalist Jessie Diggins on her compelling journey from America's heartland to international sports history, navigating challenges and triumphs with rugged grit and a splash of glitter Pyeongchang, February 21, 2018. In the nerve-racking final seconds of the women's team sprint freestyle race, Jessie Diggins dug deep. Blowing past two of the best sprinters in the world, she stretched her ski boot across the finish line and lunged straight into Olympic immortality: the first ever cross-country skiing gold medal for the United States at the Winter Games. The 26-year-old Diggins, a four-time World Championship medalist, was literally a world away from the small town of Afton, Minnesota, where she first strapped on skis. Yet, for all her history-making achievements, she had never strayed far from the scrappy 12-year-old who had insisted on portaging her own canoe through the wilderness, yelling happily under the unwieldy weight on her shoulders: "Look! I'm doing it!" In *Brave Enough*, Jessie Diggins reveals the true story of her journey from the American Midwest into sports history. With candid charm and characteristic grit, she connects the dots from her free-spirited upbringing in the woods of Minnesota to racing in the bright spotlights of the Olympics. Going far beyond stories of races and ribbons, she describes the challenges and frustrations of becoming a serious athlete;

learning how to push through and beyond physical and psychological limits; and the intense pressure of competing at the highest levels. She openly shares her harrowing struggle with bulimia, recounting both the adversity and how she healed from it in order to bring hope and understanding to others experiencing eating disorders. Between thrilling accounts of moments of triumph, Diggins shows the determination it takes to get there—the struggles and disappointments, the fun and the hard work, and the importance of listening to that small, fierce voice: I can do it. I am brave enough.

From Olympic gold medal winner Mo Farah and bestselling author Kes Gray, comes a fun fiction series which will get kids reading, and running too! After returning home from a long cross-country run, it's time for Mo and his friends to decide where to go on their next running adventure. Sandwiches at the ready, the friends head somewhere beautiful, with glistening snow and sparkling lakes ... The Rocky Mountains! But crossing states is tiring work, and with lots of new creatures (and monsters!) to meet along the way, will Mo and friends ever get time for a sandwich break? Here comes Bigfoot ... RUN!

A heartbreaking yet deeply hopeful memoir about life as a twin in the face of autism. When Allen Shawn and his twin sister, Mary, were two, Mary began exhibiting signs of what would be diagnosed many years later as autism. Understanding Mary and making her life a happy one appeared to be impossible for the Shawns. At the age of eight, with almost no warning, her parents sent Mary to a residential treatment center. She never lived at home again. Fifty years later, as he probed the sources of his anxieties in *Wish I Could Be There*, Shawn realized that his fate was inextricably linked to his sister's, and that their natures were far from being different. *Twin* highlights the difficulties American families coping with autism faced in the 1950s. Shawn also examines the secrets and family dramas as his father, William, became editor of *The New Yorker*. *Twin* reconstructs a parallel narrative for the two siblings, who experienced such divergent fates yet shared talents and proclivities. Wrenching, honest, understated, and poetic, *Twin* is at heart about the mystery of being inextricably bonded to someone who can never be truly understood.

Chrissie Wellington, the world's number one female Ironman athlete and four-time World Ironman Champion, presents her struggles, wisdom, and experiences gained from her hard-won career as a triathlete. With close to 2 million core participants, triathlons of various distances and challenges are attracting more participants than ever before. In *TO THE FINISH LINE*, one of the sports' greatest legends brings triathlon to life, with guidance for newbies or experienced athletes, to achieve their best triathlons—no matter their ability. Filled with training tips, practical advice and inside information from a champion, triathletes of all levels can benefit from Wellington's experience and insight. Her book will guide readers on their own journey, whether that be a sprint or an Ironman, and encourage them to rise to every new challenge.

For a decade after the Second World War, Emil Zátopek—"the Czech Locomotive"—redefined his sport, pushing back the frontiers of what was considered possible in terms of training, record-setting, and medal winning. He won five Olympic medals, set 18 world records, and went undefeated over 10,000 metres for six years. His dominance has never been equaled. And in the darkest days of the Cold War, he stood for a spirit of generous friendship that transcended nationality and politics. Zátopek was an energetic supporter of the Prague Spring in 1968, championing "socialism with a human face" in Czechoslovakia. But for this he paid a high price. After the uprising was crushed by Soviet tanks, the hardline Communists had their revenge. Zátopek was expelled from the army, stripped of his role in national sport, and condemned to years of hard and degrading manual labor: cleaning toilets in a uranium mine. Only the protests of the sporting world saved him from a worse fate. By the time he was rehabilitated in 1989, he was old and broken, a shadow of the man he had been. Based on interviews with people across the world who knew him, as well as his widow, fellow Olympian Dana Zátopková, journalist Richard Askwith breathes new life into the man and the myth and uncovers a glorious age of athletics and an epoch-defining time in world history.

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